

Allergy Menu



PIZZAS

PRODUCT NAME	MILK / DAIRY	EGGS	PEANUTS	TREE NUTS	WHEAT	SOY	FISH	SHELLFISH	SESAME
Big Sur	•				•				
Castroville	•			•	•	•			
Cowell's Combo	•				•				
Create Your Own Pizzas	•				•				
D'Lex Chicken & Bacon	•				•	•			
Doheny Sweet Heat	•				•				
Figgy Piggy	•				•				
Fort Point	•			•	•	•			
Little Sur	•				•				
Manresa	•				•				
Maui Wowie	•				•				
Maverick's	•				•				
Mendocino - Vegan					•				
Mt Diablo - Vegan					•				
Old School Pepperoni	•				•				
Pesto	•			•	•				
Prima	•				•				
Rockaway	•				•				
Sunset Beach	•				•				
The Classic	•				•				
The Hook	•				•	•			
Vegan Big Sur					•				
Virgin Creek	•				•				
Watsonville Apple	•				•				
Wingnut's	•				•				

SALADS, SAUCES & DRESSINGS

PRODUCT NAME	MILK / DAIRY	EGGS	PEANUTS	TREE NUTS	WHEAT	SOY	FISH	SHELLFISH	SESAME
Balsamic Dressing									
BBQ Sauce									
Blue Cheese Dressing	•	•				•			
Greek Dressing						•			
Italian Dressing						•			
Ranch Dressing	•	•				•			
Salad - Chicken Caesar	•	•			•		•		
Salad - Chicken Walnut	•			•	•				
Salad - Classic Caesar	•	•			•		•		
Salad - Greek Salad	•				•	•			
Salad - Mixed Greens					•				

APPETIZERS & DESSERTS

PRODUCT NAME	MILK / DAIRY	EGGS	PEANUTS	TREE NUTS	WHEAT	SOY	FISH	SHELLFISH	SESAME
Cinna Bomb	•				•				
Kook-ie	•	•			•				
Buffalo Wings					•				
Bread Stix	•				•				
Cheesy Breadstix	•				•				

APPETIZERS & DESSERTS

PRODUCT NAME	MILK / DAIRY	EGGS	PEANUTS	TREE NUTS	WHEAT	SOY	FISH	SHELLFISH	SESAME
Anchovies - Topping							•		
Pesto				•					

While allergens are detailed for menu items, all food is prepared in a shared kitchen and may contain traces of allergens not specific to that item.