

OUR MENU

- N** CONTAINS NUTS
- GF** GLUTEN FREE **F** CONTAINS FISH
- V** VEGETARIAN **VG** VEGAN
- * CONSUMING RAW/UNDERCOOKED PRODUCT MAY CAUSE FOODBORNE ILLNESS

SALADS

ADD A PROTEIN TO ANY SALAD TOFU 5 / CHICKEN 4/7.5 / FAROE ISLAND SALMON FILLET 12* / TAIL-ON GULF SHRIMP 9*

SPRING HARVEST VG GF
MIXED GREENS, SPRING ASPARAGUS, TEXAS BEETS, FRESH STRAWBERRIES, LOCAL RADISH, BRUSSELS SPROUTS, SUNFLOWER SPROUTS, SUNFLOWER SEEDS, LONESTAR GOAT CHEESE, FRESH HERB VINAIGRETTE 15.5

CHOPPED GREEN SALAD V
ROMAINE, HERB & SCALLION MARINATED CHICKPEAS, FETA, AVOCADO, ENGLISH CUCUMBER, CASTELVETRANO OLIVES, HOUSE CROUTONS, RED WINE & SHALLOT VINAIGRETTE 15.5

TACO VG GF
VEGAN TACO MEAT, KALE-ROMAINE MIX, AVOCADO, GRILLED CORN, TOMATO, KIDNEY BEANS, PICKLED ONION, JICAMA, PEPITAS, CILANTRO, TORTILLA SHELL, LEMON VINAIGRETTE 18

ASIAN CHICKEN SALAD GF N
ROAST CHICKEN, NAPA CABBAGE, ROMAINE, SWEET POTATO NOODLES, CURED CUCUMBER, BROCCOLI, BEAN SPROUTS, GREEN BEANS, TOASTED CASHEWS, CILANTRO, SESAME SEEDS, TOSSED WITH A SESAME-TAMARI VINAIGRETTE, SIDE OF SAMBAL-PEANUT SAUCE 20.5

BUBBY SALAD F *
HOUSE SMOKED FAROE ISLAND SALMON, KALE, JAMMY EGG, WHITE MOUNTAIN YOGURT LABNEH, PICKLED RED ONION, VILLAGE FARMS CHERRY TOMATOES, SUNFLOWER SPROUTS, FRIED SHALLOT & SESAME SEED MIX, SLOW DOUGH CIABATTA CROUTONS, LEMON VINAIGRETTE 22.5

SHAREABLES

SERVED WITH EL MILAGRO CORN TORTILLA CHIPS

SPINACH & HEART OF PALM DIP VG N GF
CASHEW CREAM, CRISPY POTATO STRIPS & FRIED SHALLOTS 12

CASHEW QUESO VG N GF
PICO DE GALLO, VEGAN TACO MEAT 11
ADD ESCABECHE +2.5 / ADD GUACAMOLE +2.5

SANDWICHES

SERVED WITH CHOICE OF 2 SIDES OR A CUP OF SOUP SUB GLUTEN FREE BREAD 3

"CRUNCHY" CHICKEN N
OVEN ROASTED CHICKEN, NUT-SEED CRUMBLE, CRUSHED CHIPS, TOMATO, LETTUCE, HOUSE PICKLES, PROVOLONE, RANCH, PRETZEL BUN 18

TRUFFLED EGG SALAD V
SWIFT HILL FARMS EGGS, GREENS, TOMATO, PARMESAN, AIOLI, PRETZEL BUN 15.5
**GLOW UP - ADD SMOKED FAROE ISLAND SALMON +8.5

GARDEN SAMMIE VG
BRUSSELS, AVOCADO SPREAD, HUMMUS, CURRIED CAULIFLOWER, PICKLED RED ONION, TOMATO, LETTUCE, SPROUTS, CIABATTA 15

GULF SEAFOOD POBOY *
CHILLED SHRIMP & BLUE CRAB, TOMATO, LETTUCE, PICKLED ONION, GREEN GODDESS DRESSING, FRENCH ROLL 20

BANH MI
CHARRED F.L.F. PORK, PICKLED ONION, CUCUMBER-CARROT MIX, JALAPEÑO, CILANTRO, SAMBAL, AIOLI, FRENCH ROLL 17.5
**MAKE IT VEGAN WITH NON GMO UNCLE PHAN'S FRESH TOFU & VEGAN AIOLI

