



## Allergen Information

The health and Safety of our guests are top priorities of Islands Restaurants. As part of our commitment to you, we have prepared this table of common food allergies in order to assist you with your menu choices. Please be aware that normal kitchen operations at Islands involve **shared** preparation and cooking areas. Due to these circumstances, we are unable to guarantee that **any menu** item can be completely free of allergens.

### ***\*Possible cross contamination due to cooking method***

| Appetizers   | *Fried | *Grilled | Shellfish | Eggs | Fish          | Dairy | Peanuts | Soy | Tree Nuts | Wheat | Sesame | MONOSODIUM GLUTAMATE |
|--|--------|----------|-----------|------|---------------|-------|---------|-----|-----------|-------|--------|----------------------|
| BEACHSIDE SLIDERS™   | *      |          |           |      | *             | X     |         |     |           | X     |        |                      |
| BEACHSIDE SLIDERS FAMILY BOX   | *      |          |           | X    | *             | X     |         |     |           | X     |        |                      |
| BUFFALO WINGS BBQ W/ RANCH   | *      |          |           | X    | X (anchovies) | X     |         | X   |           | *     |        | X                    |
| BUFFALO WINGS SPICY W/RANCH  | *      |          |           | X    |               | X     |         | X   |           | *     |        | X                    |
| BUFFALO WINGS TERIYAKI W/RANCH   |        |          |           | X    |               | X     |         | X   |           | X     | X      | X                    |
| CHEDDAR FRIES  |        |          |           |      |               | X     |         |     |           |       |        |                      |
| CHEESY FRIES-HH  |        |          |           |      |               | X     |         |     |           |       |        |                      |
| CHEDDAR FRIES WITH HOUSE CHILI   |        |          |           |      |               | X     |         |     |           | X     |        |                      |
| CHIPS & SALSA  |        |          |           |      |               |       |         |     |           |       |        |                      |
| CHIPS & SALSA W/LARGE GUACAMOLE  |        |          |           |      |               |       |         |     |           |       |        |                      |
| ISLAND FRIES   |        |          |           |      |               |       |         |     |           |       |        |                      |
| ISLAND NACHOS  |        |          |           |      |               | X     |         |     |           |       |        |                      |
| ISLAND NACHITOS - HH   |        |          |           |      |               | X     |         |     |           |       |        |                      |
| ONION RINGS  |        |          |           |      |               | X     |         |     |           | X     |        |                      |
| QUESADILLA   |        |          |           |      |               | X     |         | X   |           | X     |        |                      |
| SPINACH & ARTICHOKE DIP with chips   |        |          |           |      |               | X     |         |     |           |       |        |                      |
| SWEET POTATO FRIES   |        |          |           |      |               |       |         |     |           |       |        |                      |
| TEMPURA GREEN BEANS  |        |          |           | X    |               | X     |         | X   |           | X     |        | X                    |
| TIKI TENDERS (DRESSING NOT INCLUDED)   |        |          |           |      |               | X     |         | X   |           | X     |        |                      |
| Soup   | *Fried | *Grilled | Shellfish | Eggs | Fish          | Dairy | Peanuts | Soy | Tree Nuts | Wheat | Sesame | MONOSODIUM GLUTAMATE |
| TORTILLA SOUP  |        |          |           |      |               | X     |         | X   |           |       |        |                      |
| TORTILLA STRIPS  |        |          |           |      |               |       |         | X   |           |       |        |                      |
| TORTILLA SOUP FAMILY MEAL  |        |          |           |      |               | X     |         | X   |           |       |        |                      |
| Salads - All allergen data for salads includes dressing unless otherwise specified                   | *Fried | *Grilled | Shellfish | Eggs | Fish          | Dairy | Peanuts | Soy | Tree Nuts | Wheat | Sesame | MONOSODIUM GLUTAMATE |
| CHINA COAST SALAD  |        |          |           | X    |               | X     |         | X   |           | X     | X      |                      |
| GARDEN SALAD (NO DRESSING)   |        |          |           |      |               | X     |         | X   |           | X     |        |                      |
| JUNGLE CAESAR SALAD  |        |          |           | X    | X (Anchovies) | X     |         | X   |           | X     |        |                      |
| KAANAPALI KOBBSALAD  |        |          |           | X    |               | X     |         | X   |           |       |        |                      |
| SMALL CAESAR SALAD   |        |          |           | X    | X (Anchovies) | X     |         | X   |           | X     |        |                      |
