

# Individual BOWLS

Choose your base: Basmati rice, Mixed greens,  
Quinoa with lentils, Half & half

## CHICKEN TIKKA MASALA BOWL **D** \$16.8

Your choice of base with grilled chicken in rustic tomato curry with pickled onions, hot honey, crispy onions, cilantro

## GOLDEN CHICKEN CURRY BOWL **S** \$16.8

Your choice of base with grilled chicken, turmeric coconut curry, INDAY slaw, cilantro chutney, sesame coconut crunch, cilantro

## TAMARIND GLAZED SALMON BOWL **S** \$19

Your choice of base with spice crusted salmon, INDAY slaw, sesame & coconut crusted avocado, mango chutney, cilantro

## CHARRED CHILI CHICKEN BOWL **D** **🔥** \$15.9

Your choice of base with grilled chicken, romaine, pickled onions, cucumbers, habanero hot sauce, garlic yogurt, crispy onions, cilantro

## STEAK SATAY BOWL **N** \$19

Steak, roasted sweet potatoes, kachumber, cashews, cucumbers, cilantro, pickled onions, satay sauce

## KARMA BOWL **D** **VG** \$16.8

Your choice of base with saag paneer\*, chickpea curry, yellow daal, pickled onions, kachumber, and fresh herbs

## CHICKPEA CURRY BOWL **V** \$16.8

Your choice of base with chickpea curry, roasted cauliflower, roasted sweet potatoes, kachumber, cilantro chutney, crispy onions and cilantro

# Beverages

PER  
PERSON

## HOUSE MADE **V** \$6.50

MANGO LASSI

INDAY CHAI

TURMERIC LEMONADE

HIBISCUS LEMONADE

## IN HOUSE **V** \$3.50

SPINDRIFT LEMON

SPINDRIFT GRAPEFRUIT

SARATOGA SPARKLING OR STILL WATER

# Desserts

SESAME CHOCOLATE  
CHIP COOKIE

**D G S VG**



\$ 4.50

## EVENTS & BUYOUTS

*Host your next event at  
Inday Rockefeller Center!*

EMAIL US [CATERING@INDAYNYC.COM](mailto:CATERING@INDAYNYC.COM)

[INDAYALLDAY.COM/CATERING](http://INDAYALLDAY.COM/CATERING)

# INDAY



# GOOD Karma SERVED DAILY

[INDAYALLDAY.COM](http://INDAYALLDAY.COM)  [@INDAYALLDAY](https://www.instagram.com/INDAYALLDAY)

# A La Carte

## CATERING TRAYS

SERVES  
8-10

### PROTEIN TRAYS

CHARRED CHICKEN	\$60
HERB ROASTED CHICKEN BREAST	\$70
GOLDEN CHICKEN THIGH CURRY	\$65
GOLDEN CHICKEN BREAST CURRY	\$75
CHICKEN TIKKA MASALA-THIGH <b>D</b>	\$65
CHICKEN TIKKA MASALA-BREAST <b>D</b>	\$75
TAMARIND GLAZED SALMON	\$80
GRILLED STEAK	\$100
SAAG PANEER* <b>VG D</b>	\$65
TOFU TIKKA MASALA <b>VG D</b>	\$60
CRISPY TOFU W/ SWEET CHILI GLAZE <b>V S</b>	\$60
TAMARIND MASALA CHICKPEA CURRY <b>V</b>	\$55

### BASES **V**

BASMATI RICE .....	\$25
QUINOA W/LENTILS MIXED .....	\$35
GREENS .....	\$45

*Greens and slaw come with choice of dressing: Lime Chaat Vinaigrette, Mango Chile dressing or, Indian Green Goddess **D***



### SAUCES

GOLDEN CURRY (+5) <b>VG</b>	INDIAN GREEN GODDESS <b>VG D</b>
TIKKA MASALA (+5) <b>VG D</b>	HABANERO HOT SAUCE <b>V</b> <b>🔥</b> <b>🔥</b>
GARLIC YOGURT <b>VG D</b>	MANGO CHILI VIN <b>V</b> <b>🔥</b>
TAMARIND CHUTNEY <b>V</b>	
CILANTRO CHUTNEY <b>V</b>	



\$10

### TOPPINGS

\$10

CRISPY RICE*	CRISPY ONIONS
CUCUMBERS	ROASTED CASHEWS <b>N</b>
KACHUMBER	MANGO CHUTNEY <b>🔥</b>
PICKLED ONIONS	GREEN CHILI CHUTNEY <b>🔥</b> <b>🔥</b>
SESAME COCONUT CRUNCH <b>S</b>	

### BREADS & SIDES

ROASTED CAULIFLOWER <b>V</b>	\$50
DAAL W/ TOMATO & SPICES <b>V</b>	\$50
ROASTED SWEET POTATOES <b>V</b>	\$50
COCONUT CRUSTED AVOCADO <b>S</b>	\$80
SAMOSAS WITH CHUTNEY <b>G</b>	\$50
PLAIN NAAN <b>G D VG</b>	\$45
GARLIC NAAN <b>G D VG</b>	\$45
INDAY SLAW <b>VG</b>	\$50

## BUILD YOUR OWN BOWL

# Catering Packages

**SMALL** SERVES 8-10 **\$200**

*Your choice of 1 base, 1 protein\*, 2 sides and 2 sauces or toppings*

**MEDIUM** SERVES 15-20 **\$400**

*Your choice of 2 bases, 2 proteins\*, 4 toppings & sauces, and 4 sides*

**LARGE** SERVES 35-40 **\$800**

*Includes your choices of 4 bases, 4 proteins\*, 8 toppings & sauces, and 8 sides*

### \* ADD-ON'S TO PACKAGES

GRILLED STEAK	+\$40
TAMARIND GLAZED SALMON	+\$40
COCONUT CRUSTED AVOCADO	+\$40

### SWEET TREATS

SESAME CHOCOLATE  
CHIP COOKIE **D G S VG**

SERVES  
8-10

\$50

<b>G</b> CONTAINS GLUTEN	<b>V</b> VEGAN	<b>🔥</b> SPICY	<b>VG</b> VEGETARIAN
<b>N</b> CONTAINS NUTS	<b>D</b> CONTAINS DAIRY	<b>S</b> CONTAINS SESAME	

\*MAY CONTAIN TRACES OF GLUTEN