

BREAKFAST

AVAILABLE:
MON, TUES + THURS 8AM – 11AM
FRI 8AM - 12PM
SAT + SUN 8AM – 1PM

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| EGG SANDWICH [VEG] | 12.00 |
| scrambled eggs, cooper's american cheese, chili aioli + arugula on your choice of portuguese muffin or housemade biscuit [add sausage +2.50] [add bacon +3.50] | |
| LIL CHICK [VEG] | 10.00 |
| scrambled eggs + cooper's american cheese on your choice of portuguese muffin or housemade biscuit [add sausage +2.50] [add bacon +3.50] | |
| BREAKFAST WRAP [VEG] [SESAME] | 12.00 |
| scrambled eggs, cooked garlicky greens, pickled red onions, feta + tahini sauce on a lavash wrap [add sausage +2.50] [add bacon +3.50] | |
| MAKE IT A BOWL [GF] | |
| SEASONAL FRITTATA [VEG] [GF] | 8.50 |
| broccoli, swiss chard, onions, parsley, cheddar, chili flakes | |
| TAHINI OVERNIGHT OATS [V] [GF] [SESAME] | 8.00 |
| oats, tahini, chia seeds, coconut milk, oat milk, maple syrup, vanilla extract, maldon + seasonal fruit | |

[GF] GLUTEN FREE
[VEG] VEGETARIAN
[V] VEGAN
[NUTS] HAS NUTS

* consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of foodborne illness

BREADS + PASTRIES

SEE THE COUNTER FOR SEASONAL INGREDIENTS

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| SEASONAL FOCACCIA [VEG] [SESAME] | 7.00 |
| tomato, garlic confit, ricotta, zaatar, honey | |
| BUTTERMILK BISCUIT | 6.00 |
| add jam [+0.75] add butter [+ 0.75] | |
| APPLE CHAI SCONE | 6.00 |
| FIG LEAF CARDAMOM MORNING BUN | 8.00 |
| HONEY BUTTERMILK CORN MUFFIN | 5.25 |
| APPLE + OATS MUFFIN [GF] | 5.25 |
| BANANA BREAD [V] | 5.50 |
| OATMEAL GOLDEN RAISIN COOKIE [NUTS] | 4.50 |
| LEMON POPPY SEMOLINA LOAF | 5.50 |
| SEA SALT CHOCOLATE CHIP COOKIE | 4.50 |
| CHOCOLATE TAHINI BROWNIE [GF] [SESAME] | 5.50 |
| ALMOND LOAF MEYER LEMON GLAZE [NUTS] | 5.00 |
| CARDAMOM PECAN COFFEE CAKE [NUTS] | 6.00 |
| LEMON BAR [GF] [NUTS] | 7.50 |

LUNCH

AVAILABLE DAILY: 11AM – 3PM

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| CHICKEN CUTLET SANDWICH* | 16.00 |
| chicken cutlet with rosemary aioli, fennel, cabbage + red onion slaw on housemade focaccia | |
| TURKEY SANDWICH | 16.00 |
| housemade turkey, little gems, grafton cheddar cheese, pickled cucumber + banana peppers, shaved sweet onion + green goddess aioli on housemade focaccia | |
| ROASTED DELICATA SQUASH SANDWICH [VEG] | 16.00 |
| roasted delicata squash, pickled red onion, lacinato kale, grafton cheddar + pumpkin seed dip on housemade focaccia | |
| SEASONAL GREEN SALAD [VEG] [SESAME] | 16.00 |
| little gem, roasted carrots, parsley, mint, white beans, sunflower-sesame seed crumble, ricotta salata, lemon thyme vinaigrette | |
| VEGGIE MARKET BOWL [VEG] | 18.00 |
| lentils, jammy egg, cherry tomatoes, cucumbers, red peppers, red onions, mint, scallions, parsley, labneh, sumac vinaigrette | |
| MOROCCAN CHICKEN BOWL | 16.00 |
| chicken, chickpea + warm spices served over a bed of hot rice | |
| CHICKEN MARKET BOX [NUTS] | 20.00 |
| grilled + marinated chicken thighs with couscous, caramelized onions, toasted almonds, roasted beets + carrots | |

PLUS EVEN MORE PREPARED FOOD IN OUR FRIDGE!