



# CATERING | BREAKFAST

## BREAKFAST

*priced per guest*

**ORGANIC GRANOLA, YOGURT & BERRIES** **vg** 12  
 Kalona organic yogurt | organic oats | hemp seeds | almonds  
 pumpkin seeds | walnuts | sunflower seeds | fresh berries

**BAKED CINNAMON FRENCH TOAST** **vg** 17  
 house brioche | fresh blueberries  
 house whipped cream | pure Wisconsin maple syrup

**SIGNATURE QUICHE** **vg** 15  
 Schultz organic eggs | goat cheese | roasted tomatoes | leeks  
 organic spinach | organic spring greens or hash browns

**WHOLE QUICHE** (serves 6-8)

**QUICHE LORRAINE** **gf** 15  
 Schultz organic eggs | nitrate-free bacon | scallions | gruyere  
 crispy hash brown "crust" | organic spring greens or hash browns

**WHOLE QUICHE** (serves 6-8)

**CAJUN HASH BROWNS** **vg | gf** 16  
 hash browns | cheddar | garlic  
 spicy roasted onions, peppers and tomatoes | scallions  
 2 SCHULTZ ORGANIC EGGS 5 | NITRATE-FREE BACON 5  
 VEGAN SAUSAGE 5 | CHICKEN CHORIZO 5  
 BISON SAUSAGE 5

**BREAKFAST BURRITO** **vg** 16  
 Schultz organic scrambled eggs | black bean chili | hash browns  
 cheddar | scallions | chipotle sour cream | flour tortilla  
 NITRATE-FREE BACON 5 | VEGAN SAUSAGE 5  
 CHICKEN CHORIZO 5 | BISON SAUSAGE 5

**BREAKFAST QUESADILLA** **vg** 16  
 Schultz organic scrambled eggs | organic black beans | cheddar  
 organic spinach | house-made guacamole | chipotle sour cream  
 house-made salsa | 100% sprouted organic tortilla

**EGG & BACON CROISSANT** 16  
 Schultz organic eggs | Swiss cheese | house guacamole  
 nitrate-free bacon | organic spinach | roasted tomatoes  
 organic spring greens or hash browns

**CLASSIC EGG BREAKFAST** 15  
 two Schultz organic eggs | nitrate-free bacon | organic house-made  
 sourdough toast | organic spring greens or hash browns  
*prepared scrambled, over easy, over medium, over hard or poached*  
**SUBSTITUTE VEGAN SAUSAGE**

**ORGANIC EGGS BENEDICT** 18  
 two Schultz organic poached eggs | pâté ham | house hollandaise  
 English muffin | organic spring greens or hash browns

**SALMON EGGS BENEDICT** **gf** 20  
 two Schultz organic poached eggs | sustainable salmon  
 sautéed organic spinach | house hollandaise  
 organic spring greens or hash browns  
 ADD ENGLISH MUFFIN 1 | GLUTEN-FREE BREAD 3

**MARTIN'S HUEVOS RANCHEROS** 18  
 two Schultz organic poached eggs | slow braised-pork in salsa verde organic  
 black beans | cheddar | scallions | chipotle sour cream  
 crisp corn tortilla

**OPEN FACE EGG SANDWICH** 15  
 over easy organic egg | basil aioli | bacon | fresh heirloom tomato  
 arugula | seed organic sourdough | organic spring greens or hash browns

**WILD MUSHROOM OMELETTE** **vg | gf** 18  
 organic eggs | cremini | shiitake | lion's mane | gouda  
 gruyere | parsley | chives | organic spring greens or hash browns

## PLANT BREAKFAST

*priced per guest*

**CLASSIC VEGAN BREAKFAST** **v** 15  
 organic tofu scramble | vegan sausage | organic seeded sourdough toast  
 organic spring greens or hash browns

**VEGAN BREAKFAST BURRITO** **v** 15  
 organic tofu scramble | hash browns | "cheddar cheese"  
 vegan sausage | black bean chili | scallions  
 flour tortilla | guacamole

