



ALLERGEN STATEMENT

AT MONK'S BAR & GRILL®, WE ARE DEDICATED TO THE HEALTH AND SAFETY OF OUR CUSTOMERS. THE INFORMATION PROVIDED IDENTIFIES THE MENU ITEMS THAT **CONTAIN INGREDIENTS** FROM THE MOST COMMON ALLERGENS (*SOY, EGG, DAIRY, WHEAT/GLUTEN, PEANUT, TREE NUT, SESAME, FISH AND SHELLFISH*) AND INTOLERANCES BASED ON OUR SUPPLIER INFORMATION. **IT DOES NOT REFLECT THE PROCESS IN WHICH THE FOOD IS PREPARED (I.E. DEEP FRIED, GRILLED, SAUTÉED, ETC.).**

ALL OF OUR KITCHEN OPERATIONS SHARE PREP AREAS AND EQUIPMENT. **ALL FRIED ITEMS ARE PREPARED IN OIL THAT IS ALSO USED TO COOK SHELLFISH, FISH AND BREADED ITEMS,** WHICH MAKES IT POSSIBLE TO HAVE CROSS-CONTACT EXPOSURE TO OTHER FOODS. THEREFORE, WE CANNOT GUARANTEE THAT ANY MENU ITEM CAN BE 100% COMPLETELY FREE OF ALLERGENS.

WE DO HAVE PROTOCOL SET IN PLACE FOR OUR CUSTOMERS WITH FOOD ALLERGIES, BUT EVEN WITH OUR PROCESSES AND PROCEDURES IN PLACE, **WE CANNOT GUARANTEE THAT ANY ITEM IS 100% COMPLETELY FREE OF ALLERGENS.**

OUR STAFF IS TRAINED TO ANSWER QUESTIONS ABOUT OUR FOOD AND PREPARATION IN ORDER TO DO OUR BEST TO ACCOMMODATE ANYONE WITH AN ALLERGY OR INTOLERANCE TO CERTAIN TYPES OF FOOD.

****CONSUMING RAW OR UNDERCOOKED MEATS, POULTRY, SEAFOOD, SHELLFISH OR EGGS MAY INCREASE YOUR RISK FOR FOODBORNE ILLNESS***

APPETIZERS	Soy	Egg	Dairy	Wheat/ Gluten	Fish	Shellfish	Peanuts	Tree Nuts	Seasame
Sweet Chili Cauliflower									
Breaded Cauliflower			X	X					
Sesame Seeds									X
Pretzel Bites									
Pretzel				X					
White Queso Cheese			X						
Jalapeno Cream Cheese			X						
Fried Pickle Spears									
Breaded Pickle Spear			X	X					
Spicy Ranch Dressing		X	X						
Bruschetta Hummus Plate									
Naan Bread	X	X	X	X					X
Parmesan Cheese			X						
The Wing Thing									
Boneless Wings	X	X		X					
Garlic Parmesan Sauce		X	X						
Firecracker Sauce		X							X
Ghost Pepper Sauce		X							
Buffalo Sauce	X		X						
Jamaican Jerk Sauce	X			X					
Ranch Dressing		X	X						
Cheese Curds									
Cheese Curds		X	X	X					
Monkey Fries									
Battered Fries				X					
White Queso Cheese			X						
Monk's Ranch Dressing		X	X						
<i>*WI Cheddar Cheese Upgrade</i>			X						
Deluxe Nachos									
White Queso Cheese			X						
Sour Cream			X						
<i>*Chicken (Alternative Butter)</i>	X								
<i>*Seasoned Ground Beef</i>	X								
Quesadilla									
Flour Tortilla				X					
Alternative Butter	X								
Cheddar Cheese			X						
Sour Cream			X						
<i>*Add Chicken (Alt Butter)</i>	X								
<i>*Add Brisket (Alt Butter)</i>	X								
<i>*Add Pulled Pork (Alt Butter)</i>	X								
<i>*Add Seasoned Beef</i>	X								
Firecracker Shrimp									
Battered Shrimp				X		X			
Parmesan Cheese			X						
Firecracker Sauce		X							
Fried Ravioli									
Ravioli		X	X	X					
Parmesan Cheese			X						
Spinach & Artichoke Dip									
Spinach and Artichoke Dip			X	X					
Mozzarella Cheese			X						
Mozzarella Wedges									
Mozzarella Wedge			X	X					

