

FIELD & SOCIAL

CHICKEN + EGG PROTEIN BOWL

Roasted chicken breast, free-run egg,
kale, quinoa, cumin-spiced chickpeas +
miso dressing
gluten free

TOTAL CALORIES
532

FAT (G)
26

SAT FAT (G)
3

CARBS (G)
42

FIBER (G)
7

SUGAR (G)
4

SODIUM (MG)
900

PROTEIN (G)
35

PLANT-BASED PROTEIN BOWL

Tempeh, tofu, kale, quinoa, cumin-spiced
chickpeas + miso dressing
vegan, gluten-free

TOTAL CALORIES
478

FAT (G)
25

SAT FAT (G)
4

CARBS (G)
44

FIBER (G)
7

SUGAR (G)
5

SODIUM (MG)
771

PROTEIN (G)
20