

ALLERGEN & LIFESTYLE INFORMATION

‡THE FOLLOWING MAJOR FOOD ALLERGENS ARE USED AS INGREDIENTS: MILK, EGG, FISH, CRUSTACEAN SHELLFISH, TREE NUTS, PEANUTS, WHEAT, SOY, AND SESAME. PLEASE NOTIFY OUR TEAM FOR MORE INFORMATION ABOUT THESE INGREDIENTS OR VISIT OUR INTERACTIVE ALLERGEN AND NUTRITIONAL MENUS.

WHILE WE OFFER GLUTEN-FREE ITEMS, OUR KITCHEN IS NOT GLUTEN-FREE AND CROSS CONTAMINATION CAN OCCUR.

V = VEGAN | VEG =VEGETARIAN | GF = GLUTEN-FREE | DF = DAIRY-FREE

www.snappysalads.com/menus

CREATE YOUR OWN		Lifestyle	Wheat Gluten	Egg	Milk/Dairy	Soy	Sesame	Fish	Shell-fish	Peanut	Tree Nut
LETTUCE	ARUGULA	V, VEG, GF, DF									
	ICEBERG	V, VEG, GF, DF									
	KALE	V, VEG, GF, DF									
	MIXED GREENS	V, VEG, GF, DF									
	RED CABBAGE	V, VEG, GF, DF									
	ROMAINE	V, VEG, GF, DF									
	SPINACH	V, VEG, GF, DF									
TOPPINGS	BACON	GF, DF									
	BLACK BEANS	V, VEG, GF, DF									
	BLACK BEAN/POBLANO/CORN RELISH	V, VEG, GF, DF									
	BROCCOLI	V, VEG, GF, DF									
	CARROTS	V, VEG, GF, DF									
	CANDIED PECAN	VEG, GF			•	•				•	•
	CELERY	V, VEG, GF, DF									
	CHARRED BROCCOLI	V, VEG, GF, DF									
	CHARRED RED ONION	V, VEG, GF, DF									
	CHICKPEAS	V, VEG, GF, DF									
	CHOPPED ALMONDS	V, VEG, GF, DF									•
	CRUMBLED EGG	VEG, GF, DF		•							
	CUCUMBER	V, VEG, GF, DF									
	DRIED CHERRIES	V, VEG, GF, DF									
	DRIED CRANBERRIES	V, VEG, GF, DF									
	EDAMAME	V, VEG, GF, DF				•					
	FIRE-ROASTED CORN	V, VEG, GF, DF									
	FUJI APPLES	V, VEG, GF, DF									
	GREEN CHILES	V, VEG, GF, DF									
	GREEN ONIONS	V, VEG, GF, DF									
	KALAMATA OLIVES	V, VEG, GF, DF									
	PEPPERONCINIS	V, VEG, GF, DF									
	QUINOA	V, VEG, GF, DF									
	RAINBOW SLAW	V, VEG, GF, DF									
	RED ONIONS	V, VEG, GF, DF									
	ROASTED BROCCOLI	V, VEG, GF, DF									
	ROASTED RED PEPPERS	V, VEG, GF, DF									
	ROASTED SWEET POTATO	V, VEG, GF, DF									
	TOMATO	V, VEG, GF, DF									
CHEESES	COTIJA	VEG, GF			•						
	FETA	VEG, GF			•						
	GOAT CHEESE	VEG, GF			•						
	GORGONZOLA	VEG, GF			•						
	PARMESAN	VEG, GF			•						
	WHITE CHEDDAR	VEG, GF			•						

