



The Spa at Glenmere | List of Services

Bath and Body Rituals

Designed for the most discriminating Spa enthusiast, fragrant and nourishing ingredients coupled with ancient and modern healing techniques revitalize mind, body, and soul.

Glenmere Luxury Bath

Our unique bath rituals transcend the typical bathing experience to become our most sought-after spa experiences. Select your preference, we provide the wonder!

60-minutes: full-body exfoliation, soak / skin moisturizer application. **\$245**

90-minutes: full-body exfoliation, soak, massage. **\$370**

120-minutes: full-body exfoliation, private steam, soak, massage. **\$490**

Celestial Sugar Glow

Beyond heavenly, this sweet scrub will seduce your senses. A fragrant blend of sugar and essential oils lift away dull lifeless skin. Conditioning essences are deeply absorbed as you relax in a private steam. Rich body cream leaves the skin silky, smooth, and hydrated.

60-minutes: full body exfoliation, steam / skin moisturizer application **\$235**

90-minutes: full body exfoliation, steam, massage **\$350.00**

Honey Papaya Stress Release 90-minutes \$355.00

A dry and rhythmic brush massage technique stimulates circulation and oxygenation. Next, an application of essential oils to key receptor points helps to induce a deep state of relaxation. Stress and tension dissolve during a private steam followed by a refreshing shower. The finishing touch is a massage with manuka honey and papaya whipped body butter to leave the skin revitalized and smooth.

Mediterranean Salt Wrap & Hair Shine 120-minutes \$500.00

A blend of mineral-rich sea salt and crushed olive stone stimulates and cleanses the skin polishing it to perfection. An Indian scalp massage relieves tension and calms the mind. A warm detoxifying clay mask is applied to your body and a nourishing mask to your hair. Relax and enjoy a private steam while body and hair absorb all of the nourishing ingredients. After a refreshing shower, enjoy a full body massage that's rich in jojoba, avocado and olive oils, organic myrtle and juniper to restore skin's healthy tone and texture.

Nurturing Scalp 60-minutes \$235.00

An Indian scalp and neck massage to dissolve tension and slow the mind. An aromatic, hot compress prepares the hair for an application of a moist, sun-dried clay pack. Enjoy a private steam followed by a refreshing shower leaving you feeling deeply relaxed with nourished, glistening hair.

*Upon request, our beautiful Duet Suite is available at no additional charge



Hamмам Rituals

The hammam is an ancient ritual of cleansing and purification that will leave you completely transformed and revitalized.

Turkish Soap Ritual 60-minutes **\$275**

**duet available*

Take a trip to Istanbul with this treatment inspired by Turkish hammams. Warm yourself upon a heated belly stone while our spa therapist tends to your skin. A luxurious and bubbly cleanse using moisturizing castile soap and a traditional, handmade Kessa mitt incorporates vigorous massage strokes, offering a truly one-of-a-kind experience.

Moroccan Purification Ritual 90-minutes **\$395**

**duet available*

Experience a fragrant steam to soften skin. Stress and tension melt away as you are cleansed on our warm marble belly stone. Followed by an application of Rhassoul clay, the soothing scent of roses fills the air as warm water is gently poured over the body, providing relaxation and tranquility. An invigorating scalp massage followed by an application of Argan Oil leaves behind nourished, supple hair and skin.

Journey to Shambhala 2.5 hours **\$675**

**duet available*

Your journey begins with an application of essential oils to key meridian points to help prepare the body for detoxification in our dry heat sauna. A refreshing cool mist shower and herbal steam with an application of aroma-infused black soap will soften the skin and awaken the senses. Incorporates vigorous exfoliation with the use of a traditional, handmade Kessa mitt followed by a warm-water rinse while relaxing on a warm belly stone. Then move to a Spa suite for a 60-minute full-body massage.

The Hammam Experience 60-minutes **\$500 (for up to 4 guests)**

**stand-alone service or an add-on to other spa services*

Enjoy the sacred space of our Hammam. Take this time to fully immerse yourself in peace and relaxation. Use the herbal steam, dry sauna, Swiss shower, vitality pool and cool mist at your leisure. You relax and we will take care of everything else.



