

FOOD FACTS

At Dixie Bones we keep it simple & fresh. We make family recipes with fresh vegetables & use only the finest ingredients.

Our BBQ meat is smoked with hickory wood in our southern Pride pits - it is not cooked or served swimming in sauce.

ALLERGIES

- Beef tallow is used to fry catfish, French fries & Dixie Chips. Peanut oil is NOT used in frying or the preparation of any food.
- Soy products are NOT used in any recipe.
- NUTS: Brownies are NOT made with nuts. Pecan pie is made with pecans!
- MSG is NOT used in any recipe.
- PRESERVATIVES: NO PRESERVATIVES ARE USED IN THE PREPARATION OF OUR FOOD. However, we do use KRAFT American cheese to make a kids grilled cheese sandwich. No one is exactly sure what is in this cheese.
- WHEAT GLUTEN. Gold Medal/King Arthur/Lancelot flour is used to bake pies, apple and cherry cobblers, brownies, rolls, cornbread & Dixie Dog buns. The elbow macaroni used in our macaroni & cheese also contains wheat gluten.

FOOD CONCERNS

SUGAR - If you are a diabetic: Ribs & chicken are marinated in a dry rub heavy with sugar - pulled chicken has the skin removed before it is chopped. Whole or half chicken is served with the skin on. The best meat for a very restricted sugar consumption would be pork, smoked without using a dry rub or marinade. Rib & beef sauces are made with light brown sugar.

LOW FAT/LOW CALORIE DIETS - All our meat is smoked using hickory wood. The long cooking time for pork & beef, cooks off excess fat & any that is left is removed when we chop it for your order.

Our desserts are made with heavy cream, sugar, eggs, butter & various high calorie ingredients. If you are on a strict diet they should be avoided.

VEGETARIANS - Our restaurant specializes in BBQ meat. The only meals available for vegetarians are loaded potatoes, coleslaw, macaroni & cheese, muddy spuds, potato salad, grilled cheese sandwiches & desserts.

INGREDIENTS BY FOOD CATEGORIES

BBQ MEATS, CHILI & CATFISH

- Beef Brisket - dry rub - smoked with hickory wood
- Catfish - Mississippi farm raised - breaded & fried in beef tallow
- Chicken - dry rub - smoked with hickory wood
- Chicken wings - dry rub - smoked & fried in beef tallow
- Chili - -Ground chuck, spices, onion, kidney & black beans
- Pork shoulders - smoked with hickory wood (no dry rub)
- Ribs (St Louis cut pork spare ribs) - dry rub, marinated & smoked
- Rib Tips - dry rub, marinated & smoked with hickory wood

DRY RUBS, MARINADES & BREADING

- Catfish Breading - Cornmeal, paprika, red pepper, Cayenne pepper, parsley, salt, black pepper, white pepper
- Chicken Dry Rub - Light brown sugar, paprika, salt, white & black pepper, Cayenne pepper, red pepper, parsley, garlic
- Rib Dry Rub - Salt, black pepper, light brown sugar, paprika, celery seed, turmeric
- Rib Marinade - Dark brown sugar, dry mustard, salt, black pepper, basil onions, green peppers, garlic, cider vinegar, Worcestershire sauce, Tabasco sauce

SAUCES

- Beef Sauce - Onions, garlic, butter, bay leaves, chili powder, Cayenne pepper, salt, pepper, red wine vinegar, lemon juice, Worcestershire sauce, Tabasco sauce, light brown sugar, ketchup

- Pork Sauce - White vinegar, celery seed, dill, thyme, coriander, salt, red pepper, white pepper, black pepper, light brown sugar, Tabasco sauce, Texas Pete sauce
- Rib Sauce - Onions, green peppers, garlic, dry mustard, salt, black pepper, basil, light brown sugar, cider vinegar, Worcestershire sauce, Tabasco sauce, tomato paste, ketchup
- Spicy Sauce - Onions, garlic, butter, bay leaves, chili powder, Cayenne pepper, salt, pepper, red wine vinegar, lemon juice, Worcestershire sauce, Tabasco sauce, light brown sugar, ketchup, chipotle pepper
- Tartar Sauce - Hellmann's Mayonnaise, onions, pickle relish, Tabasco sauce, salt, white pepper, lemon juice, sour cream, milk
- White BBQ Sauce - Hellmann's Mayonnaise, lemon juice, white wine vinegar, Tabasco, dill, sugar, salt, white pepper

