

# Phat Bites Menu

## Sandwiches & Wraps

- New Reality SOLO - Sliced Sirloin, swiss cheese, avocado, pesto mayo, red onion, lettuce, tomato on a ciabatta hoagie.
- Queen B - Sliced Sirloin, Cheesy Mushroom Potatoes, served w/ Chimichurri, and a side of Marinated Veggies.
- Buffalo Chicken Wrap SOLO - Buffalo Chicken, Iceberg Lettuce, Cheddar, Carrots, Tomato, w/ Ranch.
- BLTremendous SOLO - Bacon, Lettuce, Tomato, Avocado w/ Fancy Sauce on Sourdough Bread.
- Caprese SOLO - Pesto, Mozzarella, Balsamic Reduction, Sunflower Seeds, Lettuce, Tomato on a Ciabatta Hoagie.
- Caesar Wrap SOLO - Choice of Protein\*, Romaine, Tomato, Homemade Caesar Dressing in a Wrap.
- Grilled Cheese SOLO - Choice of Cheese\*, Choice of Bread\*.
- Heroes Everywhere SOLO - Chicken, Goat Cheese, Cranberry Mayo, Lettuce, Tomato on Sourdough Bread.
- Hot & Cold Sweats SOLO - Sliced Sirloin (Cold and Medium Rare), Ghost Pepper Cheese, Caramelized Onions, Bacon Mayo, Lettuce, Tomato on a Ciabatta Hoagie.
- Ninja Bomb SOLO - Chinese Chicken, Granola, Shredded Carrots, Sunflower Seeds, Lettuce, Raspberry Dressing in a Wrap.
- Rueben SOLO - Corned Beef, Sauerkraut, Swiss Cheese, Thousand Island on Rye Bread.
- Silencia SOLO - Chicken, Choice of Hummus\*, Mozzarella, Banana Peppers, Olives, Tomato on a Ciabatta Hoagie.
- Veggie Sandwich SOLO - Choice of Hummus\*, Provolone Cheese, Banana Peppers, Red Onion, Cucumber, Lettuce, Tomato on Sourdough Bread.
- Veggie Wrap SOLO - Tofu, Choice of Hummus\*, Goat Cheese, Black Beans, Rice, Sunflower Seeds, Lettuce, Tomato in a Wrap.

## Burgers

- 4/20 SOLO - Goat Cheese, Caramelized Onions, Spicy Nashville Jam, Lettuce.
- Black Bean SOLO - Black Bean Patty, Carrot, Tomato, Lettuce on Ciabatta.
- Pretentious Mullet SOLO - Bacon, Jalapeño, Ghost Pepper Cheese, Chipotle Hummus, Tomato, Lettuce.
- Shroom Shroom SOLO - Swiss, Mushroom, Fancy Sauce, Tomato, Lettuce.
- Wisconsin Butter SOLO - Cheddar, Bacon, Caramelized Onions, Fancy Sauce, Tomato, Lettuce.

## Salads

- Andy's Orbit - Tofu, Choice of Hummus, Black Beans, Brown Rice, Cashew, Cucumber, Tomato, served on a bed of Mixed Greens and topped w/ Italian Dressing.
- Julie's Caesar - Pesto Chicken, Seared Green Peppers, Tomatoes, served on a bed of Romaine and topped w/ Homemade Caesar Dressing.

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- Ninja Star - Chinese Chicken Salad, Granola, Sunflower Seeds, Shredded Carrots, served on a bed of Iceberg and topped w/ Raspberry Dressing.
- Universal Love - Seared Green Peppers, Mushrooms, Cucumber, Tomatoes, served on a bed of Mixed Greens and topped w/ Italian Dressing.

## Phat Entrees

- Tacos / Quesadilla / Burrito SOLO - Choice of Protein\*, Black Beans, Rice, Green Peppers, Onions, Tomatoes, served with Jalapeño Slaw and Remoulade.
- The Cure SOLO - Pesto Chicken, Alfredo Pasta, Sun-Dried Tomatoes.
- Hummus Envy - Choice of Hummus\*, Warm Pita topped with Pesto, Balsamic, Diced Tomatoes, Olives, Green Peppers, and Goat Cheese.
- Memer's Trashy Noods - Choice of Protein\*, Sesame Noodles topped with Tomatoes and Pesto.
- Quarantine Mac N' Chz - Mac N' Chz topped with Hot/Mild Chicken, Bacon, Bread Crumbs.

## Kids Menu

- SpongeBob - Burger w/ side of Mac N' Chz.
- Aladdin - Hot Dog w/ Potato Salad.
- Chicken Little - Mac N' Chz w/ Chicken Breast Slices.
- She-Ra - House Salad w/ Chicken and side of Ranch.

## Sides & Desserts

- Broccoli Salad Side - Broccoli salad.
- Alfredo Pasta - available in side sizes.
- Chinese Chicken, Chips, Hummus (Garlic, Sweet Chili, Chipotle, Pesto), Loaded Potatoes, Long Life Salad, Mac N' Chz, Marinated Veggies, Sesame Noodles - all available as sides.
- Desserts - Banana Bread; Brownie; Rice Krispie; Chocolate Rice Krispie; Fruit Loop Rice Krispie; Coconut Sunflower Seed Rice Krispie.