



ALLERGEN STATEMENT

At Monk's Bar & Grill®, we are dedicated to the health and safety of our customers.

The information provided identifies the menu items that **contain ingredients** from the most common allergens (*soy, egg, dairy, wheat/gluten, peanut, tree nuts, fish and shellfish and intolerances*) based on our supplier information. It does not reflect the process in which the food is prepared (such as deep-frying, grilling or sauteed).

All our kitchen operations share prep areas and equipment. **All fried items are prepared in oil that is also used to cook shellfish, fish and breaded items**; which makes it possible to have cross-contact exposure to other foods. Therefore, we cannot guarantee that any menu item can be 100% completely free of allergens

We do have protocol set in place for our customers with food allergies, but even with our processes and procedures in place, **we cannot guarantee that any item is 100% completely free of allergens.**

Our staff are trained in answering questions about our food and preparation to do our best to accommodate anyone with an allergy or intolerance to certain types of food.

**Consuming raw or undercooked meats, poultry, seafood, shellfish or eggs may increase your risk for foodborne illness.*

APPETIZERS	SOY	EGG	DAIRY	WHEAT/ GLUTEN	FISH	SHELLFISH	PEANUTS	TREE NUTS	SESAME
Cheese Curds									
Cheese Curds		X	X	X					
Ranch Dressing		X	X						
Loaded Tots									
Cheese Sauce			X						
Fried Pickle Spears									
Battered Pickle Spear			X	X					
Ranch Dressing		X	X						
Onion Petals									
Onion Petals			X	X					
Spicy Ranch Dressing		X	X						
Braided Pretzel									
Pretzel				X					
Nacho Cheese			X						
Brew Pub Mustard	X	X	X						
Jalapeno Cream Cheese			X						
Nachos and Cheese									
Cheese Sauce			X						
Hot Wings									
Wings	X								
Ranch Dressing		X	X						
Bleu Cheese Dressing		X	X						
GOURMET MONKBURGERS	SOY	EGG	DAIRY	WHEAT/ GLUTEN	FISH	SHELLFISH	PEANUTS	TREE NUTS	SESAME
*Original Monburger									
Classic Bun				X					
Alternative Liquid Butter	X								
Battered Fries				X					
*Add Grilled Onions	X								
*Classic Cheeseburger									
Classic Bun				X					
Alternative Liquid Butter	X								
American Cheese			X						
Battered Fries				X					
*Add Grilled Onions	X								
*Mushroom and Swiss									
Classic Bun				X					
Alternative Liquid Butter	X								
Grilled Mushrooms	X								
Swiss Cheese			X						
Battered Fries				X					
*Add Grilled Onions	X								
*Bacon Cheeseburger									
Classic Bun				X					
Alternative Liquid Butter	X								
American Cheese			X						
Battered Fries				X					
*Add Grilled Onions	X								
*Black and Bleu Burger									
Gourmet Bun		X		X					
Alternative Liquid Butter	X								
Bleu Cheese Crumbles			X						
Bleu Cheese Dressing		X	X						
Battered Fries				X					
It's All Gouda Burger									
Gourmet Bun		X		X					
Alternative Liquid Butter	X								
Grilled Mushrooms	X								
Gouda Cheese			X						
Battered Fries				X					
Jalapeno Cheddar									
Gourmet Bun		X		X					
Alternative Liquid Butter	X								
Grilled Jalapenos	X								
Cheddar Cheese			X						
Battered Fries				X					
Wisconsin Cheese Upgrades									
Cheddar Cheese			X						
Swiss Cheese			X						
Pepperjack Cheese			X						
Gouda Cheese			X						
Bleu Cheese Crumbles			X						

