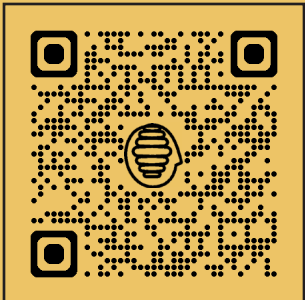


# HONEYBRAINS

RESTAURANT • CAFE • CATERING



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## BREAKFAST

- TEX MEX BOWL** 12  
Two Eggs, Pico de Gallo, Black Beans, Roasted Potatoes, Sliced Avocado, Chive Mix
- HB WAFFLES** 9  
Whole Wheat Waffles with Mixed Berries and Maple Syrup
- STEAK & EGGS** 14.5  
Sautéed Steak with Peppers, Eggs Over Easy, Spinach, Chive Mix
- OATMEAL** 8  
Gluten-Free Oatmeal, Quinoa, Coconut Milk, Raw Honey, Mixed Berries

## TOASTS

- AVOCADO** 12  
Avocado, Chia Salt Medley, Chive Mix, Infused EVOO, Sourdough
- EGG SALAD** 12  
Egg Salad, Cucumbers, Cayenne, Sourdough
- SMOKED SALMON** 12  
Smoked Salmon, Labneh, Cucumbers, Infused EVOO, Chive Mix, Sourdough
- PB & BANANA** 12  
Homemade Peanut Butter, Bananas, Raw Honey, Sourdough

## SIDES

- BROWN RICE** 6
- SWEET POTATO MASH** 6
- MANGO SALSA** 6
- ROASTED BROCCOLI** 6

- BACON, EGG & CHEESE SANDWICH** 10.5  
Turkey Bacon, Over Easy Eggs, Cheddar Cheese, Mixed Greens, Tomato-Basil, Vegan Aioli, Multi-Grain Bread
- GREEK YOGURT** 8  
Served with Raw Honey and Granola
- CHICKEN & WAFFLES** 13.5  
HB Waffles, Served with Maple Syrup, Mixed Berries and Chicken Schnitzel

## WRAPS

- EGG SALAD WRAP** 11  
Egg Salad, Cucumbers, Kale in a Whole Wheat Wrap
- CHICKEN WRAP** 11  
Chicken Paillard, Pico de Gallo, Spinach, Black Beans Saffron Yogurt, Pickled Onions, Pickled Holland Peppers, Whole Wheat Wrap
- EGG & AVOCADO WRAP** 10  
Scrambled Eggs, Pico de Gallo, Spinach, Avocado in a Whole Wheat Wrap

## SALADS

- COBB** 17.5  
Diced Chicken, Turkey Bacon, 8 Minute Egg, Avocado, Grape Tomatoes, HB Seasoned Walnuts, Zaatar Spiced Chickpeas, Blue Cheese, Mixed Greens
- CHOPPED THAI** 16  
Napa Cabbage, Red Cabbage, Carrots, Edamame, Mango, Cilantro, Scallions, Peanuts
- GREEN GODDESS** 16  
Kale, Avocado, Corn, Pistachios, Red Chilies, Pickled Red Onions, Anchovy-Labneh Dressing
- HB FRED'S CHICKEN** 17.5  
Chicken Breast, Mixed Greens, Apples, Edamame, Avocado, Grape Tomatoes, Red Onions, Walnuts

## SANDWICHES

- BACON, EGG, CHEESE** 10.5  
Turkey Bacon, Over Easy Eggs, Cheddar Cheese, Mixed Greens, Tomato-Basil, Vegan Aioli, Multi-Grain Bread
- TUNA SANDWICH** 14  
Tuna, 8 Minute Egg, Spinach, Tomato-Basil, Vegan Aioli, Multi-Grain Bread
- GRILLED KIM-CHEESE** 11  
Kimchi, Cheddar, Mozzarella, Gochujang, Basil, Vegan Aioli, Whole Wheat Pullman Bread
- HB CHICKEN SANDWICH** 14  
Baked Chicken Schnitzel, Mixed Greens, Tomato-Basil, Pickled Red Onions, Vegan Aioli, Multi-Grain Bread

## BOWLS

- THE FIESTA** 17.5  
Choice of Protein, Brown Rice, Pico de Gallo, Black Beans, Corn, Avocado, Saffron Yogurt, Chive Mix, Sriracha
- NORI NIRVANA** 17.5  
Choice of Protein, Farro, Curry Squash, Pickled Apples, Cucumber Kale Salad, Nori, Oyster Mushrooms, Yuzu Sauce
- ZEN CURRY** 17.5  
Choice of Protein, Coconut Corn Curry, Steamed Spinach, Oyster Mushrooms, Golden Raisins, Pickled Onions
- THE HAWAIIAN** 17.5  
Choice of Protein, Brown Rice, Scallions, Cucumbers, Avocado, Edamame, Mango Salsa, Roasted Shallots, Vegan Aioli