| CHOP CHOP SALAD  |        |          |           | X    | X (Anchovies) | X     |         | X   |           | X     |        |                      |
| Salad Dressings  | *Fried | *Grilled | Shellfish | Eggs | Fish          | Dairy | Peanuts | Soy | Tree Nuts | Wheat | Sesame | MONOSODIUM GLUTAMATE |
| BLEU CHEESE DRESSING   |        |          |           | X    |               | X     |         | X   |           |       |        |                      |
| CAESAR DRESSING  |        |          |           | X    | X (Anchovies) | X     |         |     |           |       |        |                      |
| HONEY MUSTARD DRESSING   |        |          |           | X    |               |       |         | X   |           |       |        |                      |
| ITALIAN DRESSING   |        |          |           |      |               |       |         | X   |           | X     |        |                      |
| KOBBSALAD  |        |          |           | X    |               |       |         | X   |           |       |        |                      |
| BALSAMIC VINAIGRETTE   |        |          |           |      |               |       |         |     |           |       |        |                      |
| RANCH DRESSING (in house)  |        |          |           | X    |               | X     |         | X   |           |       |        | X                    |
| SESAME DRESSING  |        |          |           | X    |               |       |         | X   |           | X     | X      |                      |
| 1000 ISLAND DRESSING   |        |          |           | X    |               |       |         |     |           |       |        |                      |
| Island Tacos - All nutritional data for Island Tacos does not include sides, which are listed below. | *Fried | *Grilled | Shellfish | Eggs | Fish          | Dairy | Peanuts | Soy | Tree Nuts | Wheat | Sesame | MONOSODIUM GLUTAMATE |
| CLASSIC FISH TACOS   |        |          |           | X    | X             | X     |         | X   |           | X     |        |                      |
| KALUA PORK TACOS   |        |          |           |      |               |       |         |     |           |       |        |                      |
| NORTHSHORE TACOS   |        |          |           |      |               | X     |         | X   |           | X     |        |                      |
| YAKI TACOS   |        |          |           |      |               | X     |         | X   |           | X     | X      |                      |
| Sandwiches - Nutritional data for sandwiches does not include bun or sides which are listed below.   | *Fried | *Grilled | Shellfish | Eggs | Fish          | Dairy | Peanuts | Soy | Tree Nuts | Wheat | Sesame | MONOSODIUM GLUTAMATE |
| GRILLED CHICKEN BREAST ONLY  |        |          |           |      |               |       |         |     |           |       |        |                      |
| MOA CRISP (NO BUN)   |        |          |           | X    |               | X     |         | X   |           | X     |        | x                    |
| MOA KAI (TUNA) NO BUN  |        |          |           | X    | X             | X     |         | X   |           |       |        |                      |
| SANDPIPER (NO BUN)   |        |          |           | X    |               | X     |         | X   |           |       |        |                      |
| SHOREBIRD (NO BUN)   |        |          |           | X    |               | X     |         | X   |           |       |        |                      |
| TOUCAN (NO BUN)  |        |          |           | X    |               | X     |         | X   |           | X     | X      |                      |



# Allergen Information

| Bowls  | *Fried | *Grilled | Shellfish | Eggs | Fish          | Dairy | Peanuts | Soy | Tree Nuts | Wheat | Sesame | MONOSODIUM GLUTAMATE |
|--|--------|----------|-----------|------|---------------|-------|---------|-----|-----------|-------|--------|----------------------|
| BURGER BOWL  |        |          |           | X    |               | X     |         | X   |           |       |        | X                    |
| BAJA BOWL WITH BAJA CHICKEN  |        |          |           |      |               | X     |         | X   |           | X     |        |                      |
| BAJA BOWL WITH CARNITAS PORK   |        |          |           |      |               | X     |         | X   |           |       |        |                      |
| BAJA BOWL WITH SPICY CHICKEN   |        |          |           |      |               | X     |         | X   |           |       |        |                      |
| BAJA BOWL NO PROTEIN   |        |          |           |      |               | X     |         | X   |           |       |        |                      |
| CHICKEN BOWL W HOISIN  |        |          |           |      |               |       |         | X   |           | X     | X      |                      |
| CHICKEN BOWL W TERIYAKI  |        |          |           |      |               |       |         | X   |           | X     | X      |                      |
| VEGGIE BOWL  |        |          |           |      |               |       |         | X   |           |       |        |                      |
| HOISIN SAUCE   |        |          |           |      |               |       |         | X   |           | X     | X      |                      |
| TERIYAKI SAUCE   |        |          |           |      |               |       |         | X   |           | X     | X      |                      |
