## **OUR MENU**

N CONTAINS NUTS

GF GLUTEN FREE F CONTAINS FISH

VEGETARIAN VG VEGAN

\* CONSUMING RAW/UNDERCOOKED PRODUCT MAY CAUSE FOODBORNE ILLNESS

## **SHAREABLES**

SERVED WITH EL MILAGRO **CORN TORTILLA CHIPS** 

SPINACH & HEART OF PALM DIP VG N GF CASHEW CREAM, CRISPY POTATO STRIPS & FRIED SHALLOTS 12

**CASHEW QUESO VG N GF** PICO DE GALLO, VEGAN TACO MEAT 11 ADD ESCABECHE +2.5 / ADD GUACAMOLE +2.5

# SALADS

ADD A PROTEIN TO ANY SALAD TOFU 5 / CHICKEN 4/7.5 / FAROE ISLAND SALMON FILLET 12 \* / TAIL-ON GULF SHRIMP 9 \*

#### WINTER HARVEST V GF

MIXED GREENS, PICKLED CARROT, SNOW PEAS, CARAMELIZED CAULIFLOWER, MANDARIN SEGMENTS, TEXAS RED BEETS, LOCAL RADISH, BRUSSELS SPROUTS, SUNFLOWER SPROUTS, SUNFLOWER SEEDS, LONESTAR GOAT CHEESE, FRESH HERB VINAIGRETTE 15.5

#### CHOPPED GREEN SALAD V

ROMAINE, HERB & SCALLION MARINATED CHICKPEAS, FETA, AVOCADO, ENGLISH CUCUMBER, CASTELVETRANO OLIVES. HOUSE CROUTONS RED WINE & SHALL OT VINAIGRETTE 15.5

## TACO VG GF

VEGANTACO MEAT, KALE-ROMAINE MIX, AVOCADO, GRILLED CORN, TOMATO, KIDNEY BEANS, PICKLED ONION, JICAMA, PEPITAS, CILANTRO, TORTILLA SHELL, LEMON VINAIGRETTE 18

## **ASIAN CHICKEN SALAD GFN**

ROAST CHICKEN, NAPA CABBAGE, ROMAINE, SWEET POTATO NOODLES, CURED CUCUMBER, BROCCOLI, BEAN SPROUTS, GREEN BEANS, TOASTED CASHEWS, CILANTRO, SESAME SEEDS, TOSSED WITH A SESAME-TAMARI VINAIGRETTE, SIDE OF SAMBAL-PEANUT SAUCE 20.5

#### **BUBBY SALAD F\***

HOUSE SMOKED FAROE ISLAND SALMON, KALE, JAMMY EGG, WHITE MOUNTAIN YOGURT LABNEH, PICKLED RED ONION, VILLAGE FARMS CHERRY TOMATOES, SUNFLOWER SPROUTS, FRIED SHALLOT & SESAME SEED MIX, SLOW DOUGH CIABATTA CROUTONS, LEMON VINAIGRETTE 22.5

## **SANDWICHES**

SERVED WITH CHOICE OF 2 SIDES OR A CUP OF SOUP. SUB GLUTEN FREE BREAD 3

#### "CRUNCHY" CHICKEN N

OVEN ROASTED CHICKEN, NUT-SEED CRUMBLE. CRUSHED CHIPS, TOMATO, LETTUCE. HOUSE PICKLES, PROVOLONE, RANCH, PRETZEL BUN 18

#### TRUFFLED EGG SALAD V

SWIFT HILL FARMS EGGS, GREENS, TOMATO, PARMESAN, AIOLI, PRETZEL BUN 15.5 \*\*GLOW UP - ADD SMOKED FAROE ISLAND SALMON +8 5

#### **GARDEN SAMMIE VG**

BRUSSELS, AVOCADO SPREAD, HUMMUS, CURRIED CAULIFLOWER, PICKLED RED ONION, TOMATO, LETTUCE, SPROUTS, CIABATTA 15

## **GULF SEAFOOD POBOY \***

SHRIMP & BLUE CRAB, TOMATO, LETTUCE, PICKLED ONION, GREEN GODDESS DRESSING, FRENCH ROLL 20

CHARRED F.L.F. PORK, PICKLED ONION, CUCUMBER-CARROT MIX, JALAPEÑO, CILANTRO, SAMBAL, AIOLI, FRENCH ROLL 17.5 \*\*MAKE IT VEGAN WITH NON GMO UNCLE PHAN'S FRESH TOFU & VEGAN AIOLI

#### AVOCADO B.I.T. \*

CRISPY BACON, TRUE HARVEST BUTTER LETTUCE, HEIRI OOM TOMATO FRIED EGG AVOCADO AIOLI. SOURDOUGH 18

\*\*CLUBITUP BY ADDING CHICKEN & PROVOLONE +5.5.