CREATE YOUR OWN		Lifestyle	Wheat Gluten	Egg	Milk/ Dairy	Soy	Sesame	Fish	Shell- fish	Peanut	Tree Nut
CRUNCHY	CRISPY ONION	V, VEG, DF	●								
	FRITOS CORN CHIPS	V, VEG, GF, DF									
	HOUSE-MADE FOCACCIA CROUTONS	VEG	●	●	●	●					
	PARMESAN CRISPS	VEG, GF			●						
	STACY'S PITA CHIPS	V, VEG, DF	●				●				
	TORTILLA CHIPS	V, VEG, GF, DF									
	WONTONS	V, VEG, DF	●								
DRESSINGS & SAUCES	VINAIGRETTES										
	BALSAMIC VINEGAR	V, VEG, GF, DF									
	BLUE CHEESE VINAIGRETTE	VEG, GF			●						
	BROWN DERBY COBB	GF, DF						●			
	CHIPOTLE-LIME VINAIGRETTE	VEG, GF, DF									
	EXTRA VIRGIN OLIVE OIL	V, VEG, GF, DF									
	FIRE-ROASTED SALSA	V, VEG, GF, DF									
	GREEK VINAIGRETTE	V, VEG, GF, DF									
	HONEY BALSAMIC VINAIGRETTE	VEG, GF, DF									
	LEMON VINAIGRETTE	V, VEG, GF, DF									
	ORGANIC SESAME GINGER VINAIGRETTE	V, VEG, DF	●			●	●				
	RED WINE VINEGAR	V, VEG, GF, DF									
	SWEET DIJON VINAIGRETTE	VEG, GF, DF		●							
	SWEET PARSLEY VINAIGRETTE	GF, DF						●			
	CREAMIES										
	BBQ RANCH	VEG, GF, DF		●							
	CHIPOTLE CAESAR	GF		●	●			●			
	CILANTRO CHILI LIME	VEG, GF		●	●						
	CREAMY CAESAR	GF		●	●			●			
	GREEN GODDESS DRESSING	VEG, GF		●	●						
	HOUSE-MADE RANCH	VEG, GF		●	●						
	SMOKY CHIPOTLE RANCH	VEG, GF		●	●						
	DRIZZLES										
	BBQ DRIZZLE	V, VEG, GF, DF									
	BUFFALO SAUCE DRIZZLE	V, VEG, GF, DF									
	FIRECRACKER SAUCE	VEG, GF		●	●	●	●				
	GOCHUJANG DRIZZLE	V, VEG, DF	●			●	●				
	GREEN HERB DRIZZLE	V, VEG, GF, DF									
	MEXICAN CREMA	VEG, GF			●						
	STRIKER SAUCE	VEG, GF, DF		●							
PROTEINS	BLACKENED SOCKEYE SALMON	GF, DF						●			
	CRISPY BUFFALO CHICKEN		●		●						
	CRISPY CHICKEN		●		●						
	FIRE-GRILLED STEAK TENDERLOIN	GF, DF									
	FRESH AVOCADO	V, VEG, GF, DF									
	GRILLED AVOCADO	V, VEG, GF, DF									
	GRILLED SOUTHWEST CHICKEN	GF, DF									
	HERB-GRILLED CHICKEN	GF, DF									
	LEMON HERB-GRILLED ORGANIC TOFU	V, VEG, GF, DF				●					
	LEMON HERB-ROASTED SHRIMP	GF, DF							●		
	PAN-SEARED SOCKEYE SALMON	GF, DF						●			
	SPICY AVOCADO	V, VEG, GF, DF									

CORE MENU ENTREES		Lifestyle	Wheat Gluten	Egg	Milk/ Dairy	Soy	Sesame	Fish	Shell- fish	Peanut	Tree Nut
SALADS	BAM BAM	GF, DF						●			●
	BBQ RANCH CHICKEN		●	●	●	●	●				
	BUFFALO CHICKEN		●	●	●						
	CAESAR CRUNCH SALAD		●	●	●	●		●			
	CLASSIC STEAKHOUSE <i>Available on Catering Menu</i>	GF			●						
	COBB	GF		●	●			●			
	COWBOY COOKOUT STEAK SALAD		●	●	●						
	GRILLED AVOCADO	VEG, GF			●						
	ORCHARD SALAD		●	●	●	●					●
	TEX-MEX CHICKEN			●	●						
WARM BOWLS	HEART & SEOUL STEAK BOWL	DF	●			●	●				
	HOT HONEY CHICKEN BOWL		●	●	●						
	MEDITERRANEAN BOWL		●	●	●		●				
	SOUTHWEST BOWL	GF		●	●						
	WILD HARVEST BOWL	GF			●						
WRAPS	CHICKEN BACON CLUB WRAP		●	●	●						
	CHIPOTLE CAESAR WRAP		●	●	●			●			
	GREEN MACHINE WRAP	VEG	●	●	●	●					
	SPICY STREET CORN WRAP		●	●	●						
	STEAK FAJITA WRAP		●	●	●						
LIGHTER FARE & SIDES, JUICES & DRINKS, KIDS		Lifestyle	Wheat Gluten	Egg	Milk/ Dairy	Soy	Sesame	Fish	Shell- fish	Peanut	Tree Nut
LIGHTER FARE & SIDES	CREAMY WHIPPED FETA DIP	VEG, GF			●						
	HERB FOCACCIA BREAD	VEG	●	●	●	●					
	LOADED MEDITERRANEAN HUMMUS	V, VEG, GF, DF					●				
	CELERY & CARROT STICKS	V, VEG, GF, DF									
	SOUP - CHICKEN POBLANO		●		●						
	SOURDOUGH BREAD W/BUTTER	VEG	●		●						
	SWEET POTATO CHIPS	V, VEG, GF, DF									
	TORTILLA CHIPS	V, VEG, GF, DF									
DESSERTS	CHEWY MARSHMALLOW BAR	VEG, GF			●						
	PERUVIAN CHOCOLATE BROWNIE	VEG	●	●	●	●					
	SALTED CARAMEL COOKIE	VEG	●	●	●	●					●
	TOFFEE CRUNCH BLONDIE	VEG	●	●	●	●					●
JUICE	APPLE GREENIE JUICE	V, VEG, GF, DF									
	GREEN DETOX JUICE	V, VEG, GF, DF									
	PINEAPPLE CITRUS COOLER JUICE	V, VEG, GF, DF									
	WAKE UP JUICE	V, VEG, GF, DF									
DRINKS	BOTTLED WATER	V, VEG, GF, DF									
	FRESH BREWED ICED TEA	V, VEG, GF, DF									
	KIDS APPLE JUICE	V, VEG, GF, DF									
	TOPO CHICO SPARKLING MINERAL WATER	V, VEG, GF, DF									
KIDS	KIDS AWESOME BOX		●		●	●					
	KIDS SALAD <i>See Create Your Own for allergen & lifestyle info</i>										