Wisconsin Pizza Fries									
Pizza Crust				X					
Mozzarella Cheese			X						
Pizza Seasoning			X						
MONKBURGERS	Soy	Egg	Dairy	Wheat/ Gluten	Fish	Shellfish	Peanuts	Tree Nuts	Seasame
*Classic Cheeseburger									
Classic Bun				X					
Alternative Butter	X								
American Cheese			X						
*Add Grilled Onions (Alt Butter)	X								
*Mushroom & Swiss									
Classic Bun				X					
Alternative Butter	X								
Grilled Mushrooms (Alt Butter)	X								
Swiss Cheese			X						
*Add Grilled Onions (Alt Butter)	X								
*Bacon Cheeseburger									
Classic Bun				X					
Alternative Butter	X								
American Cheese			X						
*Add Grilled Onions (Alt Butter)	X								
*AA Breakfast Burger									
Panini Bread				X					
Alternative Butter	X								
Cheddar Cheese			X						
*Fried Egg (Alt Butter)	X	X							
*Black & Bleu Burger									
Gourmet Bun				X					X
Alternative Butter	X								
Bleu Cheese Crumbles			X						
Bleu Cheese Dressing		X	X						
*It's All Gouda Burger									
Gourmet Bun				X					X
Alternative Butter	X								
Gouda Cheese			X						
Grilled Mushrooms (Alt Butter)	X								
Chipotle Mayonnaise		X							
*Jalapeno Bacon Burger									
Gourmet Bun				X					
Alternative Butter	X								
Cheddar Cheese			X						
Grilled Jalapenos (Alt Butter)	X								
Spicy Ranch Dressing		X	X						
*Alamo Burger									
Gourmet Bun				X					X
Alternative Butter	X								
Mozzarella Wedges		X	X	X					
Caramelized Onions	X								
Grilled Mushrooms (Alt Butter)	X								
*Big Ten Burger									
Gourmet Bun				X					
Alternative Butter	X								
Chipotle Mayonnaise		X							
Swiss & Cheddar Cheese			X						
*Fried Egg (Alt Butter)	X	X							

*Smoked Brisket Burger									
Gourmet Bun				X					X
Alternative Butter	X								
Gouda Cheese			X						
Deep Fried Pickle			X	X					
*Monster Burger									
Gourmet Bun				X					X
Alternative Butter	X								
Monk's Sauce		X							
Grilled Mushrooms (<i>Alt Butter</i>)	X								
Swiss Cheese			X						
Cheddar Cheese			X						
*Wisconsin Cheese Upgrades									
Cheddar Cheese			X						
Swiss Cheese			X						
Pepperjack Cheese			X						
Bleu Cheese Crumbles			X						
Mozzarella Cheese			X						
Havarti Cheese			X						
Gouda Cheese			X						
NON-BEEF BURGERS	Soy	Egg	Dairy	Wheat/ Gluten	Fish	Shellfish	Peanuts	Tree Nuts	Seasame
Impossible Burger									
Classic Bun				X					
Alternative Butter	X								
Impossible Burger	X								
Grilled Onions (<i>Alt Butter</i>)	X								
American Cheese			X						
Mayonnaise		X							
Garlic Mayonnaise		X							
Chipotle Mayonnaise		X							
Monk's Sauce		X							
<i>Add Grilled Jalapenos (Alt Butter)</i>	X								
<i>*Add Fried Egg (Alt Butter)</i>	X	X							
Black Bean Burger									
Gourmet Bun				X					X
Alternative Butter	X								
Black Bean Burger Patty	X	X	X	X					
Turkey Burger									
Gourmet Bun				X					X
Alternative Butter	X								
SALADS	Soy	Egg	Dairy	Wheat/ Gluten	Fish	Shellfish	Peanuts	Tree Nuts	Seasame
Monk's Taco Salad									
Seasoned Ground Beef	X								
Cheddar Cheese			X						
Sour Cream			X						
<i>Add Grilled Chicken (Alt Butter)</i>	X								
Cobb Salad									
Hard - Boiled Egg		X							
Bleu Cheese Crumbles			X						
Grilled Chicken (<i>Alt Butter</i>)	X								
Cranberry Mandarin Chicken Salad									
Walnuts								X	
Feta Cheese			X						
Grilled Chicken (<i>Alt Butter</i>)	X								