| Burgers - Nutritional data for Burgers does not include sides or buns which are listed below | *Fried | *Grilled | Shellfish | Eggs | Fish          | Dairy | Peanuts | Soy | Tree Nuts | Wheat | Sesame | MONOSODIUM GLUTAMATE |
| BIG WAVE BURGER (NO CHEESE NO BUN)   |        |          |           |      |               |       |         |     |           |       |        |                      |
| BIG WAVE CHEESE BURGER (NO BUN)  |        |          |           |      |               | X     |         |     |           |       |        |                      |
| BLEUNAMI BURGER (NO BUN)   |        |          |           | X    |               | X     |         | X   |           | X     |        |                      |
| HAWAIIAN BURGER (NO BUN)   |        |          |           | X    |               | X     |         | X   |           | X     | X      |                      |
| HULA (NO BUN)  |        |          |           | X    |               | X     |         | X   |           |       |        |                      |
| KILAUEA BURGER (NO BUN)  | *      |          |           | X    | *             | X     |         | X   |           | X     |        |                      |
| LONGBOARDER BURGER (NO CHEESE NO BUN)  |        |          |           | X    | X (Anchovies) |       |         | X   |           |       |        |                      |
| MALIBU BURGER (NO BUN)   |        |          |           |      |               | X     |         |     |           |       |        |                      |
| MAUI BURGER (NO BUN)   |        |          |           | X    |               | X     |         |     |           |       |        |                      |
| PIPELINE BURGER (NO BUN)   |        |          |           |      |               | X     |         |     |           | X     |        |                      |
| VEGGIE BURGER (NO BUN)   |        |          |           |      |               | X     |         | X   |           | X     |        |                      |
| PLANT BASED PATTY  |        |          |           |      |               |       |         | X   |           |       |        |                      |
| BEEF PATTY ONLY  |        |          |           |      |               |       |         |     |           |       |        |                      |
| TURKEY PATTY ONLY  |        |          |           |      |               |       |         |     |           |       |        |                      |
| VEGGIE PATTY ONLY  |        |          |           |      |               | X     |         | X   |           | X     |        |                      |
| Buns, Tortillas, Bread   | *Fried | *Grilled | Shellfish | Eggs | Fish          | Dairy | Peanuts | Soy | Tree Nuts | Wheat | Sesame | MONOSODIUM GLUTAMATE |
| CORN TORTILLA  |        |          |           |      |               |       |         |     |           |       |        |                      |
| SOURDOUGH BREAD  |        |          |           |      |               |       |         |     |           | X     |        |                      |
| FLOUR TORTILLA   |        |          |           |      |               |       |         | X   |           | X     |        |                      |
| GLUTEN FREE BUN  |        |          |           |      |               |       |         |     |           |       |        |                      |
| SLIDER BUN   |        |          |           |      |               |       |         | X   |           | X     |        |                      |
| KIDS JR BUN  |        |          |           |      |               |       |         | X   |           | X     |        |                      |
| WHEAT BUN  |        |          |           |      |               |       |         | X   |           | X     |        |                      |
| WHITE BUN  |        |          |           |      |               |       |         | X   |           | X     |        |                      |
| KIDS- Allergen data for kids items does not include sides which are listed separately.       | *Fried | *Grilled | Shellfish | Eggs | Fish          | Dairy | Peanuts | Soy | Tree Nuts | Wheat | Sesame | MONOSODIUM GLUTAMATE |
| JR MAC N CHEESE  |        |          |           |      |               | X     |         |     |           | X     |        |                      |
| JR SANDCASTLE  |        |          |           | X    |               | X     |         | X   |           | X     |        |                      |
| JR TIKI TENDERS (WITHOUT RANCH DRESSING)   |        |          |           |      |               | X     |         | X   |           | X     |        |                      |
| JR WAVE (NO CHEESE or bun)   |        |          |           |      |               |       |         |     |           |       |        |                      |
| JR WAVE CHEESE BURGER ( no bun)  |        |          |           |      |               | X     |         |     |           |       |        |                      |
| Additions and sides  | *Fried | *Grilled | Shellfish | Eggs | Fish          | Dairy | Peanuts | Soy | Tree Nuts | Wheat | Sesame | MONOSODIUM GLUTAMATE |
| APPLESAUCE   |        |          |           |      |               |       |         |     |           |       |        |                      |
| AVOCADO SLICES   |        |          |           |      |               |       |         |     |           |       |        |                      |
