

Coffee Bar Nutrition

| Standard Menu Item | Portion Size | Calories | Total Fat | Saturated Fat | Trans Fat | Total Carb | Total Sugars | Added Sugars | Cholesterol | Protein | Dietary Fiber | Sodium |
|--------------------|--------------|----------|-----------|---------------|-----------|------------|--------------|--------------|-------------|---------|---------------|--------|
| | (oz) | (kcal) | (g) | (g) | (g) | (g) | (g) | (g) | (mg) | (g) | (g) | (mg) |

All coffee beverage allergens and calories posted below are calculated with 2% dairy milk. Plant-based milk alternatives are available upon ordering.

| | | | | | | | | | | | | |
|------------------|-------|-----|-----|-----|---|----|----|----|----|----|---|-----|
| Espresso | 2 oz | 10 | 0 | 0 | 0 | 1 | 0 | 0 | 0 | 1 | 0 | 10 |
| Americano | 12 oz | 10 | 0 | 0 | 0 | 1 | 0 | 0 | 0 | 1 | 0 | 10 |
| Cortado | 4 oz | 30 | 2 | 1 | 0 | 4 | 3 | 0 | 7 | 2 | 0 | 40 |
| Latte | 12 oz | 150 | 5 | 3.5 | 0 | 13 | 12 | 0 | 20 | 10 | 0 | 120 |
| Cappuccino | 12 oz | 100 | 3.5 | 2 | 0 | 8 | 7 | 0 | 15 | 5 | 0 | 90 |
| Macchiato | 3 oz | 15 | 1 | 0.5 | 0 | 2 | 2 | 0 | 5 | 1 | 0 | 10 |
| Mocha | 12 oz | 230 | 6 | 4 | 0 | 33 | 32 | 20 | 25 | 10 | 0 | 120 |
| Coffee | 12 oz | 5 | 0 | 0 | 0 | 1 | 0 | 0 | 0 | 0 | 0 | 10 |
| Cold Brew | 12 oz | 5 | 0 | 0 | 0 | 1 | 0 | 0 | 0 | 0 | 0 | 10 |
| Nitro Cold Brew | 12 oz | 5 | 0 | 0 | 0 | 1 | 0 | 0 | 0 | 0 | 0 | 10 |
| Tea | 12 oz | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 |
| Iced Tea | 12 oz | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 |
| Chai Latte | 12 oz | 170 | 5 | 3.5 | 0 | 25 | 24 | 15 | 20 | 9 | 0 | 120 |
| Matcha Latte | 12 oz | 170 | 5 | 3.5 | 0 | 30 | 29 | 18 | 20 | 9 | 0 | 120 |
| Hot Chocolate | 12 oz | 210 | 5 | 3.5 | 0 | 35 | 34 | 20 | 20 | 9 | 0 | 120 |
| Milks | | | | | | | | | | | | |
| Whole Milk | 8 oz | 150 | 8 | 5 | 0 | 12 | 11 | 0 | 35 | 8 | 0 | 120 |
| Half and Half | 8 oz | 320 | 28 | 18 | 0 | 10 | 9 | 0 | 90 | 7 | 0 | 180 |
| Skim Milk | 8 oz | 80 | 0 | 0 | 0 | 12 | 11 | 0 | 5 | 8 | 0 | 120 |
| Almond Milk | 8 oz | 70 | 4.5 | 0 | 0 | 6 | 5 | 5 | 0 | 2 | 0 | 140 |
| Oat Milk | 8 oz | 90 | 1.5 | 0 | 0 | 20 | 19 | 3 | 3 | 4 | 2 | 100 |
| Smoothies | | | | | | | | | | | | |
| Berry Chia | 16 oz | 245 | 6 | 0 | 0 | 47 | 25 | 4 | 0 | 5 | 7 | 100 |
| Green Refresh | 16 oz | 195 | 2 | 0 | 0 | 45 | 35 | 0 | 0 | 4 | 7 | 115 |

2000 calories a day is used for general nutrition advice, but calorie needs vary.

Nutrient values are based on data from the USDA and our suppliers. Unplanned product substitutions, changes in product specifications and other factors may result in nutrient content variations.

Be aware that we handle and prepare egg, milk, wheat, shellfish, fish, soy, peanut and tree nut products, and other potential allergens in the food production areas of our facility.

Due to these inherent variabilities, guests with food allergies or other specific dietary concerns should speak with a manager for individualized assistance.