



ALLERGEN STATEMENT

At Monk's Bar & Grill®, we are dedicated to the health and safety of our customers.

The information provided identifies the menu items that **contain ingredients** from the most common allergens (soy, egg, dairy, wheat/gluten, peanut, tree nut, sesame, fish, and shellfish and intolerances) based on our supplier information. It does not reflect the process in which the food is prepared (such as deep-frying, grilling or sautéed).

All our kitchen operations share prep areas and equipment. **All fried items are prepared in oil that is also used to cook shellfish, fish, and breaded items**, which makes it possible to have cross-contact exposure to other foods.

Therefore, we cannot guarantee that any menu item can be 100% completely free of allergens.

We do have protocol set in place for our customers with food allergies, but even with our processes and procedures in place, **we cannot guarantee that any item is 100% completely free of allergens**.

Our staff are trained in answering questions about our food and preparation to do our best to accommodate anyone with an allergy or intolerance to certain types of food.

*Consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk for foodborne illness

APPETIZERS	Soy	Egg	Dairy	Wheat/ Gluten	Fish	Shellfish	Peanuts	Tree Nuts	Seasame
Sweet Chili Cauliflower									
Breaded Cauliflower			X	X					
Sesame Seeds									X
Pretzel Bites				X					
Pretzel				X					
White Queso Cheese			X						
Jalapeno Cream Cheese			X						
Fried Pickle Spears									
Breaded Pickle Spear			X	X					
Spicy Ranch Dressing		X	X						
Bruschetta Hummus Plate									
Naan Bread	X	X	X	X					X
Parmesan Cheese			X						
The Wing Thing									
Boneless Wings	X	X		X					
Garlic Parmesan Sauce		X	X						
Firecracker Sauce		X							X
Ghost Pepper Sauce		X							
Buffalo Sauce	X		X						
Jamaican Jerk Sauce	X			X					
Ranch Dressing		X	X						
Cheese Curds									
Cheese Curds		X	X	X					
Monkey Fries									
Battered Fries				X					
White Queso Cheese			X						
Monk's Ranch Dressing		X	X						
*WI Cheddar Cheese Upgrade			X						
Deluxe Nachos									
White Queso Cheese			X						
Sour Cream			X						
*Chicken (Alternative Butter)	X								
*Seasoned Ground Beef	X								
Quesadilla									
Flour Tortilla				X					
Alternative Butter	X								
Cheddar Cheese			X						
Sour Cream			X						
*Add Chicken (Alt Butter)	X								
*Add Brisket (Alt Butter)	X								
*Add Pulled Pork (Alt Butter)	X								
*Add Seasoned Beef	X								
Firecracker Shrimp									
Battered Shrimp				X		X			
Parmesan Cheese			X						
Firecracker Sauce		X							
Fried Ravioli									
Ravioli		X	X	X					
Parmesan Cheese			X						
Spinach & Artichoke Dip									
Spinach and Artichoke Dip			X	X					
Mozzarella Cheese			X						
Mozzarella Wedges									
Mozzarella Wedge			X	X					