| BLEU CHEESE CRUMBLES   |        |          |           |      |               | X     |         |     |           |       |        |                      |
| CHEDDAR CHEESE   |        |          |           |      |               | X     |         |     |           |       |        |                      |
| CHEDDAR / JACK CHEESE BLEND  |        |          |           |      |               | X     |         |     |           |       |        |                      |
| FRESH PINEAPPLE  |        |          |           |      |               |       |         |     |           |       |        |                      |
| Additions and sides  | *Fried | *Grilled | Shellfish | Eggs | Fish          | Dairy | Peanuts | Soy | Tree Nuts | Wheat | Sesame | MONOSODIUM GLUTAMATE |
| CHILI  |        |          |           |      |               |       |         |     |           | X     |        |                      |
| FRIED EGG  |        |          |           | X    |               |       |         |     |           |       |        |                      |
| GUACAMOLE  |        |          |           |      |               |       |         |     |           |       |        |                      |
| HICKORY SMOKED BACON   |        |          |           |      |               |       |         |     |           |       |        |                      |
| ISLANDS REDS™  | *      |          |           |      | *             | X     |         | X   |           | X     |        |                      |
| PEPPER JACK CHEESE   |        |          |           |      |               | X     |         |     |           |       |        |                      |
| SAUTEED MUSHROOMS  |        |          |           |      |               |       |         |     |           |       |        |                      |
| SMASHED BEANS  |        |          |           |      |               |       |         |     |           |       |        |                      |
| SOUR CREAM   |        |          |           |      |               | X     |         |     |           |       |        |                      |
| SPICY CHICKEN  |        |          |           |      |               |       |         |     |           |       |        |                      |
| STEAMED VEGGIES W/BUTTER   |        |          |           |      |               | X     |         |     |           |       |        |                      |
| SWISS CHEESE   |        |          |           |      |               | X     |         |     |           |       |        |                      |



# Allergen Information

| Sauces                             | *Fried | *Grilled | Shellfish | Eggs | Fish          | Dairy | Peanuts | Soy | Tree Nuts                         | Wheat | Sesame | MONOSODIUM GLUTAMATE |
|------------------------------------|--------|----------|-----------|------|---------------|-------|---------|-----|-----------------------------------|-------|--------|----------------------|
| BBQ SAUCE                          |        |          |           |      |               |       |         |     |                                   |       |        |                      |
| CHIPOTLE AIOLI                     |        |          |           | X    |               |       |         | X   |                                   |       |        |                      |
| ISLANDS SALSA                      |        |          |           |      |               |       |         |     |                                   |       |        |                      |
| MAYONNAISE                         |        |          |           | X    |               |       |         | X   |                                   |       |        |                      |
| PICO DE GALLO                      |        |          |           |      |               |       |         |     |                                   |       |        |                      |
| SALSA VERDE                        |        |          |           |      |               |       |         |     |                                   |       |        |                      |
| SURFBOARDER BBQ DRESSING           |        |          |           | X    | X (Anchovies) | X     |         | X   |                                   |       |        |                      |
| WING SAUCE                         |        |          |           |      |               | X     |         |     |                                   |       |        |                      |
| YELLOW MUSTARD                     |        |          |           |      |               |       |         |     |                                   |       |        |                      |
| Desserts                           | *Fried | *Grilled | Shellfish | Eggs | Fish          | Dairy | Peanuts | Soy | Tree Nuts                         | Wheat | Sesame | MONOSODIUM GLUTAMATE |
| CHOCOLATE LAVA                     |        |          |           | X    |               | X     | X       | X   | X                                 | X     |        |                      |
| FUDGE BROWNIE                      |        |          |           | X    |               | X     |         | X   |                                   | X     |        |                      |
| ICE CREAM SUNDAE                   |        |          |           | X    |               | X     |         |     | X                                 |       |        |                      |