Crispy Chicken Chef Salad									
Crispy Chicken Breast			X	X					
Hard Boiled Egg		X							
Cheddar Cheese			X						
Sante Fe Chicken Salad									
Grilled Chicken (<i>Alt Butter</i>)	X								
Spicy Ranch Dressing		X	X						
DRESSINGS + ADD-ONS	Soy	Egg	Dairy	Wheat/ Gluten	Fish	Shellfish	Peanuts	Tree Nuts	Seasame
Ranch Dressing		X	X						
Spicy Ranch Dressing		X	X						
Bleu Cheese Crumbles		X	X						
Honey Mustard		X							
Thousand Island		X							
Mahi - Mahi (<i>Alt Butter</i>)	X				X				
Crispy Chicken Breast			X	X					
Black Bean Patty (<i>Alt Butter</i>)	X	X	X	X					
Crispy Shrimp				X		X			
SANDWICHES	Soy	Egg	Dairy	Wheat/ Gluten	Fish	Shellfish	Peanuts	Tree Nuts	Seasame
Monk's Reuben									
Marble Rye				X					
Alternative Butter	X								
Swiss Cheese			X						
Monk's Sauce		X							
Classic Crispy Chicken Sandwich									
Gourmet Bun				X					X
Alternative Butter	X								
Crispy Chicken Breast			X	X					
Mayonnaise		X							
California Chicken Sandwich									
Gourmet Bun				X					X
Alternative Butter	X								
Grilled Chicken (<i>Alt Butter</i>)	X								
Swiss Cheese			X						
Garlic Mayonnaise		X							
Southwest Chicken Sandwich									
Gourmet Bun				X					X
Alternative Butter	X								
Grilled Chicken (<i>Alt Butter</i>)	X								
Cheddar Cheese			X						
Spicy Ranch Dressing		X	X						
<i>Sub - Crispy Chicken</i>			X	X					
Chicken Tenders									
Chicken Tenders				X					
The Ultimate Clubhouse									
Wheat Bread				X					X
Alternative Butter	X								
Cheddar Cheese			X						
Mayonnaise		X							
Brisket Sandwich									
Gourmet Bun				X					X
Alternative Butter	X								
Gouda Cheese			X						
Sicilian Mahi Sandwich									
Gourmet Bun				X					X

Alternative Butter	X								
Mahi - Mahi (<i>Alt Butter</i>)	X				X				
Garlic Mayonnaise		X							
Parmesan Cheese			X						
Monk's French Dip Philly									
Hoagie Bun				X					
Alternative Butter	X								
Shaved Prime Rib	X								
Au Jus	X			X					
Mozzarella Cheese			X						
Grilled Onions (<i>Alt Butter</i>)	X								
Grilled Peppers (<i>Alt Butter</i>)	X								
Grilled Mushrooms (<i>Alt Butter</i>)	X								
El Cubano									
French Bread				X					
Alternative Butter	X								
Swiss Cheese			X						
WRAPS	Soy	Egg	Dairy	Wheat/ Gluten	Fish	Shellfish	Peanuts	Tree Nuts	Seasame
Chicken Tender Wrap									
Tomato Basil Tortilla				X					
Cheddar Cheese			X						
Ranch Dressing		X	X						
Chicken Tenders				X					
Sante Fe Chicken Wrap									
Tomato Basil Tortilla				X					
Cheddar Cheese			X						
Spicy Ranch Dressing		X	X						
Grilled Chicken (<i>Alt Butter</i>)	X								
Shrimp BLT Wrap									
Flour Tortilla				X					
Swiss Cheese			X						
Battered Shrimp				X		X			
Chipotle Mayonnaise		X							
<i>Sub Buffalo Sauce</i>	X		X						
BBQ Chicken Wrap									
Flour Tortilla				X					
Grilled Chicken (<i>Alt Butter</i>)	X								
Cheddar Cheese			X						
Ranch Dressing		X	X						
BLTs	Soy	Egg	Dairy	Wheat/ Gluten	Fish	Shellfish	Peanuts	Tree Nuts	Seasame
Panini Bread				X					
Alternative Butter	X								
Chipotle Mayonnaise		X							
Gouda Cheese			X						
Battered Shrimp				X		X			
STREET TACOS	Soy	Egg	Dairy	Wheat/ Gluten	Fish	Shellfish	Peanuts	Tree Nuts	Seasame
Flour and Corn Tortilla				X					
Chipotle Mayonnaise		X							
Battered Mahi				X	X				
Grilled Mahi (<i>Alt Butter</i>)	X				X				
Pulled Pork (<i>Alt Butter</i>)	X								
Smoked Brisket (<i>Alt Butter</i>)	X								
Battered Shrimp				X		X			