- SUPER SWEET POTATO** 17.5  
Choice of Protein, Sweet Potato Puree, Sautéed Broccoli, Spinach, Chimichurri, Almonds
- CHIRASHI (SUSHI BOWL)** 17.5  
Choice of Protein, Brown Rice, Nori, Roasted Shallots, Pickled Ginger, Avocado, Cucumbers, Scallions, Wasabi Sauce, Honey Soy

## DESSERT

- BERRY BOWL** 8  
Strawberries, Blueberries, Honey
- PB & BANANA BOWL** 8  
Peanut Butter, Raw Honey, Banana
- PASTRIES** N/A  
Pastry Selection Depends On Order

## LUNCH PLATTERS

Small Serves 10, Large Serves 20

### SALADS

#### COBB 150/290

Diced Chicken, Turkey Bacon, 8 Minute Egg, Avocado, Grape Tomatoes, HB Seasoned Walnuts, Zaatar Spiced Chickpeas, Blue Cheese, Mixed Greens

#### CHOPPED THAI 150/290

Napa Cabbage, Red Cabbage, Carrots, Edamame, Mango, Cilantro, Scallions, Peanuts

#### GREEN GODDESS 150/290

Kale, Avocado, Corn, Pistachios, Red Chilies, Pickled Red Onions, Anchovy-Labneh Dressing

#### HB FRED'S CHICKEN 150/290

Chicken Breast, Mixed Greens, Apples, Edamame, Avocado, Grape Tomatoes, Red Onions, Walnuts

### WRAPS

#### EGG SALAD WRAP 135/260

Egg Salad, Cucumbers, Kale in a Whole Wheat Wrap

#### CHICKEN WRAP 135/260

Chicken Paillard, Pico de Gallo, Spinach, Black Beans Saffron Yogurt, Pickled Onions, Pickled Holland Peppers, Whole Wheat Wrap

#### EGG & AVOCADO 135/260

Scrambled Eggs, Pico de Gallo, Spinach, Avocado in a Whole Wheat Wrap

#### ASSORTED WRAPS 135/260

Assorted Egg Salad, Chicken, and Egg & Avocado Wraps

### SANDWICHES

#### SANDWICH SLIDERS 95/180

A choice of our Chicken, Tofu, Tuna, Steak, Egg Salad or an Assortment of Sliders

#### SANDWICH PLATTER 135/260

Choice of our Chicken Sandwich, Tuna Sandwich or an Assorted Platter

#### GRILLED KIM-CHEESE PLATTER 100/190

Kimchi, Cheddar, Mozzarella, Gochujang, Basil, Vegan Aioli, Whole Wheat Pullman Bread

### BOWLS

#### VEGAN PACKAGE 185/360

Comes with a platter of Crispy Tofu, Rice, Spinach and Roasted Sweet Potatoes

#### CLASSIC PACKAGE 185/360

Comes with a platter of Chicken Paillard, Rice, Spinach and Roasted Sweet Potatoes

#### SURF 'N' TURF PACKAGE 185/360

Comes with a split of our Coffee Steak & Miso Salmon, Roasted Broccoli, Garlic Mashed Potatoes and Mixed Greens