ULTIMATE HALF-POUND MONKBURGERS	SOY	EGG	DAIRY	WHEAT/ GLUTEN	FISH	SHELLFISH	PEANUTS	TREE NUTS	SESAME
*Monster Burger									
Gourmet Bun				X					X
Alternative Liquid Butter	X								
Monk's Sauce		X							
Grilled Mushrooms	X								
Swiss Cheese			X						
Cheddar Cheese			X						
Battered Fries				X					
*Smoked Brisket Burger									
Gourmet Bun				X					X
Alternative Liquid Butter	X								
Gouda Cheese			X						
Onion Petals			X	X					
Battered Fries				X					
NON-BEEF BURGERS	SOY	EGG	DAIRY	WHEAT/ GLUTEN	FISH	SHELLFISH	PEANUTS	TREE NUTS	SESAME
Black Bean Burger									
Gourmet Bun				X					X
Alternative Liquid Butter	X								
Black Bean Burger	X	X	X	X					
Battered Fries				X					
Impossible Burger									
Classic Bun				X					X
Alternative Liquid Butter	X								
Impossible Patty	X								
Battered Fries				X					
SANDWICHES	SOY	EGG	DAIRY	WHEAT/ GLUTEN	FISH	SHELLFISH	PEANUTS	TREE NUTS	SESAME
Brisket Sandwich									
Gourmet Bun				X					X
Alternative Liquid Butter	X								
Brisket (Alt Butter)	X								
Gouda Cheese			X						
Onion Petals			X	X					
Battered Fries				X					
Philly Cheesesteak									
Hoagie Bun				X					
Alternative Liquid Butter	X								
Grilled Onions (Alt Butter)	X								
Grilled Green Peppers (Alt Butter)	X								
Grilled Mushrooms (Alt Butter)	X								
Monterey Jack Cheese Blend			X						
Battered Fries				X					
El Cubano									
French Bread				X					
Alternative Liquid Butter	X								
Swiss Cheese			X						
Battered Fries				X					
Brisket Sandwich									
Gourmet Bun				X					X
Alternative Liquid Butter	X								
Brisket (Alt Butter)	X								
Gouda Cheese			X						
Onion Petals			X	X					
Battered Fries				X					
Shrimp Po'Boy									
Hoagie Bun				X					
Alternative Liquid Butter	X								
Boom - Boom Sauce		X							
Breaded Shrimp				X		X			
Battered Fries				X					
Chicken Tender Basket									
Chicken Tenders				X					
Battered Fries				X					

WRAPS	SOY	EGG	DAIRY	WHEAT/ GLUTEN	FISH	SHELLFISH	PEANUTS	TREE NUTS	SESAME
Sante Fe Wrap									
Flour Tortilla				X					
Grilled Chicken	X								
Shredded Cheese			X						
Battered Fries				X					
Chicken Tender Wrap									
Flour Tortilla				X					
Shredded Cheese			X						
Ranch Dressing		X	X						
Chicken Tenders				X					
Battered Fries				X					
Breaded Shrimp Wrap									
Flour Tortilla				X					
Breaded Shrimp	X			X		X			
Boom - Boom Sauce			X						
Battered Fries				X					
Sliced Beef Wrap									
Flour Tortilla				X					
Sliced Beef (Alt Butter)	X								
Sauteed Vegetables (Alt Butter)	X								
Jalapeno Cream Cheese			X						
Battered Fries				X					
CHICKEN SANDWICHES	SOY	EGG	DAIRY	WHEAT/ GLUTEN	FISH	SHELLFISH	PEANUTS	TREE NUTS	SESAME
Monk's Grilled Chicken									
Gourmet Bun				X					X
Alternative Liquid Butter	X								
Grilled Chicken (Alt Butter)	X								
Battered Fries				X					
Grilled Chicken Deluxe									
Gourmet Bun				X					X
Alternative Liquid Butter	X								
Grilled Chicken (Alt Butter)	X								
Crispy Chicken			X	X					
Cheddar Cheese			X						
Battered Fries				X					
Monk's Hot Chicken									
Gourmet Bun				X					X
Alternative Liquid Butter	X								
Crispy Chicken			X	X					
Pepperjack Cheese			X						
Spicy Ranch Dressing		X	X						
Battered Fries				X					
SALADS	SOY	EGG	DAIRY	WHEAT/ GLUTEN	FISH	SHELLFISH	PEANUTS	TREE NUTS	SESAME
Grilled Chicken Salad									
Grilled Chicken (Alt Butter)	X								
Monterey Jack Cheese Blend			X						
Garden Salad									
Monterey Jack Cheese Blend			X						
Taco Salad									
Monterey Jack Cheese Blend			X						
Seasoned Ground Beef	X								
Sour Cream			X						
Dressings									
Ranch Dressing		X	X						
Caesar Dressing		X	X		X				
Thousand Island Dressing		X							
Bleu Cheese Dressing		X	X						
MONK'S STREET TACOS	SOY	EGG	DAIRY	WHEAT/ GLUTEN	FISH	SHELLFISH	PEANUTS	TREE NUTS	SESAME
Street Tacos									
Flour Tortilla				X					
Grilled Chicken (Alt Butter)	X								
Pulled Pork (Alt Butter)	X								
Brisket (Alt Butter)	X								

KID'S MENU	SOY	EGG	DAIRY	WHEAT/ GLUTEN	FISH	SHELLFISH	PEANUTS	TREE NUTS	SESAME
Braided Pretzel									
Pretzel				X					
Nacho Sauce			X						
Hot Dog									
Bun				X					
Alternative Liquid Butter	X								
*Hamburger									
Classic Bun				X					
Alternative Liquid Butter	X								
*Cheeseburger									
Classic Bun				X					
Alternative Liquid Butter	X								
American Cheese			X						
Chicken Tenders				X					
Grilled Cheese									
Sourdough Bread				X					
Alternative Liquid Butter	X								
American Cheese			X						
Kid's Sides									
Battered Fries				X					
Cookie	X	X	X	X			X	X	X