AVOCADO B.L.T. *
CRISPY BACON, TRUE HARVEST BUTTER LETTUCE, HEIRLOOM TOMATO, FRIED EGG, AVOCADO, AIOLI, SOURDOUGH 18
**CLUB IT UP BY ADDING CHICKEN & PROVOLONE +5.5

BORRACHO BEEF
MEXICAN STYLE BRAISED WAGYU EXCELENTE BEEF, GRILLED RED ONION, CILANTRO-CABBAGE SLAW, PICKLED PEPPERS, TOMATO, PROVOLONE, AIOLI, AU JUS, CIABATTA 22.5

HOUSEMADE SIDES

HOUSEMADE CHIPS VG GF
OLD BAY SEASONING

FRESH STRAWBERRIES VG GF
GINGER GLAZED, LONESTAR BASIL

RED POTATO SALAD V GF
EGG, MUSTARD, DILL, HONEY

TUSCAN KALE V GF N
GOLDEN RAISINS, PARMESAN, PINE NUTS

ESCABECHE VG GF
CAULIFLOWER, CARROT, JALAPEÑO

HOUSE PICKLE SPEARS VG GF

SOUP CUP / BOWL

OUR CLASSIC CHICKEN POSOLÉ GF
POBLANO, GREEN CHILES, HOMINY, CILANTRO & PUMPKIN SEED GARNISH 5/8.5

CASHEW CREAM OF BROCCOLI VG GF N
CRISPY OLD BAY CHICKPEAS 5/8.5

BOWLS

TEMPEH + GRILLED MUSHROOM BOWL VG GF N
HERB MARINATED & GRILLED HIFI MYCOLOGY LION'S MANE AND OYSTER MUSHROOMS, FLYING TEMPEH BROTHERS SAUSAGE, MASSAGED KALE, CASHEW-RED PEPPER PUREE, JASMINE RICE-QUINOA, SUNFLOWER SPROUT SALAD 19.5
ADD TOFU 5 - CHICKEN 4/7.5 - TAIL-ON GULF SHRIMP 9* - SEARED FAROE ISLAND SALMON FILLET 12*

CHICKEN AND FARRO BOWL
HERB MARINATED GRILLED CHICKEN BREAST, ARUGULA, SHAVED GREEN APPLE, BROCCOLI, SHAVED FENNEL, FRENCH FETA, PESTO DRESSED FARRO, SPROUTS ALIVE RADISH SPROUTS 19.5

SALMON POKE GFF *
HOUSE SESAME-TAMARI MARINATED FAROE ISLAND SALMON, SHAVED RADISH, FRESH STRAWBERRIES, DICED CUCUMBER, CABBAGE, JASMINE RICE-QUINOA BLEND, BROCCOLI-MISO CRUNCH, NORI AIOLI, RADISH SPROUTS, SESAME SEEDS 21

SASHIMI TUNA & AVOCADO BOWL GF F *
RAW SUSHI GRADE AHI TUNA TOSSED IN SESAME PONZU, AVOCADO, PICKLED DAIKON, STRAWBERRIES, DICED CUCUMBERS, JICAMA, NAPA CABBAGE, RADISH, GINGER-SCALLION SAUCE, SPROUTS ALIVE RADISH SPROUTS, TOASTED SESAME SEEDS 25

KIDS

SERVED WITH YOUR CHOICE OF FRUIT, PICKLES, OR CHIPS

KIDS CRUNCHY CHICKEN
CRUSHED CHIPS, PROVOLONE, BUTTERMILK RANCH, PRETZEL BUN 10.5

KIDS PEANUT BUTTER & JELLY N VG
PRETZEL BUN 7.5

KIDS GRILLED CHEESE V
PROVOLONE, PRETZEL BUN 7.5

DRINKS

BUBBLER BAR 4.5
ICED TEAS, SEASONAL LEMONADES, AGUA FRESCA

GREEN MONKEY SMOOTHIE 10 VG GF
CHIA, FLAX, APPLES, SPINACH, KALE, BASIL, LIME JUICE, PINEAPPLE, AVOCADO, DATES

WIRED MONKEY SMOOTHIE 10 N VG GF
COLD BREW, BANANAS, PEANUT BUTTER, ALMOND MILK, DRIED CHERRIES, DATES, CINNAMON, CHIA SEEDS

KOSMIC KOMBUCHAS 4.5
LOCAL. LEMON. LOVE. / MINT JULEP / SALTY DOG

RAMBLER 2.5/MEXICAN COKE 4.5/DUBLIN ROOT BEER 4