Massage Rituals

Glenmere Couture Massage 60-minutes **\$255.00** | 90-minutes **\$385**

Our made-to-order massage allows you to craft an experience perfectly suited to your needs. Select your preferred fragrance and our therapists will do the rest. You will be given Body Butter in your selected scent to take home.

Deep Pressure Therapy 60-minutes **\$245** | 90-minutes **\$370**

This modality is ideal for those suffering from chronic pain and limited mobility. Using a variety of techniques coupled with moist heat creates soothing relief and comfort.

Soothe 60-minutes **\$225** | 90-minutes **\$340**

Using a blend of sunflower and aloe infused with relaxing lavender, this popular massage combines classic Swedish strokes to improve circulation with gentle stretches to relieve muscle tension. Warm compresses cradle your feet to promote a deep state of relaxation.

Classic Massage 60-minutes **\$225** | 90-minutes **\$340**

Designed to revitalize and awaken the senses. Aroma-infused hot towels and specific massage techniques alleviate tension and tiredness stored in the neck, shoulders, and back. The sense of relaxation is further enhanced with an energy-releasing leg and foot massage using deeper pressure.

Chardonnay Body Drench 60-minutes **\$245** | 90-minutes **\$370**

The perfect choice for those who love massages but want to deeply nourish the skin. An intensive hydrating cocktail is applied during a full-body massage. A heated wrap provides deep penetration to quench the skin.

Reflexology 60-minutes **\$225**

Everyday living can create an imbalance in your body's energy zones. This calm-inducing ancient Chinese technique restores harmony by applying pressure to reflex points in your feet that respond to specific energy zones. We enhance this time-honored technique with warm aromatherapy compresses to further enhance the benefits.

Pre-Natal 60-Minutes **\$235**

An exquisite, deeply nurturing experience for the mom to be, where every moment is intentional. Our soothing massage is designed to relieve tension and discomfort without the use of deep pressure.

*Upon request, our beautiful Duet Suite is available at no additional charge



Facial Rituals

Red Carpet Facial (Anti-Aging) 60-minutes **\$295** | 90-minutes **\$445**

Often described as a non-surgical facelift, you will feel your skin lift and tighten as this results-oriented facial utilizes a mix of enzymes and proteins to improve skin health through cell regeneration. Dramatically improve skin's clarity, elasticity, texture, and overall health. This facial is an experience like no other and is great for all skin types. See and feel the difference!

Hydrolifting Facial (Anti-Aging) 60-minutes **\$275** *Vegan friendly

Immerse your skin in a rejuvenating anti-aging ritual that visibly tones and lifts the face and neck. This luxurious treatment deeply hydrates and restores elasticity, helping to smooth the appearance of fine lines and wrinkles. Skin feels supple, revitalized, and beautifully radiant — a timeless glow revealed through renewed vitality.

Sea C-Spa Facial (Anti-Aging) 60-minutes **\$275** | 90-minutes **\$415** *Vegan friendly

This age-defying treatment is the perfect choice to reverse the visible signs of aging. With the use of antioxidants, this facial evens out skin tone and brightens the complexion, while also improving skin elasticity. This facial provides a youthful glow with clinically proven results that last.

Signature Facial 60-minutes **\$245**

Let us tailor and customize the perfect facial to meet your skin's specific needs. A traditional deep cleansing facial will encourage detoxification as well as address any skin concerns you may have. Our skin care professionals will select a customized mask to improve your skin's clarity, texture and overall health. Relax and be prepared to be pampered.

Platinum Peel 60-minutes **\$265**

We are proud to offer cutting edge peels that naturally exfoliate your skin revealing new skin cells and helping diminish fine lines and wrinkles, reduce breakouts, lighten age spots and even out pigmentation. After a deep cleansing based on your skin's needs, you will receive a glycolic or lactic acid peel. For sensitive skin we apply our beautiful and gentle Enzyme Peel will exfoliate and feed your skin high concentrations of antioxidants.

