

Thanksgiving Menu Dietary Grid						
Item	Vegetarian	Vegan	Gluten-Free	Dairy-Free	Nut-Free	Contains
Turkey – Whole (8-piece breakdown)	No	No	Yes	Yes	Yes	Turkey
Apple Herb Stuffing	Yes	No	No	No	Yes	Gluten, possible dairy
Sausage Stuffing (pork)	No	No	No	No	Yes	Pork, gluten
Green Beans (butter)	No	No	No	No	Yes	Butter (dairy)
Butternut Squash Lasagna	Yes	No	No	No	Yes	Dairy, gluten
Short Rib	No	No	Yes	Yes	Yes	Beef
Cranberry Sauce	Yes	Yes	Yes	Yes	Yes	—
Turkey Gravy	No	No	Yes	Yes	Yes	Turkey
Mashed Potatoes	No	No	Yes	No	Yes	Dairy
Mashed Sweets (Butter + Maple Syrup)	Yes	No	Yes	No	Yes	Butter, maple syrup
Honey Thyme Carrots	Yes	No	Yes	No	Yes	Honey, butter
Roasted Root Vegetables	Yes	Yes	Yes	Yes	Yes	—
Brussels Sprouts (Honey + Balsamic)	Yes	No	Yes	Yes	Yes	Honey
Quinoa Stuffing	Yes	Yes	Yes	Yes	Yes	—
Roasted Red Potatoes	Yes	Yes	Yes	Yes	Yes	—
Pumpkin Pie	Yes	No	No	No	Yes	Dairy, gluten
Butternut Squash Soup (Dairy + Honey)	Yes	No	Yes	No	Yes	Dairy, honey
Apple Crumb Pie	Yes	No	No	No	Yes	Dairy, gluten
House Salad (nuts, balsamic; feta on side)	Yes	Yes if feta omitted	Yes	Yes if feta omitted	No	Nuts, balsamic, feta (optional)
Mushrooms (roasted/sautéed)	Yes	Yes	Yes	Yes	Yes	—
Cheese Board	Yes	No	Depends on crackers	No	No (contains nuts)	Dairy, nuts
Chicken Fingers	No	No	No	No	Yes	Gluten, dairy
Antipasta (with pork + crostini)	No	No	No	Yes if no cheese	Yes	Pork, gluten (crostini)
Goat Cheese Tart / Crackers	Yes	No	No	No	Yes	Dairy, gluten
Shrimp Cocktail	No	No	Yes	Yes	Yes	Shrimp