

OUR MENU

- N

CONTAINS NUTS
- GF

GLUTEN FREE
- F

CONTAINS FISH
- V

VEGETARIAN
- VG

VEGAN
- \*

CONSUMING RAW/UNDERCOOKED PRODUCT MAY CAUSE FOODBORNE ILLNESS

SHAREABLES

SERVED WITH EL MILAGRO CORN TORTILLA CHIPS

- REDFISH CEVICHE

GF

F

GULF REDFISH, LIME, AVOCADO, GREEN APPLE, CUCUMBER, CILANTRO, KAFFIR LIME SALT

16
- CASHEW QUESO

VG

N

GF

PICO DE GALLO, VEGAN TACO MEAT

11

ADD ESCABECHE +2.5 / ADD GUACAMOLE +2.5

SANDWICHES

SERVED WITH CHOICE OF 2 SIDES OR A CUP OF SOUP. SUB GLUTEN FREE BREAD +3

- “CRUNCHY” CHICKEN

N

OVEN ROASTED CHICKEN, NUT-SEED CRUMBLE, CRUSHED CHIPS, TOMATO, LETTUCE, HOUSE PICKLES, PROVOLONE, RANCH, PRETZEL BUN

18
- TRUFFLED EGG SALAD

V

SWIFT HILL FARMS EGGS, GREENS, TOMATO, PARMESAN, AIOLI, PRETZEL BUN

15.5

\*\*GLOW UP - ADD SMOKED FAROE ISLAND SALMON +8.5
- GARDEN SAMMIE

VG

BRUSSELS, AVOCADO SPREAD, HUMMUS, CURRIED CAULIFLOWER, PICKLED RED ONION, TOMATO, LETTUCE, SPROUTS, CIABATTA

15
- GULF SEAFOOD POBOY

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SHRIMP & BLUE CRAB, TOMATO, LETTUCE, PICKLED ONION, GREEN GODDESS DRESSING, FRENCH ROLL

20

SALADS

ADD A PROTEIN TO ANY SALAD TOFU 5 / CHICKEN 4/7.5 / FAROE ISLAND SALMON FILLET 12 \* / SEARED GULF SHRIMP 9 \*

- SUMMER HARVEST

VG

F

MIXED GREENS, J & B FARMS SQUASH & ZUCCHINI, MARFA TOMATOES, TEXAS WATERMELON, GRILLED CORN, LOCAL RADISH, BRUSSELS SPROUTS, SUNFLOWER SPROUTS, SUNFLOWER SEEDS, LONESTAR GOAT CHEESE, FRESH HERB VINAIGRETTE

15.5
- CHOPPED GREEN SALAD

V

ROMAINE, HERB & SCALLION MARINATED CHICKPEAS, FETA, AVOCADO, ENGLISH CUCUMBER, CASTELVETRANO OLIVES, HOUSE CROUTONS, RED WINE & SHALLOT VINAIGRETTE

15.5
- TACO

VG

GF

VEGAN TACO MEAT, KALE-ROMAINE MIX, AVOCADO, GRILLED CORN, TOMATO, KIDNEY BEANS, PICKLED ONION, JICAMA, PEPITAS, CILANTRO, TORTILLA SHELL, LEMON VINAIGRETTE

18

- ASIAN CHICKEN SALAD

GF

N

ROAST CHICKEN, NAPA CABBAGE, ROMAINE, SWEET POTATO NOODLES, CURED CUCUMBER, BROCCOLI, BEAN SPROUTS, GREEN BEANS, TOASTED CASHEWS, CILANTRO, SESAME SEEDS, TOSSED WITH A SESAME-TAMARI VINAIGRETTE AND SERVED WITH A SIDE OF SAMBAL-PEANUT SAUCE

20.5
- BUBBY SALAD

F

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HOUSE SMOKED FAROE ISLAND SALMON, KALE, JAMMY EGG, WHITE MOUNTAIN YOGURT LABNEH, PICKLED RED ONION, VILLAGE FARMS CHERRY TOMATOES, SUNFLOWER SPROUTS, FRIED SHALLOT & SESAME SEED MIX, SLOW DOUGH CIABATTA CROUTONS, LEMON VINAIGRETTE