Oxygenating Facial 60-minutes **\$245**

Revitalize lackluster skin with this transformative treatment that breathes new life into dull, fatigued, and stressed complexions. A refined blend of salicylic, glycolic, and lactic acids gently resurfaces the skin, improving tone and texture while purifying and deeply hydrating. The result is luminous, radiant, refreshed, and beautifully renewed skin.

Algo Facial 60-minutes **\$245**

Indulge your skin in a sensorial thermo-cooling ritual designed to calm, comfort, and restore balance. This luxurious treatment envelops the complexion in a refreshing veil of hydration, visibly reducing redness while replenishing essential moisture. Skin emerges luminous, refreshed, and perfectly soothed — the ultimate spa experience for sensitive, radiant skin.



Finishing Touches

The Essential Manicure \$65

**add \$15 for gel polish*

This relaxing treatment includes detailed cuticle care and a tension-releasing hand and arm massage with a hydrating lotion. This treatment concludes with nails polished to perfection.

The Essentials Pedicure \$105

**add \$15 for gel polish*

This cleansing treatment begins with a warm restorative foot soak followed by detailed cuticle care. An invigorating scrub and hydrating masque. A relaxing foot and leg aroma-massage releases tension and rehydrates the skin. This treatment concludes with nails polished to perfection.

Deluxe Hand Grooming \$65

A hand exfoliation and nail oil application prepares the skin for a soak in minerals and essential oils to restore vital nutrients and moisture. Nails and cuticles are expertly groomed followed by a relaxing hand massage.

Power Pedicure \$100

Restore your energy, stimulate circulation and revive weary feet with exfoliation, nail conditioning, shaping and relaxing foot and leg massage.

Wash and Blow Out Starting at \$95.00*

Relaxing hair wash and blow dry with advanced blowout techniques to make your hair soft, shiny and voluminous. Other styling options are available upon request at an additional fee.

Waxing Services

Bikini Wax 30-minutes \$75

Chin Wax 10-minutes \$15

Brazilian Wax 30-minutes \$125

Lip Wax 10-minutes \$15

Under Arm Wax 10-minutes \$45

Eyebrow Wax 15-minutes \$35



Spa Etiquette

ARRIVAL

You are encouraged to arrive 15 minutes prior to your appointment time. This will allow time to sign-in and enjoy our Relaxation Library. As a courtesy to other guests and to keep therapists' schedules on time, late arrivals will only receive the remaining available appointment allotment and will be charged for the full-service fee.

CANCELLATIONS

As a courtesy to the staff and other guests, please provide a minimum of 48 hours' advance notice of cancellations/changes. Appointments cancelled less than 48 hours prior to the designated time and no-shows will be billed in full.

SPA ATTIRE

A luxurious robe and slippers will be provided upon arrival at the Spa. Hotel guests are invited to arrive at the Spa wearing the robe and slippers provided in your guest room. Please dis-robe to your level of comfort. Undergarments are not necessary but may be worn during treatments if you prefer. All staff are professionally trained and licensed to ensure the highest quality of service and integrity. Proper draping techniques are always used to protect your privacy and always assure your comfort.

QUIET and HEALTHY ENVIRONMENT

Our Spa environment is one of relaxation and tranquility. We respectfully ask you to leave cellular phones turned off so the tranquility of the Spa experience may be preserved.

Our relaxation library is open, where we invite guests to unwind post service and enjoy complimentary refreshments.

AGE REQUIREMENT

The minimum age of 18 is required for access to and treatments at the Spa at Glenmere Mansion.

SCHEDULING

To schedule an appointment, call 845.469.1939 or visit our website at www.glenmeremansion.com.

Advance booking is recommended.

SERVICE FEES

To make your Spa experience as seamless as possible, a 20% service fee will be added to the cost of your service(s). Additional gratuities may be given subject to your own discretion.

HOURS

(hours may vary seasonally)

Monday – Saturday 10:00am-7:00pm

Sunday 10:00am-5:00pm