## PASTRIES

*priced per each*

### CROISSANTS

Butter Croissant	4
Pain Au Chocolate	5.5
Pain Aux Amandes	6
Ham & Gruyere	6

### SCONES

Maple Pecan	4.5
White Chocolate Cranberry	4.5
Ginger/Orange/Chocolate <b>gf</b>	4.5
Iced Blueberry & Lemon <b>v</b>	4.5
Chocolate Banana <b>v</b>	4.5

### MUFFINS

Lemon Blueberry Muffin <b>v   gf</b>	5
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### BREAKFAST BASKET

assortment of our fresh-baked scones | muffins  
 pure butter croissants (gluten-free and vegan substitutions available)  
 Serves 12

## BEVERAGES

**PEOPLES ORGANIC COFFEE JOE-TO-GO** 35  
 SERVES 8; 12 oz. cups or 12; 8 oz. cups | 96 oz.  
 fair trade organic small batch roasted coffee, your choice of regular or decaf

**ORGANIC HOT RISHI TEA** 32  
 SERVES 8. Assortment of black, green & herbal rishi loose leaf tea bags

**ORGANIC ORANGE OR GRAPEFRUIT JUICE** 48  
 SERVES 8; 8 oz. cups

**SAN PELLEGRINO (SPARKLING) WATER** 6  
 750 ml bottle

**OLIPOP SPARKLING TONIC** 35 calories 5  
 12 oz cans. Assorted flavors

**WATERLOO SPARKLING WATER** 3  
 12 oz cans. Assorted flavors



## CATERING | LUNCH

*priced per guest*

### HEARTY SOUPS

served with organic sourdough

CUP 7 | BOWL 10 | QUART 24 | GALLON 86

**TOMATO BASIL** vg | gf  
fresh basil | tomatoes | cream

**CHICKEN WILD RICE** gf  
hormone-free chicken | Minnesota wild rice | carrots | cream

**MARTIN'S VERDE CHICKEN POZOLE** gf  
Mexican broth | pulled chicken | roasted tomatillos | hominy

### PLANT

**VEGAN BLACK BEAN CHILI** v | gf  
organic black beans | ancho peppers | tomatoes  
chipotle peppers | corn | bell peppers | onions



### SANDWICHES & WRAPS

Served with organic spring greens or organic tortilla chips

**WILD ACRES TURKEY & BACON CROISSANT** 18

shaved Wild Acres smoked turkey | nitrate-free bacon | Gruyère  
roasted tomatoes | organic spinach | garlic-chive aioli | croissant

**TUNA SALAD CROISSANT**

16

tuna salad | organic spinach | roasted tomatoes  
garlic-chive aioli | grilled croissant

**CURRIED CHICKEN SALAD**

16

curried chicken salad | organic spinach | roasted tomatoes  
garlic-chive aioli | grilled croissant

**CHICKEN CAESAR WRAP**

16

grilled hormone-free chicken | organic romaine  
roasted tomatoes | house-made caesar dressing  
Parmigiano-Reggiano | sprouted tortilla

**CALIFORNIA WRAP**

16

shaved Wild Acres smoked turkey | house-made guacamole  
roasted tomatoes | organic romaine | chipotle sour cream | sprouted  
tortilla

**MEDITERRANEAN WRAP** vg

16

house-made organic hummus | organic romaine | carrots  
quinoa tabbouleh | roasted red pepper | Kalamata olives | feta  
house-made caesar dressing | sprouted tortilla

### PLANT

**MEDITERRANEAN WRAP** v

16

house-made organic hummus | organic romaine | carrots  
quinoa tabbouleh | roasted red pepper | Kalamata olives |  
vegan 'parmesan' | creamy cashew dressing | sprouted tortilla

\*SUB GLUTEN-FREE BREAD OR WRAP | 3



## CATERING | LUNCH

*priced per guest*

individual | medium bowl serves 8-14 side salads | large bowl serves 14-20 side salads

