**July 2025 Medicaid Waiver Menu**

**Dinners Done Right ~1212 Cedar Street ~**

**Land Line 406-449-5100 – Texting only – 406-461-3822**

**Orders need to be placed by NOON on *FRIDAY* before pickup**

**Name: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

**Phone Number: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

*Dates to pick up* ***Wednesday: July 2nd, 9th,16th, 23rd, 30th***

*Pick up is on Wednesday between 10 am and 6 pm.* ***PLEASE*** *let us know if you are going to be out of town or if you can’t pick up on Wednesday. If we do not hear from you by* ***NOON on Friday*** *the week before, we will use the last menu choices* ***OR*** *at the beginning of the month WE will make the meal choices.*

*IF YOU DO NOT PICK UP OR LET US KNOW YOU ARE GONE, WE WILL ONLY HOLD THE MEALS FOR 1 WEEK.*

***When calling in your order please identify yourself as Medicaid AND give your name. Number of meals to pick: \_\_\_\_\_\_\_***

|  |  |  |
| --- | --- | --- |
|  |  | **Bacon Cheddar Meatloaf** GF cal 473/Fat 33/carb 3/ fiber 0/sodium 343/Protein 38/ |
|  |  | **BBQ Chicken** GFCalories 356/Fat 7.6/carbs 24.25/Fiber 4.4/Sodium 350.6/Protein 37/Sugar5 |
|  |  | **Hearty Chicken Chili** GFCalories 276/Fat 4g/sat fat .9/Carbs 36g/Fiber 10g/Sodium 1252/Protein 27/sugar 2 |
|  |  | **Raspberry Chipotle Chicken** GF cal 180/fat 4.5/sat fat 1/carb 9/fiber 1/ sodium 666/protein 25/sugar 7 |
|  |  | **Savory BBQ Pork Tenderloin (GF)**Cal 447/Fat 28/Carbs16/Sodium 500/Protein 171/Sugar 4 |
|  |  | **Sweet & Sour BBQ Chicken** GF cal 299/fat 11/sat fat 1/ carb 24/fiber 0/sodium 136/protein 26 |
|  |  | **Taco Empanadas** Cal 551/Fat 20/carb 27.2/Fiber 1/ Sodium 758/Protein 21/ Sugar 4g |
|  |  | Plain Chicken |
|  |  | Plain Hamburger |
|  |  | Plain Meatballs |
|  |  | Plain Pork Chops |
|  |  | **Vegetarian Chef Salad** **This counts as 1 meal AND 1 side** romaine, carrots, broccoli, eggs, cottage cheese) Choose 1 dressing: French, Ranch, 1000 Island, Honey Balsamic, Honey Mustard, or Caesar**4 SALADS PER PICK UP** |
|  |  | **Chef Salad** **(This counts as 1 meal AND 1 side** Romaine, Tomatoes, Eggs, Chicken, Ham: Choose 1 dressing: French, Ranch, 1000 Island, Honey Balsamic, Honey Mustard, or Caesar **4 SALADS PER PICK UP** |

**Sides**

\_\_\_\_Corn

\_\_\_\_Peas

\_\_\_\_Green Beans

\_\_\_\_Mashed Potatoes

\_\_\_\_Roasted Red Skin Potatoes

\_\_\_\_Side Salad (circle dressing you want/only 1 per salad) French, Ranch, 1000 Island, Honey Balsamic, Honey Mustard, Caesar**4 SALADS PER PICK UP**