#### CATCH OF THE DAY PACKAGE 185/360

Comes with Atlantic Salmon, Sweet Potatoes, Kale and Farro

## BUILD YOUR OWN BRAIN BOWL

Choose One Base,  
One Protein, Two Sides  
& Optional Dressing

SERVES APPROX. 10 | 190

### BASE

SPINACH

KALE

FARRO

MIXED  
GREENS

BROWN RICE

SWEET POTATO  
PUREE

### PROTEINS

All Proteins are Antibiotic and Hormone Free

MISO  
SALMON

CHICKEN  
SCHNITZEL

COFFEE  
STEAK

MUSHROOM

SAUTÉED  
STEAK

ATLANTIC  
SALMON

CHICKEN  
PAILLARD

CRISPY  
TOFU

OVER EASY &  
8 MINUTE EGGS

### SIDES

ROASTED  
CORN

BLACK  
BEANS

CHIMICHURRI  
SPINACH &  
BROCCOLI

ROASTED  
EDAMAME

ROASTED CURRY  
SQUASH

ROASTED  
BROCCOLI

MANGO  
SALSA

PICO DE GALLO

COCONUT  
CORN CURRY

GARLIC MASHED  
POTATOES

ROASTED SWEET  
POTATOES

### ADDITIONAL SIDE PLATTERS

Serves 10

CHOPPED SALAD

65

MANGO SALSA

60

FRUIT PLATTER

95

SEASONAL SOUP

75

## SIDE PLATTERS

<b>PROTEIN</b>	95/180
Atlantic Salmon, Miso Salmon, Coffee Steak, Crispy Tofu Paillard Styled Chicken, Baked Chicken Schnitzel	
<b>MIXED GREENS</b>	30/50
<b>SPINACH</b>	30/50
<b>KALE</b>	30/50
<b>FARRO</b>	40/70
<b>BROWN RICE</b>	40/70
<b>BLACK BEANS</b>	45/80
<b>PICO DE GALLO</b>	45/80
<b>ROASTED BROCCOLI</b>	45/80

<b>MANGO SALSA</b>	60/90
<b>ROASTED VEGETABLES</b>	45/80
<b>ROASTED SQUASH</b>	40/70
<b>COCONUT CORN CURRY</b>	50/90
<b>GARLIC MASHED POTATOES</b>	40/70
<b>ZAATAR CHICKPEAS</b>	40/70
<b>MASHED SWEET POTATO</b>	45/80

## DESSERT PLATTERS

<b>ARRANGED FRUIT PLATTER</b>	95/180
Assorted Seasonal Fruit	
<b>BERRY BOWL</b>	60/120
Strawberries, Blueberries, Raw Honey	
<b>ASSORTED GLUTEN FREE PASTRIES PLATTER</b>	60/110
<b>ASSORTED PASTRIES PLATTER</b>	50/90

## TRAVELERS

<b>COFFEE TRAVELER</b>	35
Coffee Traveler, comes with Milk, Sugar and Cups can be added upon request. Honey can be purchased as an addition	
<b>ORGANIC TEA SERVICE</b>	35
Mix of Organic Herbal and Caffeinated Tea Blends	

## BREAKFAST PLATTERS

Small Serves 10, Large Serves 20

<b>BREAKFAST PACKAGE</b>	165/320
Scrambled Eggs, Roasted Potatoes, Turkey Bacon, Side of Toasted Pullman Bread	
<b>WAFFLE PACKAGE</b>	120/230
Waffles, Maple Syrup, Turkey Bacon, Strawberries, Blueberries, Scrambled Eggs	
<b>STEAK &amp; EGGS</b>	165/320
Sautéed Steak with Pepper, Eggs Over Easy, Spinach, Chive Mix	
<b>OATMEAL BAR</b>	50/90
Our Gluten Free Oatmeal with Quinoa, Honey and Coconut Milk served with a Side of Mixed Berries	
<i>Add Banana, Walnuts, Peanut Butter &amp; Extra Mixed Berries for an Additional Fee</i>	
<b>GREEK YOGURT BAR</b>	120/230
Greek Yogurt with Raw Honey, served with Platters of Granola and Mixed Berries	
<i>Add Banana, Walnuts, Peanut Butter &amp; Extra Mixed Berries for an Additional Fee</i>	

## SIDE PLATTERS

<b>SCRAMBLED EGGS</b>	60/110
<b>TURKEY BACON</b>	70/130
<b>BLACK BEANS</b>	45/80
<b>ROASTED POTATO</b>	45/80
<b>SAUTÉED STEAK</b>	90/170
<b>AVOCADO</b>	50/90
<b>SMASHED AVOCADO</b>	50/90

<b>ASSORTED WRAPS OR SANDWICH</b>	135/260
Choice of Bacon, Egg, and Cheese Sandwich, Egg & Avocado Sandwich, Bacon, Egg and Cheese Wrap, Egg Salad Wrap, Egg & Avocado Wrap, or Chicken Wrap	

<b>CROISSANT SANDWICH PLATTER</b>	95/180
Assorted Croissant Sandwiches BEC, Smoked Salmon, and Avocado Tomato-Basil Spinach Sandwich	

<b>MULTI-GRAIN CROISSANT PLATTER</b>	50/90
<b>MIXED BERRY BOWL PACKAGE</b>	60/110
Mixed Blueberries, Strawberries with Honey Drizzle	

## TOASTS PLATTERS

<b>TOAST PLATTER</b>	100/190
Choice of Avocado, Egg Salad, or Smoked Salmon Toast	
<b>ASSORTED TOAST PLATTER</b>	110/210
Assortment of our HB Toasts, including Avocado, Egg Salad and Smoked Salmon	
<b>ASSORTED MINI-TOAST PLATTER</b>	70/130
Assorted Mini Avocado and Smoked Salmon Toast	