### ORGANIC GREENS

#### PETITE SIRLOIN STEAK SALAD gf

grass-fed pan-seared sirloin | crispy diced sweet potatoes  
red onion | wild arugula | goat cheese | whole grain mustard  
vinaigrette

individual  
medium  
large

21  
91  
126

#### SALMON NICOISE gf

sustainable salmon | fingerling potatoes | organic romaine  
organic spring greens | haricots verts | roasted tomatoes  
hard boiled Schultz organic egg | green goddess dressing

individual  
medium  
large

21  
76  
114

#### BLACKBERRY & GOAT CHEESE vg | gf

beets | whipped herb goat cheese | organic spinach | cilantro  
blackberries | beet fritto | pistachio pumpkin dust  
blackberry tarragon sauce

individual  
medium  
large

18  
88  
121

#### APPLE & CHEDDAR vg | gf

crisp, tart organic apples | extra sharp Tillamook cheddar  
organic romaine | radicchio | toasted pecans  
maple Dijon vinaigrette

individual

medium

large

18  
84  
120

#### CLASSIC CAESAR SALAD vg

organic romaine | croutons | Parmigiano-Reggiano  
Caesar dressing

individual  
medium  
large

17  
84  
120

#### FRENCH MEADOW SALAD v | gf

organic mixed greens | toasted sunflower seeds | beets  
tomato | shredded carrots | white balsamic vinaigrette

individual  
medium  
large

14  
82  
120

### ORGANIC GREENS | PLANT

#### ZEN v | gf

steamed organic brown rice | radish | organic kale  
house-made hummus | cucumber | scallions | roasted tomatoes  
harissa | house-made guacamole | toasted sunflower seeds  
Kalamata olives | lemon-herb vinaigrette

individual  
medium  
large

17  
91  
138

#### SPA v | gf

organic spring greens | Rosewood organic tofu | carrot | beet  
red pepper | cucumber | edamame | cilantro  
toasted sunflower seeds | scallions | sesame vinaigrette

individual  
medium  
large

15  
84  
130

#### ORGANIC VEGAN CAESAR v | gf

organic kale | pickled red onion | organic chickpea croutons  
shaved Brussels sprouts | plant ‘parmesan’  
creamy garlic cashew dressing

individual  
medium  
large s

17  
84  
130

#### KUSHI BOWL v | gf

sweet potato mash | organic kale | black beans | red peppers  
roasted beets | house guacamole | cucumber | scallions  
toasted pumpkin seeds | tahini turmeric dressing

individual  
medium  
large

17  
84  
130

### ADD PROTEIN TO ANY SALAD

GRASS-FED PETITE SIRLOIN gf 8

GRILLED SUSTAINABLE SALMON gf 7

CRISPY FRIED CHICKEN 7

GRILLED HORMONE-FREE CHICKEN BREAST gf 6

CORNMEAL CRUSTED ORGANIC TOFU v | gf 5

### MAKE IT A BOXED LUNCH

ADD ORGANIC APPLE OR “THE” CHOCOLATE CHIP  
COOKIE TO ANY SANDWICH, WRAP, OR SALAD | 3.5



## CATERING | ALL DAY

### APPETIZERS

#### EARTH WINGS v | gf

flash-fried cauliflower | house-made organic sesame BBQ celery | house-made soy-cilantro dipping sauce  
serves 14-12

84

#### CHICKEN WINGS gf

3 dozen bone-in cage and hormone free chicken wings  
choice of Caribbean dry rub or housemade organic BBQ served with blue cheese dressing & celery

Serves 14-20

136

#### BLACK BEAN & CHICKEN QUESADILLAS

chicken | organic black beans | organic spinach | goat cheese  
house made salsa | house made guacamole | chipotle sour cream  
serves up to 12

84

#### TORTILLA CHIPS gf | v

100% organic corn tortilla chips | house made salsa  
house made guacamole  
serves 6-12

42

### TRAYS & PLATTERS

#### FRESH FRUIT TRAY vg | gf

arrangement of fresh seasonal fruits and berries  
serves 12-20

88

#### ARTISAN CHEESE TRAY gf | v

Chef selected cheeses (cheddar, brie, goat & gruyere)  
with house made artisan crackers | olives & pepperoncini garnish  
medium serves 12-16  
large serves 16-24

