

FIELD & SOCIAL

PEANUT BUTTER + CHOCOLATE CHIP COOKIES

gluten free

TOTAL CALORIES	FAT (G)	SAT FAT (G)	CARBS (G)	FIBER (G)	SUGAR (G)	SODIUM (MG)	PROTEIN (G)
285	16.6	40	32	2	20	205	8

CHIA PUDDING + FRESH BERRIES

vegan, gluten free

TOTAL CALORIES	FAT (G)	SAT FAT (G)	CARBS (G)	FIBER (G)	SUGAR (G)	SODIUM (MG)	PROTEIN (G)
423	30	17	31	15	9	66	7

LEMON PROTEIN BALLS

gluten free

TOTAL CALORIES	FAT (G)	SAT FAT (G)	CARBS (G)	FIBER (G)	SUGAR (G)	SODIUM (MG)	PROTEIN (G)
271	19	7	18	2	8	5	9

GREEK YOGURT + FRESH BERRIES

gluten free

TOTAL CALORIES	FAT (G)	SAT FAT (G)	CARBS (G)	FIBER (G)	SUGAR (G)	SODIUM (MG)	PROTEIN (G)
238	17	10	18	1	12	80	6

HUMMUS + PITA CHIPS

vegan

TOTAL CALORIES	FAT (G)	SAT FAT (G)	CARBS (G)	FIBER (G)	SUGAR (G)	SODIUM (MG)	PROTEIN (G)
369	21	3	37	2	2	278	11

COTTAGE CHEESE + CRUDITES

gluten free

TOTAL CALORIES	FAT (G)	SAT FAT (G)	CARBS (G)	FIBER (G)	SUGAR (G)	SODIUM (MG)	PROTEIN (G)
80	0	0	10	2	6	268	5

EGG BITES

gluten free

TOTAL CALORIES	FAT (G)	SAT FAT (G)	CARBS (G)	FIBER (G)	SUGAR (G)	SODIUM (MG)	PROTEIN (G)
94	6	3	0	0	1	148	7