| JR SUNDAE (NO NUTS)                |        |          |           | X    |               | X     |         |     |                                   |       |        |                      |
| KONA PIE                           |        |          |           | X    |               | X     | X       | X   | X                                 | X     |        |                      |
| ROOT BEER FLOAT                    |        |          |           | X    |               | X     |         |     |                                   |       |        |                      |
| Shakes & Smoothies                 | *Fried | *Grilled | Shellfish | Eggs | Fish          | Dairy | Peanuts | Soy | Tree Nuts                         | Wheat | Sesame | MONOSODIUM GLUTAMATE |
| ULTIMATE CHOCOLATE SHAKE           |        |          |           |      |               | X     |         |     |                                   |       |        |                      |
| COOL BREEZE                        |        |          |           |      |               | X     |         |     | X Coconut                         |       |        |                      |
| LEMON FREEZE                       |        |          |           |      |               | X     |         |     |                                   |       |        |                      |
| STRAWBERRY SHAKE                   |        |          |           |      |               | X     |         |     |                                   |       |        |                      |
| VANILLA SHAKE                      |        |          |           |      |               | X     |         |     |                                   |       |        |                      |
| MINT OREO SHAKE                    |        |          |           |      |               | X     |         | X   |                                   | X     |        |                      |
| OREO SHAKE                         |        |          |           |      |               | X     |         | X   |                                   | X     |        |                      |
| Alcoholic Beverages                | *Fried | *Grilled | Shellfish | Eggs | Fish          | Dairy | Peanuts | Soy | Tree Nuts                         | Wheat | Sesame | MONOSODIUM GLUTAMATE |
| AGAVE OLD FASHIONED                |        |          |           |      |               |       |         |     |                                   |       |        |                      |
| AGUA FRESCA- MANGO PASSION         |        |          |           |      |               |       |         |     |                                   |       |        |                      |
| AGUA FRESCA- PINEAPPLE OASIS       |        |          |           |      |               |       |         |     |                                   |       |        |                      |
| BIG ISLAND ICED TEA                |        |          |           |      |               |       |         |     |                                   |       |        |                      |
| BLOODY MARY                        |        |          |           |      | X (Anchovies) |       |         | X   |                                   |       |        |                      |
| DEEP BLUE SEA COCKTAIL             |        |          |           |      |               |       |         |     | X (Coconut rum)<br>MACADAMIA NUTS |       |        |                      |
| ESPRESSO MARTINI                   |        |          |           |      |               |       |         |     |                                   |       |        |                      |
| HIGH NOON                          |        |          |           |      |               |       |         |     |                                   |       |        |                      |
| ISLANDS SPRITZ                     |        |          |           |      |               |       |         |     |                                   |       |        |                      |
| KENTUCKY MULE                      |        |          |           |      |               |       |         |     |                                   |       |        |                      |
| LAVA FLOW                          |        |          |           |      |               |       |         |     | X (Coconut)                       |       |        |                      |
| MAI TAI                            |        |          |           |      |               |       |         |     | X (Contains Almond Flavor)        |       |        |                      |
| MANGORITA                          |        |          |           |      |               |       |         |     |                                   |       |        |                      |
| MARGARITA FROZEN                   |        |          |           |      |               |       |         |     |                                   |       |        |                      |
| MARGARITA FROZEN STRAWBERRY        |        |          |           |      |               |       |         |     |                                   |       |        |                      |
| MARGARITA LIGHT                    |        |          |           |      |               |       |         |     |                                   |       |        |                      |
