## POPPY'S

or eggs may increase your risk of foodborne illness

BREAKFAST	BLE: MON-THURS 8AM — 11AM FRI 8AM - 12PM SAT + SUN 8AM — 1PM		COUNTER FOR INGREDIENTS	LUNCH AVAILABLE DAILY: 117	AM — 3PM
EGG SANDWICH [VEG]	12.00	SEASONAL FOCACCIA [VEG]	7.00	CHICKEN CUTLET SANDWICH*	16.00
scrambled eggs, cooper's american cheese, chili aioli + arugula on your choice of portuguese muffin or housemade biscuit [add sausage +2.50] [add bacon +3.50]		potato, fontina, rosemary, thyme		chicken cutlet with rosemary aioli, fennel, cabbage + red onion slaw on housemade focaccia	
		BUTTERMILK BISCUIT	6.00		
LIL CHICK [VEG]	10.00	add jam [+0.75] add butter [+ 0.75]		TURKEY SANDWICH	16.00
scrambled eggs + cooper's american cheese on your choice of portuguese muffin or housemade biscuit [add sausage +2.50] [add bacon +3.50]		MAPLE PEAR SCONE	6.00	housemade turkey, little gems, grafton cheddar cheese, pi cucumber + banana peppers, shaved sweet onion + green goddess aioli on housemade focaccia	
		FIG LEAF CARDAMOM MORNING BUN	8.00	9	
				ROASTED DELICATA SQUASH SANDWICH [YEG]	16.00
REAKFAST WRAP [VEG] [SESAME] 12.00 crambled eggs, cooked garlicky greens, pickled ed onions, feta + tahini sauce on a lavash wrap add sausage +2.50] [add bacon +3.50] MAKE IT A BOWL [GF]  EASONAL FRITTATA [VEG] [GF] 8.50		HONEY BUTTERMILK CORN MUFFIN	5.25	roasted delicata squash, pickled red onion, lacinato kale,	
		APPLE + OATS MUFFIN [GF]	5.25	grafton cheddar + pumpkin seed dip on housemade foc	accia
		ATTEL TOXIO MOTHIC [OI]	0.20	SEASONAL GREEN SALAD [VEG] [SESAME]	16.00
		BANANA BREAD [V]	5.50	little gem, roasted carrots, parsley, mint, white beans, sunflower-sesame seed crumble, ricotta salata, lemon thyme vinaigrette	
		OATMEAL GOLDEN RAISIN COOKIE [NUTS]	4.50		
swiss chard, potatoes, onions, goat ch	heese + dill				
AHINI OVERNIGHT OATS [V] [GF] [SESAME] 8.00		LEMON POPPY SEMOLINA LOAF	5.50	VEGGIE MARKET BOWL [VEG]	18.00
ats, tahini, chia seeds, coconut milk, oat milk, maple syrup, anilla extract, maldon + seasonal fruit		SEA SALT CHOCOLATE CHIP COOKIE	4.50	lentils, jammy egg, cherry tomatoes, cucumbers, red peppers, red onions, mint, scallions, parsley, labneh, sumac vinaigrette	
·		CHOCOLATE TAHINI BROWNIE [GF] [SESAME]	5.50	CHICKEN MARKET BOX [FETA CHEESE] grilled + marinated chicken thighs with green basmat	20.00 i rice +
GF] GLUTEN FREE VEG] VEGETARIAN V] VEGAN NUTS] HAS NUTS		GINGERBREAD CITRUS GLAZED LOAF	5.00	roasted root vegetables	
		CARDAMOM PECAN COFFEE CAKE [NUTS]	6.00	PLUS EVEN MORE PREPARED FOOD IN OUR FRIDGE	:!
* consuming raw or undercooked meats, poultry, seafood, shellfish,		CRANBERRY CURD CRUMB BAR [GF] [NUTS]	7.50		

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