124  
180

#### ORGANIC HUMMUS & VEGGIE PLATTER gf | v house

made organic hummus | seasonal fresh vegetables  
medium serves 10-12  
large serves 20-24

74  
124

#### SMALL WRAP TRAY

choose up to 3 different selections for your tray: California, chicken Caesar, Mediterranean, or vegan Mediterranean  
12 halves serves 6-12

84

#### LARGE WRAP TRAY

choose up to 3 different selections for your tray: California, chicken Caesar, Mediterranean, or vegan Mediterranean  
18 halves serves 9-18

126

#### CROISSANT SANDWICH TRAY

choose up to 3 different selections for your tray: turkey & bacon, curried chicken salad, or tuna salad  
12 halves serves 6-12

98

\*substitute gluten-free bread or wrap for any sandwich | 3

### BEVERAGES

#### PEOPLES ORGANIC COFFEE JOE-TO-GO

35

fair trade organic small batch roasted coffee, your choice of regular or decaf  
serves 8; 12 oz. cups or 12; 8 oz. cups | 96 oz.

#### ORGANIC HOT RISHI TEA

32

an assortment of black, green & herbal rishi loose leaf tea bags  
serves 8

#### ORGANIC RISHI ICED TEA

48

serves 8

#### ORGANIC LEMONADE

48

serves 8

#### SAN PELLEGRINO (SPARKLING) WATER

6

750 ml bottle

#### SPARKLING BOTANICALS

5

grapefruit quince | dandelion ginger | green tea tonic | maqui elderberry

#### OLIPOP

5

strawberry vanilla | orange cream | ginger lemon  
12 oz. cans

#### WATERLOO SPARKLING WATER

3

assorted flavors  
12 oz. cans

#### SODA POP

3

coke | diet coke | sprite  
12 oz. cans

#### FRENCH MEADOW STATE FAIR STILL BOTTLED WATER

4

20 oz. bottle



## CATERING | STARTERS

priced per piece | minimum one dozen per item

### HORS D'OEUVRES

#### BEEF SKEWERS **gf**

grass-fed thinly sliced marinated beef with chimichurri sauce

10

#### CHICKEN WINGS **gf**

bone-in cage and hormone free chicken wings  
choice of Caribbean dry rub or house-made organic BBQ  
served with blue cheese dressing & celery

4

#### CHARCUTERIE BOARD

chef selected cured meats | house made pickled vegetables | mustards  
organic vegan house made sourdough breads

14

#### SMOKED SAUSAGE & HOUSE PICKLE SKEWERS

5

#### SALMON CANAPES

salmon rosette | lemon dill cream cheese | pickled red onion  
house made organic sourdough

5

#### TURKEY MEATBALLS

Wild Acres ground turkey | house made organic sesame BBQ sauce

4

#### MINI RACHEL TARTINES

Wild Acres turkey | Swiss cheese | signature firecracker slaw  
sauerkraut | tomato-caper aioli | house made sourdough

5.5

#### CHEESE BOARD WITH CRACKERS **vg**

chef selected local cheeses | chutney | seasonal fruit  
house made vegan crackers

12

### HORS D'OEUVRES | PLANT

priced per guest

#### SEASONAL FRUIT SKEWERS **v** | **gf**

fresh seasonal fruits and berries

6

#### EARTH WINGS **v** | **gf** 2/4

flash-fried cauliflower | house-made organic sesame BBQ  
house-made soy-cilantro dipping sauce

6

#### ORGANIC HUMMUS WITH CRUDITE **v**

house made organic hummus | grilled Brussels sprouts  
seasonal raw vegetables | olives | house made pickles  
house made organic crackers

6.5

#### SHROOMY "CALAMARI" **v** | **gf** 2/4

crispy deep fried oyster mushrooms  
cashew chipotle crème

6.5

### MINI BURGERS & SANDWICHES

#### GRASS-FED BEEF BURGER

white cheddar | lettuce | roasted tomatoes | onion  
pickles | garlic-chive aioli | brioche bun

12

#### WILD ACRES TURKEY BURGER

white cheddar | nitrate-free bacon | roasted tomatoes  
onion | pickles | garlic-chive aioli | house-made guacamole  
brioche bun

