



## STEP 1 create your own

BOWL & SALAD  
INCLUDE PITA

### Naya roll

400-1255 cal



#### pita

thin white  
or  
thin whole wheat

### Naya bowl

365-1185 cal



#### rice

white with vermicelli  
or  
seasonal grains

### Naya salad

195-980 cal



#### romaine

crispy heart of lettuce  
or  
seasonal greens

served with sumac  
pomegranate dressing

## STEP 2 pick your protein

choose one

**chicken shawarma** roasted strips of marinated chicken 190 cal

**falafel** fried chickpea croquette, herbs, spices 180-220 cal

**chicken kebab** grilled marinated chicken breast 110-150 cal

**beef shawarma** grilled strips of marinated beef 250 cal

**kafta lamb kebab** grilled seasoned beef and lamb meatballs 270 cal

**cauliflower** roasted marinated florets 120 cal

**seasonal offerings** visit us to see what we're serving up!

## STEP 3 choose unlimited toppings

### DIPS



**hummus**  
80-140 cal



**baba ghannouj**  
35-70 cal



**toum  
(garlic whip)**  
80 cal



**cucumber yogurt**  
35 cal

VEGGIES  
& MORE



**tomatoes**  
10 cal



**romaine**  
5 cal



**cucumbers**  
5 cal



**pickled turnips**  
5 cal



**jalapeños**  
0 cal

**sumac onions**



15 cal

**cabbage slaw**



60 cal

**Lebanese pickles**



5 cal

**Kalamata olives**



30 cal

**feta cheese**



70 cal

SAUCES



**spicy red pepper**  
45 cal



**zesty jalapeño**  
110 cal



**lemon tahini**  
70 cal



**pomegranate dressing**  
80 cal



## EXTRAS

### salads & cold appetizers

#### tabboule

parsley, mint, bulgur, and tomatoes, onion with lemon and olive oil 8.8oz / 280 cal

#### hummus

creamy chickpea dip with tahini and lemon 7oz / 380 cal

#### spicy hummus

a hot twist on our classic recipe, with jalapeño 7oz / 310 cal

#### baba ghannouj

roasted eggplant blended with tahini, lemon, and labne 7oz / 230 cal

#### toum (garlic whip)

a creamy garlic dip 7oz / 1130 cal

#### grape leaves

stuffed grape leaves with rice, onions, dill, mint, and black pepper 5.7oz / 130 cal

#### labne

soft cheese made from strained yogurt 7oz / 400 cal

#### cucumber yogurt

crisp yogurt dip with cucumber, mint, and garlic 7oz / 230 cal

#### cabbage slaw

peppery cabbage mix infused with mint, lemon, and olive oil 8.8oz / 390 cal

## snacks

#### pita chips

baked in house and seasoned with za'atar 530 cal

#### pita bread

soft & fluffy baked pita that's perfect for dipping 120 cal



GRAB & GO

### hot appetizers



#### beef kibbe (1 pc)

crispy dumplings, minced beef, pine nuts 80 cal



#### rekakat (3 pcs)

three cheeses wrapped in phyllo and deep fried 150 cal



#### fatayer (1 pc)

mini pies with spinach, lemon and sumac 87 cal



#### falafel (3 pcs)

fried chickpea croquettes seasoned with herbs, spices, served with tahini 135 cal

## sweets

#### pistachio baklava

A crispy sweet pastry made of layers of phyllo filled with pistachio and hints of lemon, rose water, and orange blossom 150 cal



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SEASONAL OFFERING!



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cater with us!

[eatnaya.com](http://eatnaya.com)



Prior to placing your order, please alert your server if you have a food allergy. 2,000 calories a day is used for general nutrition advice, but calorie needs vary. Additional nutritional information available upon request.

Consuming raw or undercooked foods e.g. eggs, beef, lamb, milk products, pork, poultry, seafood, or shellfish may increase your chance of experiencing a foodborne illness. Olives may contain pits or pit fragments.