MAC AND CHEESE	Soy	Egg	Dairy	Wheat/ Gluten	Fish	Shellfish	Peanuts	Tree Nuts	Seesame
Brisket Mac and Cheese									
White Cheddar Mac		X	X	X					
Brisket (<i>Alt Butter</i>)	X								
Panko Breadcrumbs				X					
Pesto Chicken Mac and Cheese									
White Cheddar Mac		X	X	X					
Chicken Tenders				X					
Pesto			X						
Parmesan Cheese			X						
Crispy Chicken Mac and Cheese									
White Cheddar Mac		X	X	X					
Chicken Tenders				X					
Panko Breadcrumbs				X					
Garlic Parmesan Sauce		X	X						
Firecracker Sauce		X							
Buffalo Sauce	X		X						
Ghost Pepper Sauce		X							
Jamaican Jerk Sauce	X			X					
Tot Mac and Cheese									
White Cheddar Mac		X	X	X					
Cheddar Cheese			X						
Sour Cream			X						
CILANTRO LIME RICE BOWLS	Soy	Egg	Dairy	Wheat/ Gluten	Fish	Shellfish	Peanuts	Tree Nuts	Seesame
Blackened Chicken									
Cheddar Cheese			X						
Grilled Chicken (<i>Alt Butter</i>)	X								
Chipotle Mayonnaise		X							
Sour Cream			X						
Crispy Shrimp									
Cheddar Cheese			X						
Battered Shrimp				X		X			
Chipotle Mayonnaise		X							
Sour Cream			X						
Mahi - Mahi									
Cheddar Cheese			X						
Grilled Mahi (<i>Alt Butter</i>)	X				X				
Chipotle Mayonnaise		X							
Sour Cream			X						
KID'S MENU	Soy	Egg	Dairy	Wheat/ Gluten	Fish	Shellfish	Peanuts	Tree Nuts	Seesame
Kid's Pretzel Bites									
Pretzel Bites				X					
White Queso Cheese			X						
Kid's Cheese Quesadilla									
Flour and Corn Tortilla				X					
Cheddar Cheese			X						
Alternative Butter	X								
Add Seasoned Beef	X								
Add Grilled Chicken (<i>Alt Butter</i>)	X								
Kid's Cheeseburger									
Classic Bun				X					
Alternative Butter	X								
American Cheese			X						

Kid's Chicken Nuggets									
Chicken Nuggets				X					
Kid's White Cheddar Mac									
White Cheddar Mac		X	X	X					
Kid's Nachos									
White Queso Cheese			X						
Add Beef	X								
Add Grilled Chicken (Alt Butter)	X								
Kid's Grilled Cheese									
Wheat Bread				X					X
Alternative Butter	X								
American Cheese			X						
Kid's Sides									
Strawberry Go-Gurt®			X						
Side Salad			X						
Battered Fries				X					
PIZZAS	Soy	Egg	Dairy	Wheat/ Gluten	Fish	Shellfish	Peanuts	Tree Nuts	Seasame
Crusts									
Thick or Thin				X					
Personal Flatbread	X	X	X	X					X
Cauliflower		X							
Toppings									
Mozzarella Cheese			X						
Grilled Chicken	X								
Chicken Tenders				X					
Ground Beef	X								
Impossible Burger	X								
Pizza Seasoning			X						
SWEET TREATS	Soy	Egg	Dairy	Wheat/ Gluten	Fish	Shellfish	Peanuts	Tree Nuts	Seasame
Chocolate Chip Cookie Sundae									
Chocolate Chip Cookie	X	X	X	X			X	X	X
Vanilla Ice Cream			X						
Whipped Cream Topping			X						
Reese's® Peanut Butter Pie									
Reese's® Peanut Butter Pie	X	X	X	X			X	X	
Caramel Sauce			X						
Whipped Cream Topping			X						
Monk's Brownie									
Brownie	X	X	X				X	X	
Vanilla Ice Cream			X						
Whipped Cream Topping			X						
Chocolate Layer Cake									
Chocolate Layer Cake	X	X	X	X					
Whipped Cream Topping			X						
Shakes									
Ice Cream			X						
Whipped Cream Topping			X						
SIDES AND SAUCES	Soy	Egg	Dairy	Wheat/ Gluten	Fish	Shellfish	Peanuts	Tree Nuts	Seasame
Battered Fries				X					
Hummus and Cucumbers	X								X
Saltines	X			X					
French Onion Dip			X						
Jalapeno Cream Cheese			X						

