

Allergy Chart

Tito's BURRITOS & WINGS

MENU ITEM	DAIRY	WHEAT	SOY	EGG	SHELLFISH	FISH	TREE NUTS	PEANUTS	SESAME
BURRITOS									
The Bird is the Word	•	•	•						
The Big Easy Blackened Chicken	•	•	•	•					
Fried Buffalo Chicken	•	•	•	•					
The Spicoli	•	•	•						
Veggie Lover	•	•	•						
Hang-Five Shrimp	•	•	•		•				
Mac Daddy Steak	•	•	•						
Hail Caesar!	•	•		•					
Hottie Chicken	•	•	•						
BURRITO BOWLS*									
The Bird is the Word	•								
The Big Easy Blackened Chicken	•			•					
Fried Buffalo Chicken	•	•	•	•					
The Spicoli	•								
Veggie Lover	•		•						
Hang-Five Shrimp	•		•		•				
Mac Daddy Steak	•								
Hail Caesar!	•			•					
Hottie Chicken	•	•	•						
*Crispy flour tortilla bowl contains gluten; "naked" burrito bowls do not									
TACOS									
Tito Chickito Chicken Taco	•	•*	•*						
The Lowboy Beef Taco	•	•*	•*						
The Tony Hawk Taco	•	•	•*	•					
Bang-Bang Tempura Shrimp Taco		•	•*	•	•				
Veggie Lover Taco	•	•*	•*						
Tito's Famous Fish Taco	•	•	•*			•			
The Fat Amy	•	•	•	•					
Fat Bastard	•								
*Represents tacos ordered with a SOFT SHELL (flour tortilla); HARD SHELL tacos (corn) do NOT contain the listed allergen(s)									
SALADS									
Taco Salad	•	•*	•*						
Chipotle Caesar Salad**	•			•					
*From the crispy flour tortilla bowl – can be ordered without **Allergens present in Chipotle Caesar dressing – can be ordered with a different dressing									
WINGS & STRIPS									
Wings (any qty)									
Strips (any qty)		•							

MENU ITEM	DAIRY	WHEAT	SOY	EGG	SHELLFISH	FISH	TREE NUTS	PEANUTS	SESAME
TOSS SAUCES/DIPPING SAUCES									
Aloha		•	•						
Mellow									
Hot, Sweet & Sticky									
Gnarly-Q	•		•						
Gnarly	•		•						
Super Gnarly	•		•						
Wings of Death	•		•						
Bleu Cheese	•		•	•					
Ranch	•			•					
Bang-Bang			•	•					
Spicy Chipotle			•	•					
QUESADILLAS									
12" Classic Quesadilla	•	•	•						
Grilled Chicken Quesadilla	•	•	•						
Grilled Steak Quesadilla	•	•	•						
The Miguelito Quesadilla	•	•	•						
LOADED NACHOS									
The Original	•								
EMPANADAS									
Shredded Chicken	•	•							
Ground Beef	•	•							
FOR THE KIDS									
Kids-a-dilla Meal	•	•	•						
Kids Taco Meal	•	•*	•*						
Rippin' Strips Meal		•							
	*Represents tacos ordered with a SOFT SHELL (flour tortilla); HARD SHELL tacos (corn) do NOT contain the listed allergen(s)								
STARTERS, SIDES & EXTRAS									
Homemade Corn Tortilla Chips									
Fresh Guacamole									
Hand-cut Fries									
Rice & Beans Bowl	•								
Sour Cream	•								
Bowl of Rice									
Bowl of Beans									
DESSERT									
Cookie Dough Empanadas	•	•	•						
Chewy Marshmallow Bar*	•								
Churros		•							
	*Contains gelatin								

Many of our items that contain allergens like Dairy, Wheat or Soy can be modified to remove the allergen (aka just how you want it!). Please let us know if you have any questions regarding your dietary needs.