22.5

HOUSEMADE SIDES

- HOUSEMADE CHIPS

VG

GF

OLD BAY SEASONING
- FRESH WATERMELON

VG

GF
- RED POTATO SALAD

V

GF

EGG, MUSTARD, DILL, HONEY
- TUSCAN KALE

V

GF

N

GOLDEN RAISINS, PARMESAN, PINE NUTS
- ESCABECHE

VG

GF

CAULIFLOWER, CARROT, JALAPEÑO
- HOUSE PICKLE SPEARS

VG

GF

SOUP CUP / BOWL

- OUR CLASSIC CHICKEN POSOLÉ

GF

POBLANO, GREEN CHILES, HOMINY, CILANTRO & PUMPKIN SEED GARNISH

5/8.5
- MELON GAZPACHO

VG

GF

N

WATERMELON, TOMATO, CUCUMBER, CORN

5/8.5

BOWLS

- TEMPEH+GRILLED MUSHROOM POWER BOWL

VG

GF

N

HERB MARINATED & GRILLED HIFI MYCOLOGY LION'S MANE AND OYSTER MUSHROOMS, FLYING TEMPEH BROTHERS SAUSAGE, MASSAGED KALE, CASHEW-RED PEPPER PUREE, JASMINE-QUINOA RICE, SUNFLOWER SPROUT SALAD

19.5

ADD TOFU 5 - CHICKEN 4/7.5 - SEARED GULF SHRIMP 9 \* - SEARED FAROE ISLAND SALMON FILLET 12 \*
- CHICKEN AND FARRO BOWL

HERB MARINATED GRILLED CHICKEN BREAST, ARUGULA, SHAVED GREEN APPLE, BROCCOLI, SHAVED FENNEL, FRENCH FETA, PESTO DRESSED FARRO, SPROUTS ALIVE RADISH SPROUTS

19.5

- SALMON POKE

GF

F

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HOUSE SESAME-TAMARI MARINATED FAROE ISLAND SALMON, SHAVED RADISH, FRESH WATERMELON, DICED CUCUMBER, CABBAGE, JASMINE-QUINOA RICE, BROCCOLI-MISO CRUNCH, NORI AIOLI, RADISH SPROUTS, SESAME SEEDS

21
- SASHIMI TUNA & AVOCADO BOWL

GF

F

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RAW SUSHI GRADE AHI TUNA TOSSED IN SESAME PONZU, AVOCADO, PICKLED DAIKON, WATERMELON, DICED CUCUMBERS, JICAMA, NAPA CABBAGE, RADISH, GINGER-SCALLION SAUCE, SPROUTS ALIVE RADISH SPROUTS, TOASTED SESAME SEEDS

25

KIDS

- SERVED WITH YOUR CHOICE OF FRUIT, PICKLES, OR CHIPS
- KIDS CRUNCHY CHICKEN

CRUSHED CHIPS, PROVOLONE, BUTTERMILK RANCH, PRETZEL BUN

10.5
- KIDS PEANUT BUTTER & JELLY

N

VG

PRETZEL BUN

7.5
- KIDS GRILLED CHEESE

V

PROVOLONE, PRETZEL BUN

7.5

DRINKS

- BUBBLER BAR

4.5

ICED TEAS, SEASONAL LEMONADES, AGUA FRESCA
- GREEN MONKEY SMOOTHIE

10

VG

GF

CHIA, FLAX, APPLES, SPINACH, KALE, BASIL, LIME JUICE, PINEAPPLE, AVOCADO, DATES
- WIRED MONKEY SMOOTHIE

10

N

VG

GF

COLD BREW, BANANAS, PEANUT BUTTER, ALMOND MILK, DRIED CHERRIES, DATES, CINNAMON, CHIA SEEDS
- KOSMIC KOMBUCHAS

4.5

LOCAL. LEMON. LOVE. / MINT JULEP / SALTY DOG
- RAMBLER 2.5/MEXICAN COKE 4.5/DUBLIN ROOT BEER 4