



ALLERGEN GUIDE & DIETARY NEEDS

✓ DOES NOT CONTAIN ALLERGEN ✗ CONTAINS ALLERGEN

		ALLERGENS									DIETARY NEEDS	
		GLUTEN FREE	DAIRY FREE	SOY FREE	TREE NUT FREE	SESAME FREE	FISH FREE	SHELLFISH FREE	PEANUT FREE	EGG FREE	VEGETARIAN	VEGAN
B A S E S	BASMATI RICE BLEND	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
	COCONUT RICE	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
	FORBIDDEN RICE	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
	SESAME NOODLES	✓	✓	✗	✓	✗	✓	✓	✓	✓	✓	✓
	SPINACH	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
	KALE CRUNCH SALAD	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
	CAULIFLOWER RICE	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
	TOASTED ALMOND QUINOA	✓	✓	✓	✗	✓	✓	✓	✓	✓	✓	✓
V E G G I E S	BUFFALO CAULIFLOWER	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
	GARLICKY CILANTRO GREEN BEANS	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
	HONEY SRIRACHA BRUSSELS SPROUTS	✓	✓	✗	✓	✓	✓	✓	✓	✓	✓	✗ HONEY
	ROASTED MUSHROOMS	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
	SESAME GINGER BROCCOLI	✓	✓	✗	✓	✗	✓	✓	✓	✓	✓	✓
	ROASTED SWEET POTATOES	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
P R O T E I N S	BBQ CHICKEN	✓	✓	✓	✓	✓	✓	✓	✓	✓	✗	✗
	GRILLED STEAK	✓	✓	✗	✓	✗	✓	✓	✓	✓	✗	✗
	KEY WEST CHICKEN	✓	✓	✓	✓	✓	✓	✓	✓	✓	✗	✗
	SESAME GARLIC TOFU	✓	✓	✗	✓	✗	✓	✓	✓	✓	✓	✓
	SPICY AHI TUNA	✓	✓	✗	✓	✗	✗	✓	✓	✗	✗	✗
	TERIYAKI CHICKEN	✓	✓	✗	✓	✓	✓	✓	✓	✓	✗	✗

		ALLERGENS									DIETARY NEEDS	
		GLUTEN FREE	DAIRY FREE	SOY FREE	TREE NUT FREE	SESAME FREE	FISH FREE	SHELLFISH FREE	PEANUT FREE	EGG FREE	VEGETARIAN	VEGAN
P R O T E I N S	MOJO PORK	✓	✓	✓	✓	✓	✓	✓	✓	✓	✗	✗
	SWEET CITRUS TOFU	✓	✓	✗	✓	✓	✓	✓	✓	✓	✓	✗ HONEY
	NASHVILLE HOT CHICKEN	✓	✓	✓	✓	✓	✓	✓	✓	✓	✗	✗
	CITRUS GARLIC SHRIMP	✓	✓	✗	✓	✓	✓	✗	✓	✓	✗	✗
S A U C E S	CILANTRO VINAIGRETTE	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✗ HONEY
	CITRUS GINGER	✓	✓	✗	✓	✗	✓	✓	✓	✓	✓	✓
	COCONUT SWEET POTATO	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
	CREAMY WASABI	✓	✗	✗	✓	✓	✓	✓	✓	✗	✗	✗
A D D - O N S	TOMATO CUCUMBER SALAD	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
	ROASTED ALMONDS	✓	✓	✓	✗	✓	✓	✓	✓	✓	✓	✓
	FETA CHEESE	✓	✗	✓	✓	✓	✓	✓	✓	✓	✗	✗
	PARMESAN CHEESE	✓	✗	✓	✓	✓	✓	✓	✓	✓	✗	✗
	AVOCADO SMASH	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
	PEPITAS	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
	PINEAPPLE	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
D E S S E R T	CHOCOLATE CHIP COOKIES	✓	✗	✓	✓	✓	✓	✓	✓	✗	✓	✗
	SNICKERDOODLES	✓	✗	✓	✓	✓	✓	✓	✓	✗	✓	✗
	ZUCCHINI BROWNIES	✓	✗	✓	✗ PEANUT	✓	✓	✓	✗	✗	✓	✗ HONEY
	SOFT SERVE	✓	✓	✗	✓	✓	✓	✓	✓	✓	✓	✓
	SOFT SERVE FLOAT	✓	✓	✗	✓	✓	✓	✓	✓	✓	✓	✓