



Handcrafted for The Ideal Bite®. Every Day.

Welcome to a bold new standard in fast-casual—where craveable flavor, wellness, and quality collide. Every wrap is made to order with all-natural ingredients, freshly baked dough, and vibrant, globally-inspired combinations designed to satisfy your every day.

-  Freshly pressed dough baked on our IronWolf®
-  All wraps include antioxidant-rich mixed greens
-  Halal-certified, grass-fed beef & all-natural proteins
-  No hormones, no antibiotics, no added sugar
-  Vegan, Keto, and Gluten-Free* options available

Prefer a bowl? Unwrap your favorite onto a bed of quinoa, arugula, or greens.
Customize your protein or dough to match your lifestyle.

Icons:  Bestseller V – Vegan VO – Vegan Option GFO – Gluten Free Option KO – Keto Option

*We take food safety seriously, but please note we cannot guarantee against cross-contamination.

WRAPS

 **HOWLING (KO, GFO)**

Grilled Chicken and Feta
fried pickles, melon, mint yogurt sauce
Dough: Date & Pumpkin Seed

THE BEAST (KO, GFO)

Grilled Steak and Blue cheese
bbq crunch, marinated green olives, cilantro, red chili mayo
Dough: Turmeric

DIRE WOLF

Fried chicken and Melted cheddar
beef bacon, green papaya slaw, shipka peppers, Wolf Ketchup®
Dough: Ginger

BROTHERS GRIMM (KO, GFO)

Grilled Chicken and Pickled Portobello Mushrooms

raisins, pickles, plantain chips, chipotle aioli
Dough: Chestnut & Chili

CARNIVORES DELIGHT (KO, GFO)

Grilled Steak and Fried Egg
sumac onions, pickles, mustard horseradish sauce
Dough: Date & Pumpkin Seed

THE PACK (KO, GFO)

Scrambled Eggs and Beef Bacon
cheddar, sumac onions, tater tots, pickled jalapeño, chipotle aioli
Dough: Chestnut & Chili

UNDERWORLD (KO, GFO)

Grilled Steak and Goat Cheese
granny Smith apples, pickles, toasted cashew nuts, lemon tahini
Dough: White Flour

WOLVERINE (KO, GFO)

Grilled chicken and Blue Cheese
two fried eggs, shallot, kohlrabi, pickled jalapeño, pumpkin seeds, lemon tahini
Dough: Turmeric

THE ALPHA (KO, GFO)

Grilled Steak and Shrimp
cheddar, fried pickles, apples, plantain chips, chipotle aioli
Dough: Date & Pumpkin Seed

ONCE IN A BLUE MOON

Fried Chicken and Feta
cashew, spicy pickled pineapple, sumac onions, cilantro, kohlrabi, mint yogurt sauce
Dough: Plain

SIMPLE WOLF

Pick Your Protein
sumac onions, pickles, lemon tahini
Dough: Your Choice

VEGETARIAN & SEAFOOD

PINK MOON (KO, GFO)

Grilled Shrimp and Green Papaya Slaw
kohlrabi, pickled jalapeño, fried pickles, sage aioli
Dough: Beet & Chia Seed

ONCE BITTEN (VO, KO, GFO)

Grilled Portobello and Goat Cheese
green papaya slaw, beets, plantain chips, sage aioli
Dough: Beet & Chia Seed

VEGAN

HIMALAYAN (V)

Grilled Seitan and Kohlrabi
spicy pickled pineapple, sumac onions, cilantro, pumpkin seeds, vegan red chili aioli
Dough: Ginger

GHOST (KO, GFO)

Quinoa and Pumpkin Seed
grilled portobello, shallot, edamame, scallion, za'atar, citrus-sumac vinaigrette
Dough: Whole Wheat

LITTLE RED RIDING HOOD (KO, GFO)

Arugula and Edamame
melon, shallot, scallion, pumpkin seeds, za'atar, citrus-sumac vinaigrette
Dough: Whole Wheat

SIDES

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ARUGULA & APPLE SALAD (V, GFO, KO)
cilantro, cashews, edamame, citrus-sumac vinaigrette

ARUGULA & TOASTED PUMPKIN SEED SALAD (V, GFO, KO)
edamame, shallot, melon, scallion, za'atar, citrus-sumac vinaigrette

BEET SALAD (V, GFO)
arugula, beets, scallion, toasted pumpkin seeds, citrus-sumac vinaigrette

QUINOA SALAD (GFO, KO)
feta, kohlrabi, cilantro, scallion, toasted pumpkin seeds, citrus-sumac vinaigrette

TATER TOTS (V, GFO)
Served with Wolf Ketchup®

FETA TOTS (GFO)
Topped with za'atar, served with Wolf Ketchup®

WOLF ATTACK®
Smokin' tater tots topped with melted cheddar, onions, jalapeños, and Wolf Ketchup®

WOLF IT UP™

Tasty extras for your wrap or bowl:

EXTRA PROTEIN

BEEF BACON

CHEESE – melted cheddar, feta, goat cheese or blue cheese

3 OZ SAUCE – add any house-made sauce

WOLFNIGHTS DOUGH – add a fresh dough on the side