11

#### TUNA MELTS

grilled tuna salad | Swiss | roasted tomatoes  
garlic-chive aioli | house-made organic sourdough

4.5

#### CALIFORNIA ROULADES

Wild Acres shaved smoked turkey | house made guacamole  
roasted tomatoes | organic romaine | chipotle sour cream  
sprouted tortilla

4.5

#### INCREDIBLE CHEESE TOASTS **vg**

white cheddar | jalapeno chive aioli | pickled red onion  
house-made organic sourdough

4.5

### MINI BURGERS & SANDWICHES | PLANT

#### COWBOY BURGER **v**

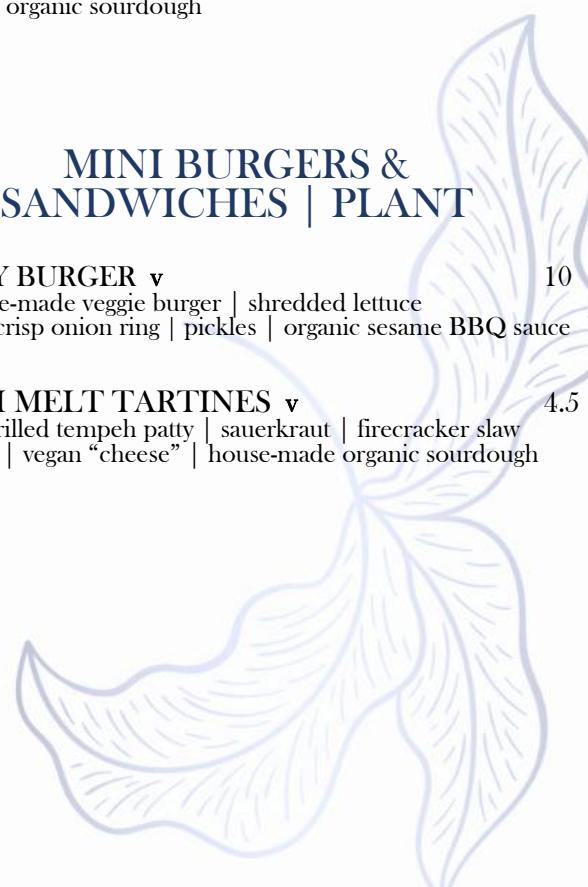
sizzled house-made veggie burger | shredded lettuce  
"cheddar" | crisp onion ring | pickles | organic sesame BBQ sauce  
vegan bun

10

#### TEMPEH MELT TARTINES **v**

marinated grilled tempeh patty | sauerkraut | firecracker slaw  
secret sauce | vegan "cheese" | house-made organic sourdough

4.5





## CATERING | DINNER

priced per guest | choose soup or salad to complete your menu

### HEARTY SOUPS

served with organic sourdough

**TOMATO BASIL** vg | gf  
fresh basil | tomatoes | cream

**CHICKEN WILD RICE** gf  
hormone-free chicken | Minnesota wild rice | carrots | cream

**MARTIN'S VERDE CHICKEN POZOLE** gf  
Mexican broth | pulled chicken | roasted tomatillos | hominy

### PLANT

**VEGAN BLACK BEAN CHILI** v | gf  
organic black beans | ancho peppers | tomatoes  
chipotle peppers | corn | bell peppers | onions

### ORGANIC GREENS

served with organic sourdough

**FRENCH MEADOW SALAD** v | gf  
organic mixed greens | toasted sunflower seeds | beets  
tomato | shredded carrots | white balsamic vinaigrette

**CLASSIC CAESAR SALAD** gf  
Caesar dressing

### PLANT

**ORGANIC VEGAN CAESAR** v | gf  
organic kale | pickled red onion  
shaved Brussels sprouts | organic chickpea croutons  
plant 'parmesan' | creamy garlic cashew dressing

### ENTREES

**BRAISED BEEF** gf  
tender grass-fed boneless beef | organic garlic mashed potatoes | broccolini | horseradish crème 40