| MARGARITA ROCKS                    |        |          |           |      |               |       |         |     |                                   |       |        |                      |
| MOJITO                             |        |          |           |      |               |       |         |     |                                   |       |        |                      |
| MOSCOW MULE                        |        |          |           |      |               |       |         |     |                                   |       |        |                      |
| PARADISE MULE                      |        |          |           |      |               |       |         |     |                                   |       |        |                      |
| PASSION PARADISE MARGARITA         |        |          |           |      |               |       |         |     |                                   |       |        |                      |
| PINA COLADA                        |        |          |           |      |               |       |         |     | X (Coconut)                       |       |        |                      |
| PRICKLY PEAR MARGARITA             |        |          |           |      |               |       |         |     |                                   |       |        |                      |
| SHIPWRECK                          |        |          |           |      |               |       |         |     |                                   |       |        |                      |
| SUNSET COLADA                      |        |          |           |      |               |       |         |     | X (Coconut)                       |       |        |                      |
| SUNSET MARGARITA                   |        |          |           |      |               |       |         |     |                                   |       |        |                      |
| TROPICAL FLIGHT                    |        |          |           |      |               |       |         |     |                                   |       |        |                      |
| TRULY HARD SELTZER                 |        |          |           |      |               |       |         |     |                                   |       |        |                      |
| TRULY PINEAPPLE                    |        |          |           |      |               |       |         |     |                                   |       |        |                      |
| TRULY WILD BERRY                   |        |          |           |      |               |       |         |     |                                   |       |        |                      |
| WHITE CLAW HARD SELTZER (12oz can) |        |          |           |      |               |       |         |     |                                   |       |        |                      |
| WHITE CLAW HARD SELTZER (per oz)   |        |          |           |      |               |       |         |     |                                   |       |        |                      |
| WHITE CLAW MANGO (12oz can)        |        |          |           |      |               |       |         |     |                                   |       |        |                      |
| WHITE CLAW MANGO (per oz)          |        |          |           |      |               |       |         |     |                                   |       |        |                      |
| WHITE CLAW BLACK CHERRY (12oz can) |        |          |           |      |               |       |         |     |                                   |       |        |                      |
| WHITE CLAW BLACK CHERRY (per oz)   |        |          |           |      |               |       |         |     |                                   |       |        |                      |
| CHILE MANGORITA                    |        |          |           |      |               |       |         |     |                                   |       |        |                      |



# Allergen Information

| OFF THE MENU ITEMS                    |        |          |           |      |               |       |         |     |           |       |        |                      |
|---------------------------------------|--------|----------|-----------|------|---------------|-------|---------|-----|-----------|-------|--------|----------------------|
| BROCCOLI SIDE (NO BUTTER)             |        |          |           |      |               |       |         |     |           |       |        |                      |
| BUFFALO TIKI TENDERS WITH RANCH       |        |          |           | X    |               | X     |         | X   |           | X     |        | X                    |
| KETCH                                 |        |          |           | X    | X             | X     |         | X   |           |       |        | X                    |
| PROTEIN BURGER PLATTER                |        |          |           |      |               | X     |         | X   |           |       |        |                      |
| PROTEIN CHICKEN PLATTER               |        |          |           |      |               | X     |         | X   |           |       |        |                      |
| PROTEIN COMBO PLATTER                 |        |          |           |      |               | X     |         | X   |           |       |        |                      |
| PROTEIN TURKEY PLATTER                |        |          |           |      |               | X     |         | X   |           |       |        |                      |