MONKBURGERS	Soy	Egg	Dairy	Wheat/ Gluten	Fish	Shellfish	Peanuts	Tree Nuts	Seasame
*Classic Cheeseburger				X					
Classic Bun				X					
Alternative Butter	X								
American Cheese			X						
*Add Grilled Onions (Alt Butter)	X								
*Mushroom & Swiss									
Classic Bun				X					
Alternative Butter	X								
Grilled Mushrooms (Alt Butter)	X								
Swiss Cheese			X						
*Add Grilled Onions (Alt Butter)	X								
*Bacon Cheeseburger									
Classic Bun				X					
Alternative Butter	X								
American Cheese			X						
*Add Grilled Onions (Alt Butter)	X								
*AA Breakfast Burger									
Panini Bread				X					
Alternative Butter	X								
Cheddar Cheese			X						
*Fried Egg (Alt Butter)	X	X							
*Black & Bleu Burger									
Gourmet Bun				X					X
Alternative Butter	X								
Bleu Cheese Crumbles			X						
Bleu Cheese Dressing		X	X						
*It's All Gouda Burger									
Gourmet Bun				X					X
Alternative Butter	X								
Gouda Cheese			X						
Grilled Mushrooms (Alt Butter)	X								
Chipotle Mayonnaise		X							
*Jalapeno Bacon Burger									
Gourmet Bun				X					
Alternative Butter	X								
Cheddar Cheese			X						
Grilled Jalapenos (Alt Butter)	X								
Spicy Ranch Dressing		X	X						
*Alamo Burger									
Gourmet Bun				X					X
Alternative Butter	X								
Mozzarella Wedges		X	X	X					
Caramelized Onions	X								
Grilled Mushrooms (Alt Butter)	X								
*Big Ten Burger									
Gourmet Bun				X					
Alternative Butter	X								
Chipotle Mayonnaise		X							
Swiss & Cheddar Cheese			X						
*Fried Egg (Alt Butter)	X	X							
*Smoked Brisket Burger									
Gourmet Bun				X					X
Alternative Butter	X								
Gouda Cheese			X						

Deep Fried Pickle			X	X					
*Monster Burger									
Gourmet Bun				X					X
Alternative Butter	X								
Monk's Sauce		X							
Grilled Mushrooms (Alt Butter)	X								
Swiss Cheese			X						
Cheddar Cheese			X						
*Wisconsin Cheese Upgrades									
Cheddar Cheese			X						
Swiss Cheese			X						
Pepperjack Cheese			X						
Bleu Cheese Crumbles			X						
Mozzarella Cheese			X						
Havarti Cheese			X						
Gouda Cheese			X						
NON-BEEF BURGERS	Soy	Egg	Dairy	Wheat/ Gluten	Fish	Shellfish	Peanuts	Tree Nuts	Seasame
Impossible Burger									
Classic Bun				X					
Alternative Butter	X								
Impossible Burger	X								
Grilled Onions (Alt Butter)	X								
American Cheese			X						
Mayonnaise		X							
Garlic Mayonnaise		X							
Chipotle Mayonnaise		X							
Monk's Sauce		X							
<i>Add Grilled Jalapenos (Alt Butter)</i>	X								
<i>*Add Fried Egg (Alt Butter)</i>	X	X							
Black Bean Burger									
Gourmet Bun				X					X
Alternative Butter	X								
Black Bean Burger Patty	X	X	X	X					
Turkey Burger									
Gourmet Bun				X					X
Alternative Butter	X								
SALADS	Soy	Egg	Dairy	Wheat/ Gluten	Fish	Shellfish	Peanuts	Tree Nuts	Seasame
Monk's Taco Salad									
Seasoned Ground Beef	X								
Cheddar Cheese			X						
Sour Cream			X						
<i>Add Grilled Chicken (Alt Butter)</i>	X								
Cobb Salad									
Hard - Boiled Egg		X							
Bleu Cheese Crumbles			X						
<i>Grilled Chicken (Alt Butter)</i>	X								
Cranberry Mandarin Chicken Salad									
Walnuts								X	
Feta Cheese			X						
<i>Grilled Chicken (Alt Butter)</i>	X								
Crispy Chicken Chef Salad									
Crispy Chicken Breast			X	X					
Hard Boiled Egg		X							
Cheddar Cheese			X						