**SPRING SALMON** gf  
sustainable fresh grilled salmon | turmeric jasmine rice  
fennel | asparagus | dill | lemon caper beurre blanc 40

**MOROCCAN CHICKEN & RICE** gf | df  
hormone free sliced chicken breast grilled or crispy | forbidden black rice  
olive & preserved lemon mélange | crispy artichoke hearts | parsley aioli | Tangier coulis 34

**RED LAKE WALLEYE** gf  
pan fried fresh local Red Lake Nation walleye  
organic garlic mashed potatoes | crispy broccolini  
basil pesto 40

**WILD MUSHROOM PASTA** vg | gf  
Angel hair pasta | shiitake, oyster, & cremini mushrooms | creamy beurre rouge | parmesan Reggiano | parsley 28

**SIGNATURE MAC & CHEESE** vg | gf  
organic gluten-free penne | cheddar | gouda  
tempeh bacon | peas | organic spring greens  
white balsamic vinaigrette 26

### PLANT

**ORGANIC HEALING PLATE** v | gf  
marinated grilled organic tempeh | organic brown rice coconut red beans | sautéed kale | sweet potato mash  
firecracker slaw | scallions | blood orange vinaigrette 26

**GREEN COCONUT CURRY** v | gf  
green curry | vegetable mélange | organic brown rice  
cornmeal-crusted organic tofu v | gf 5  
hormone-free chicken gf 6  
sustainable salmon gf 7 26

**BOLOGNESE & "MEATBALLS"** v | gf  
organic penne pasta | house-made red sauce  
fresh basil | fennel | onion | garlic | carrots 28



## CATERING | DESSERTS

### DESSERT TRAYS

<b>BAR BITES</b> assortment of 16 bite sized bars	28
<b>COOKIES</b> one dozen, assorted, baked from scratch cookies	42
<b>RUSTIC TARTS</b> arrangement of seven of our 4" signature tarts	58
<b>GLUTEN-FREE SWEETS gf</b> assortment of mini cupcakes (3)   chocolate chip cookies (3) chocolate dipped coconut macaroons (3)   bar bites (16)	48
<b>VEGAN DESSERTS v</b> assortment of mini cupcakes (6)   vegan cookies (3)   bar bites (16)	52

### CAKES

<b>ROSE CAKE v   gf</b> chocolate layered cake with naturally dyed vanilla rose frosting	slice	7.5
	whole 6"	55
<b>TOASTED COCONUT CAKE gf</b> four delicate almond cake layers filled with white chocolate custard covered with coconut	slice	7.5
	whole 6"	55
<b>TRIPLE CHOCOLATE MOUSSE gf</b> layers of white & bittersweet chocolate mousse over flourless chocolate cake	slice	7.5
	whole 9"	70
<b>VEGAN TURTLE v</b> Layers of moist chocolate cake, toasted pecans & house made vegan caramel	slice	7.5
	whole 9"	70
<b>VANILLA BERRY CREAM gf</b> Almond cake layers filled with chocolate buttercream, topped with ganache whipped cream, & seasonal berries	slice	7.5
	whole 6"	55
<b>TRADITIONAL CARROT CAKE</b> moist, spiced cake layers filled with cream cheese frosting	slice	7.5
	whole 6"	55

### BARS

<b>LAYERED PEANUT BUTTER BROWNIE</b>	5.5
<b>LEMON CUSTARD BAR gf</b>	4.5
<b>FLOURLESS BROWNIE gf</b>	4.5
<b>CARAMEL CRUNCH BROWNIE gf</b>	4.5
<b>CHOCOLATE RICE CRISPY BAR v   gf</b>	5.5
<b>HEMP BROWNIE</b>	5.5

### SIGNATURE DESSERTS

<b>BERRY CREAM TART v   gf</b> Venezuelan fair-trade single-origin chocolate and ground almond crust filled with Blueberry and raspberry cream, topped with fresh berries	7
<b>LINGONBERRY ALMOND TORTE gf</b> Layers of almond cake with chocolate ganache and lingonberry sauce drizzle	7
<b>SEASONAL CRISP v</b>	8