SIDES

- Baked Beans - Pre-soaked navy beans, pork shoulder, Heinz ketchup, Lea & Perrins Worcestershire sauce, Tabasco sauce, Wesson canola oil, butter, lemon juice, red wine vinegar, onions, garlic, bay leaves, chili pepper, Colman's dry mustard, salt, pepper, light brown sugar
- Coleslaw - Fresh sliced cabbage, dressing - Hellmann's regular mayonnaise, grated onions, Coleman's dry mustard, salt, pepper, lemon juice, white wine vinegar, white sugar
- Collard greens - Fresh picked collard greens, pork shoulder, cider vinegar, white vinegar, Tabasco sauce, Texas Pete, white sugar, light brown sugar, salt, white pepper, black pepper, red pepper, celery seed, dill, thyme, coriander
- Cooked cabbage - Fresh sliced cabbage, pork shoulder, avocado oil, cider vinegar, Tabasco sauce, onions salt, pepper, sugar
- Cornbread - Corn meal, flour, white sugar, salt, baking powder, baking soda, eggs, milk, buttermilk, butter, lard
- Mac & cheese - Elbow macaroni, sharp cheddar cheese, butter, milk, flour, white pepper, salt

- Muddy spuds - Idaho potatoes - sliced with skin on, sharp cheddar cheese, Hellmann's regular mayonnaise, buttermilk, avocado oil, lemon juice, salt, pepper, parsley, paprika, Dijon mustard, onions, garlic
- Beans & rice - White rice, pinto beans, chicken, beef, Tabasco, Tony Chachere's Cajun Spices, carrots, celery, onions, garlic, bay leaves, basil, salt, pepper
- Potato salad - Fresh red potatoes (sliced with skin on), hard boiled eggs, Hellman's regular mayonnaise, sour cream, onions, celery, butter, curry powder, red wine vinegar, Tabasco sauce, salt, black pepper, white pepper
- Rolls - Flour, yeast, water, dry milk, salt, butter
- Dixie Dog Rolls - Flour, yeast, water, dry milk, salt, butter

DESSERTS

- Apple pie - Filling-dark brown sugar, flour, nutmeg, cinnamon, ginger, butter, Fuji apples; Crust - lard, flour, salt, water
- Bread pudding - Bread cubes (flour, yeast, water, dry milk, salt, butter) raisins, eggs, vanilla, milk, heavy cream, sugar, nutmeg, Allspice, cinnamon - Caramel sauce (heavy cream, sugar, butter, light corn syrup)
- Brownies - Cocoa, unsweetened chocolate, bittersweet chocolate, butter, white sugar, vanilla, eggs, flour, salt. NO NUTS!
- Brownie Sundae - Brownie, Chocolate sauce - bittersweet chocolate, cocoa, unsalted butter, baker's sugar, light Karo syrup, salt, vanilla with Breyer's vanilla bean ice cream - milk, cream, sugar, corn syrup, dextrose whey, vanilla beans, natural Tara gum
- Chocolate pie - Egg yolks, heavy cream, milk, sugar, cornstarch, salt, cocoa, chocolate chips, butter, vanilla; Crust - lard, flour, salt, water
- Coconut pie - Egg yolks, cream, milk, sugar, cornstarch, salt, coconut, butter, vanilla; - Crust - lard, flour, salt, water

- Lemon chess pie - Eggs, sugar, flour, cornmeal, butter, salt, buttermilk, lemon juice, vanilla, fresh lemon slices; Crust - lard, flour, salt, water
- Pecan pie - Eggs, dark brown sugar, dark Karo syrup, vanilla, salt, butter pecans; Crust - lard, flour, salt, water
- Sweet potato pie - Eggs, fresh sweet potatoes, sugar, milk, butter, salt, cinnamon, ginger, nutmeg, cloves; Crust - lard, flour, salt, water