Sante Fe Chicken Salad										
Grilled Chicken (Alt Butter)		X								
Spicy Ranch Dressing			X	X						
DRESSINGS + ADD-ONS		Soy	Egg	Dairy	Wheat/ Gluten	Fish	Shellfish	Peanuts	Tree Nuts	Seasame
Ranch Dressing			X	X						
Spicy Ranch Dressing			X	X						
Bleu Cheese Crumbles			X	X						
Honey Mustard			X							
Thousand Island			X							
Mahi - Mahi (Alt Butter)		X				X				
Crispy Chicken Breast				X	X					
Black Bean Patty (Alt Butter)		X	X	X	X					
Crispy Shrimp					X		X			
SANDWICHES		Soy	Egg	Dairy	Wheat/ Gluten	Fish	Shellfish	Peanuts	Tree Nuts	Seasame
Monk's Reuben					X					
Marble Rye					X					
Alternative Butter		X								
Swiss Cheese				X						
Monk's Sauce			X							
Classic Crispy Chicken Sandwich					X					X
Gourmet Bun					X					
Alternative Butter		X								
Crispy Chicken Breast				X	X					
Mayonnaise			X							
California Chicken Sandwich					X					X
Gourmet Bun					X					
Alternative Butter		X								
Grilled Chicken (Alt Butter)		X								
Swiss Cheese				X						
Garlic Mayonnaise			X							
Southwest Chicken Sandwich					X					X
Gourmet Bun					X					
Alternative Butter		X								
Grilled Chicken (Alt Butter)		X								
Cheddar Cheese				X						
Spicy Ranch Dressing			X	X						
Sub - Crispy Chicken				X	X					
Chicken Tenders					X					
Chicken Tenders					X					
The Ultimate Clubhouse					X					X
Wheat Bread					X					
Alternative Butter		X								
Cheddar Cheese				X						
Mayonnaise			X							
Brisket Sandwich					X					X
Gourmet Bun					X					
Alternative Butter		X								
Gouda Cheese				X						
Sicilian Mahi Sandwich					X					X
Gourmet Bun					X					
Alternative Butter		X								
Mahi - Mahi (Alt Butter)		X				X				
Garlic Mayonnaise			X							
Parmesan Cheese				X						

American Cheese			X						
Kid's Chicken Nuggets									
Chicken Nuggets				X					
Kid's White Cheddar Mac									
White Cheddar Mac		X	X	X					
Kid's Nachos									
White Queso Cheese			X						
<i>Add Beef</i>	X								
<i>Add Grilled Chicken (Alt Butter)</i>	X								
Kid's Grilled Cheese									
Wheat Bread				X					X
Alternative Butter	X								
American Cheese			X						
Kid's Sides									
Strawberry Go-Gurt®			X						
Side Salad			X						
Battered Fries				X					
PIZZAS	Soy	Egg	Dairy	Wheat/ Gluten	Fish	Shellfish	Peanuts	Tree Nuts	Seasame
Crusts	X	X	X	X					X
Toppings									
Mozzarella Cheese			X						
Grilled Chicken	X								
Chicken Tenders				X					
Impossible Burger	X								
Pizza Seasoning			X						
SWEET TREATS	Soy	Egg	Dairy	Wheat/ Gluten	Fish	Shellfish	Peanuts	Tree Nuts	Seasame
Chocolate Chip Cookie Sundae	X	X	X	X			X	X	X
Chocolate Chip Cookie	X	X	X	X					
Vanilla Ice Cream			X						
Whipped Cream Topping			X						
Reese's® Peanut Butter Pie	X	X	X	X			X	X	
Reese's® Peanut Butter Pie	X	X	X	X					
Caramel Sauce			X						
Whipped Cream Topping			X						
Monk's Brownie									
Brownie	X	X	X				X	X	
Vanilla Ice Cream			X						
Whipped Cream Topping			X						
Choclate Layer Cake									
Chocolate Layer Cake	X	X	X	X					
Whipped Cream Topping			X						
Shakes									
Ice Cream			X						
Whipped Cream Topping			X						
SIDES AND SAUCES	Soy	Egg	Dairy	Wheat/ Gluten	Fish	Shellfish	Peanuts	Tree Nuts	Seasame
Battered Fries				X					
Hummus and Cucumbers	X								X
Saltines	X			X					
French Onion Dip			X						
Jalapeno Cream Cheese			X						
White Queso Sauce			X						
Mayonnaise		X							