## **BORRACHO BEEF**

MEXICAN STYLE BRAISED WAGYU EXCELENTE BEEF, GRILLED RED ONION, CILANTRO-CABBAGE SLAW, PICKLED PEPPERS, TOMATO, PROVOLONE, AIOLI, AU JUS, CIABATTA 22.5

# **HOUSEMADE SIDES**

HOUSEMADE CHIPS VG GF OLD BAY SEASONING

### WINTER CITRUS SALAD VG GF

TEXAS GRAPEFRUIT, CLEMENTINE, JICAMA, THAI BASIL. LIME JUICE

### RED POTATO SALAD V GF

EGG, MUSTARD, DILL, HONEY

TUSCAN KALE V GF N

GOLDEN RAISINS, PARMESAN, PINE NUTS

#### **ESCABECHE VG GF**

CAULIFLOWER, CARROT, JALAPEÑO

HOUSE PICKLE SPEARS VG GF

## SOUP

CUP / BOWL

OUR CLASSIC CHICKEN POSOLÉ GF POBLANO, GREEN CHILES, HOMINY, CILANTRO & PUMPKIN SEED GARNISH 5/8.5

#### GINGER CHICKEN LEMONGRASS GFF

COCONUT MILK, KAFFIR LIME, GARLIC, FRIED SHALLOT AND CILANTRO GARNISH 6/9

TOMATO BISQUE VG GF

CRISPY POTATO STRIPS & FRIED SHALLOTS 5/8.5

# **BOWLS**

## FRENCH BISTRO MUSHROOM BOWL VG GF

HERB MARINATED & GRILLED HIFI MYCOLOGY LION'S MANE AND OYSTER MUSHROOMS, LOCAL GARLICKY GREENS, WHITE BEAN CASSOULET. ROASTED LOCALLY GROWN CARROTS, TEXAS BLACK GOLD GARLIC BALSAMIC. DOUGET'S JASMINE RICE-QUINOA BLEND. SUNFLOWER SPROUT SALAD 19.5 ADD TOFU 5 - CHICKEN 4/7.5 -

TAIL-ON GULF SHRIMP 9 \* - SEARED FAROE ISLAND SALMON FILLET 12 \*

#### CHICKEN AND FARRO BOWL

HERB MARINATED GRILLED CHICKEN BREAST, ARUGULA, SHAVED GREEN APPLE, BROCCOLI, SHAVED FENNEL. FRENCH FETA PESTO DRESSED FARRO SPROUTS ALIVE RADISH SPROUTS 19.5

## SALMON POKE GFF\*

HOUSE SESAME-TAMARI MARINATED FAROE ISLAND SALMON, SHAVED RADISH, MANDARIN ORANGE, DICED CUCUMBER, CABBAGE, DOUGET'S JASMINE RICE-QUINOA BLEND, BROCCOLI-MISO CRUNCH, NORI AIOLI, RADISH SPROUTS, SESAME SEEDS 21

## SASHIMITUNA & AVOCADO BOWL GFF\*

RAW SUSHI GRADE AHI TUNA TOSSED IN SESAME PONZU, AVOCADO, PICKLED DAIKON, MANDARIN, DICED CUCUMBERS, JICAMA, NAPA CABBAGE, RADISH, GINGER-SCALLION SAUCE, SPROUTS ALIVE RADISH SPROUTS, TOASTED SESAME SEEDS 25

## KIDS

SERVED WITH YOUR CHOICE OF FRUIT, PICKLES, OR CHIPS

KIDS CRUNCHY CHICKEN

CRUSHED CHIPS, PROVOLONE, BUTTERMILK RANCH, PRETZEL BUN 10.5

KIDS PEANUT BUTTER & JELLY N VG

PRETZEL BUN 7.5

KIDS GRILLED CHEESE V PROVOLONE, PRETZEL BUN 7.5

## DRINKS

**BUBBLER BAR** 4.5 ICED TEAS, SEASONAL LEMONADES, AGUA FRESCA

GREEN MONKEY SMOOTHIE 10 VG GF CHIA, FLAX, APPLES, SPINACH, KALE, BASIL, LIME JUICE, PINEAPPLE, AVOCADO, DATES

WIRED MONKEY SMOOTHIE 10 N VG GF COLD BREW, BANANAS, PEANUT BUTTER, ALMOND MILK, DRIED CHERRIES, DATES, CINNAMON, CHIA SEEDS

KOSMIC KOMBUCHAS 4.5 LOCAL. LEMON. LOVE. / MINT JULEP / SALTY DOG

RAMBLER 2.5/MEXICAN COKE 4.5/DUBLIN ROOT BEER 4