

BREAKFAST

AVAILABLE: MON-FRI 8AM — 11AM

SAT + SUN 8AM — 1PM

EGG SANDWICH [VEG]12.00

scrambled eggs, cooper’s american cheese, chili aioli + arugula
on your choice of portuguese muffin or housemade biscuit
[add sausage +2.50] [add bacon +3.50]

LIL CHICK [VEG]10.00

scrambled eggs + cooper’s american cheese
on your choice of portuguese muffin or housemade biscuit
[add sausage +2.50] [add bacon +3.50]

BREAKFAST WRAP [VEG]12.00

scrambled eggs, cooked garlicky greens, pickled
red onions, feta + tahini sauce on a lavash wrap
[add sausage +2.50] [add bacon +3.50]
MAKE IT A BOWL [GF]

SEASONAL FRITTATA [VEG] [GF]8.50

broccoli, tomatoes, onions, potatoes, spinach, cheddar

STRAWBERRY MILK OVERNIGHT OATS [V] [GF] [NUTS] [SESAME]8.00

strawberries, oat milk, chia seeds, sesame seeds, salt,
agave, coconut, almonds + edible flowers

[GF] GLUTEN FREE

[VEG] VEGETARIAN

[V] VEGAN

[NUTS] HAS NUTS

* consuming raw or undercooked meats,
poultry, seafood, shellfish, or eggs may
increase your risk of foodborne illness

BREADS + PASTRIES

SEE THE COUNTER FOR

SEASONAL INGREDIENTS

SEASONAL FOCACCIA [VEG]7.00

zucchini, cherry tomatoes, mozzarella, basil, parsley,
honey, chili flakes

BUTTERMILK BISCUIT6.00

add jam [+0.75] add butter [+ 0.75]

PEACH VANILLA SCONE6.00

COFFEE MORNING BUN8.00

HONEY BUTTERMILK CORN MUFFIN5.25

BLUEBERRY CRUMB MUFFIN5.25

STRAWBERRY OLIVE OIL CAKE8.00

BANANA BREAD [V]5.50

LEMON POPPY SEMOLINA LOAF5.50

SEA SALT CHOCOLATE CHIP COOKIE4.50

CHOCOLATE TAHINI BROWNIE [GF]5.50

STRAWBERRY LAVENDER CRUMB BAR [GF] [NUTS]6.50

LUNCH

AVAILABLE DAILY: 11AM — 3PM

CHICKEN CUTLET SANDWICH *16.00

chicken cutlet with rosemary aioli, fennel,
cabbage + red onion slaw on housemade focaccia

TURKEY SANDWICH16.00

housemade turkey, little gems, grafton cheddar cheese, pickled
cucumber + banana peppers, shaved sweet onion + green goddess
aioli on housemade focaccia

ARTICHOKE + MOZZARELLA SANDWISH [VEG] [NUTS]16.00

marinated grilled artichokes, arugula pesto with almonds + mozzarella
on laurel bakery baguette

SEASONAL GREEN SALAD [VEG] [SESAME]16.00

little gem, english peas, radishes, mint, white beans,
sunflower-sesmae seed crumble, ricotta salata,
lemon thyme vinaigrette

SPRING VEGGIE MARKET BOWL [VEG]18.00

little gem lettuce, asparagus, cucumbers, scallions,
parsley, mint, jammy egg, labneh, Poppy’s fermented hot
sauce + sumac dressing

CHICKEN MARKET BOX [NUTS]20.00

grilled + marinated chicken thighs with stonefruit farro
salad + grilled asparagus

PLUS EVEN MORE PREPARED FOOD IN OUR FRIDGE!