| TUNA MELT (LUNCH MENU)                |        |          |           | X    | X             | X     |         | X   |           | X     |        |                      |
| CALIFORNIA TACOS (NO DRESSING)        |        |          |           |      |               | X     |         | X   |           | X     |        |                      |
| CHARLEY TACOS (NO DRESSING)           |        |          |           |      | X             | X     |         | X   |           | X     |        |                      |
| MAVERICKS BURGER                      |        |          |           | X    | X (Anchovies) | X     |         | X   |           | X     |        |                      |
| QUESADILLA W/OUT CHICKEN              |        |          |           |      |               | X     |         |     |           | X     |        |                      |
| WIQUI WAQUI SALAD                     |        |          |           | X    | X (Anchovies) | X     |         | X   |           |       |        | X                    |
| CHICKEN CLUB WRAP ( includes wrap)    |        |          |           | X    | X (Anchovies) | X     |         | X   |           | X     |        | X                    |
| LUNCH MENU AND LUNCH TEST ITEMS       | *Fried | *Grilled | Shellfish | Eggs | Fish          | Dairy | Peanuts | Soy | Tree Nuts | Wheat | Sesame | MONOSODIUM GLUTAMATE |
| PATTY MELT (LUNCH MENU)               |        |          |           |      |               | X     |         | X   |           | X     |        |                      |
| DOUBLE STACK BURGER (LUNCH MENU)      |        |          |           |      |               | X     |         | X   |           | X     |        |                      |
| MAINLANDER W/ CHICKEN                 |        |          |           | X    |               | X     |         | X   |           |       |        | X                    |
| THE WEDGE (BLT) NO BUN                |        |          |           | X    |               | X     |         | X   |           |       |        |                      |
| MAINLANDER                            |        |          |           | X    |               | X     |         | X   |           |       |        | X                    |
| TEST ITEMS                            | *Fried | *Grilled | Shellfish | Eggs | Fish          | Dairy | Peanuts | Soy | Tree Nuts | Wheat | Sesame | MONOSODIUM GLUTAMATE |
| PASSIONFRUIT SODA                     |        |          |           |      |               | X     |         |     |           |       |        |                      |
| STRAWBERRY SODA                       |        |          |           |      |               | X     |         |     |           |       |        |                      |
| PRICKLY PEAR SODA                     |        |          |           |      |               | X     |         |     |           |       |        |                      |
| VANILLA SHAKE                         |        |          |           |      |               | X     |         | X   |           |       |        |                      |
| ULTIMATE CHOCOLATE SHAKE              |        |          |           |      |               | X     |         | X   |           |       |        |                      |
| STRAWBERRY SHAKE                      |        |          |           |      |               | X     |         | X   |           |       |        |                      |
| LIMITED TIME ONLY/ SEASONAL OFFERINGS | *Fried | *Grilled | Shellfish | Eggs | Fish          | Dairy | Peanuts | Soy | Tree Nuts | Wheat | Sesame | MONOSODIUM GLUTAMATE |
| MEDITERRANEAN BOWL                    |        |          |           |      |               | X     |         |     |           |       | X      |                      |
| PACIFIC RIM BOWL                      |        |          |           | X    |               |       |         | X   |           | X     | X      |                      |
| AGAVE OLD FASHIONED                   |        |          |           |      |               |       |         |     |           |       |        |                      |
| MARGARITA FLIGHT                      |        |          |           |      |               |       |         |     |           |       |        |                      |
| SANGRIA RED                           |        |          |           |      |               |       |         |     |           |       |        |                      |
| WATERMELON MARGARITA                  |        |          |           |      |               |       |         |     |           |       |        |                      |

This allergy data was prepared in Feb 2026. These suggested options are based solely on current ingredient information from our suppliers and their voluntary stated absences of allergens. From time to time we may have to substitute items due to an inventory shortage. Variations in serving sizes, preparation techniques, sources of supply, as well as regional and seasonal differences may affect the status of the data. We recommend alerting the manager to your food allergies so we can do our best to accommodate any requests. Due to the individualized nature of food allergies and food sensitivities, Islands cannot make recommendations to you. Please consult your physician. If you need further information or have suggestions, please contact Islands at (888) 476-4753.