



Catering Menu

Thank you for considering Wolfnights® for your catering needs – we look forward to serving your party with the Ideal Bite®

BOLD, FRESH, EVERYDAY FOOD — IRON-BAKED WRAPS AND FRESH BOWLS CRAFTED FOR THE IDEAL BITE®.

ORDERING GUIDE

10 WRAPS = FEEDS 8–10 PEOPLE

ADD 1 SIDE PER 10–12 GUESTS

IDEAL MIX: 70% CARNIVORE / 30% VEGAN

Step 1: Choose your Catering Event Style:

Group Order Style: Each wrap or bowl is packaged in an individually labeled bag

Platter Style: Cut in half, served in a box platter

Step 2: Mixed Wraps (Each mix contains 10 wraps)

Carnivore Mix 1 (Most Popular)

Howling, Dire Wolf, The Beast, Brothers Grimm, The Pack

Carnivore Mix 2

Underworld, Carnivores Delight, Wolverine, Once in a Blue Moon, The Alpha

Pescatarian Mix

Pink Moon, Once Bitten, Ghost, Himalayan, Little Red Riding Hood

Vegan Wrap Mix (All necessary vegan substitutions made)

Himalayan, Once Bitten, Ghost, Little Red Riding Hood

Simple Mix (Please select one protein per wrap type)

All wraps include mixed greens, onions, pickles & lemon tahini

Build your own Mix!

Choose any 10 wraps to customize your platter — perfect for mixed dietary groups

Step 3: Side Platters (Each side serves 10 - 12 people)

Arugula & Apple Salad (Fan Favorite) cilantro, cashews, edamame, w/ citrus sumac vinaigrette

Arugula & Toasted Pumpkin Seed Salad edamame, shallots, melon, scallions, zatar, w/ citrus sumac vinaigrette

Beet Salad arugula, scallions, toasted pumpkin seeds, w/ citrus sumac vinaigrette

Quinoa Salad feta, kohlrabi, cilantro, scallions, toasted pumpkin seeds, w/ citrus sumac vinaigrette

Tater Tots w/ (V) (GF) wolf ketchup®

Feta Tots (V) (GF)
Zatar, w/ wolf ketchup®

Steak Fries w/ (V) (GF)
Wolf ketchup®

Step 4: Beverages Options: Order quantities as desired

Coke, Diet Coke, Water, Seltzer
Spindrift - Raspberry, Grapefruit

Crafted for groups. Built for flavor.

Sincerely,

The Wolfnights® Team



At Wolfnights, we exist to prove that indulgence and wellness can coexist to create extraordinary moments, one Ideal Bite® at a time.



GLOSSARY
 * best seller
 v vegan
 vo vegan option
 gfo gluten-free option
 ko keto option



FRESHLY BAKED
 IronWolf® baked wrap
 dough come in original,
 whole wheat, gluten-free &
 keto options



MIXED GREENS
 All wraps include mixed
 greens, rich in antioxidants



MAKE IT A BOWL
 Unwrap your favorite into
 a bowl on a bed of arugula,
 quinoa, or mixed greens



SUBSTITUTIONS
 Substitute in your favorite
 protein or dough to fit your
 dietary needs

IRON-BAKED CARNIVORE WRAPS

HOWLING gfo, ko

grilled chicken and feta
 fried pickles, melon, mint yogurt
 Dough: date & pumpkin seed

THE BEAST gfo, ko

grilled steak and blue cheese
 bbq crunch, marinated green olives, cilantro, red chili
 Dough: turmeric

DIRE WOLF

fried chicken and melted cheddar
 beef bacon, green papaya slaw, spicy pickled pepperoncini peppers, wolf ketchup®
 Dough: ginger

BROTHERS GRIMM gfo, ko

grilled chicken and pickled portobello mushrooms
 raisins, pickles, plantain chips, chipotle aioli
 Dough: chestnut & chili

CARNIVORES DELIGHT gfo, ko

grilled steak and fried egg
 sumac onions, pickles, mustard horseradish sauce
 Dough: date & pumpkin seed

THE PACK gfo, ko

scrambled eggs and beef bacon
 cheddar, sumac onions, tater tots, Jalapeño, chipotle aioli
 Dough: chestnut & chili

SIDES

ARUGULA & TOASTED PUMPKIN SEED

SALAD

vo, gfo, ko
 edamame, shallot, scallions, melon, zatar, w/ citrus sumac vinaigrette

ARUGULA & APPLE SALAD

vo, gfo, ko
 cilantro, cashew, edamame, sumac w/ citrus sumac vinaigrette

BEET SALAD

vo, gfo
 arugula, scallions, toasted pumpkin seed w/ citrus sumac vinaigrette

QUINOA SALAD

gfo, ko
 feta, kohlrabi, scallions, toasted pumpkin seed w/ citrus sumac vinaigrette
 w/ wolf ketchup®

TATER TOTS

vo, gfo
 w/ wolf ketchup®

FETA TOTS

gfo
 zatar, w/ wolf ketchup®

UNDERWORLD gfo, ko

grilled steak and goat cheese
 granny smith apples, pickles, toasted cashew nuts, lemon tahini
 Dough: plain

WOLVERINE gfo, ko

grilled chicken and blue cheese
 two fried eggs, shallot, kohlrabi, pickled jalapeño, pumpkin seeds, lemon tahini
 Dough: turmeric

THE ALPHA gfo, ko

grilled steak and shrimp
 cheddar, fried pickles, apples, plantain chips, chipotle aioli
 Dough: date & pumpkin seed

ONCE IN A BLUE MOON

fried chicken and feta
 cashew, spicy pickled pineapple, sumac onions, cilantro, kohlrabi, mint yogurt
 Dough: plain

SIMPLE WOLF gfo, ko

pick your protein
 sumac onions, pickles, lemon tahini
 Dough: your choice

WOLF ATTACK gfo, ko

smokin' tater totstopped with melted cheddar, onions, jalapeño, w/ wolf ketchup®

STEAK FRIES

w/ wolf ketchup®

FRIED CHICKEN TENDERS

w/ wolf ketchup®

FRIED PICKLES

w/ wolf ketchup®

6oz PROTEIN

w/ lemon tahini

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IRON-BAKED VEGETARIAN & SEAFOOD WRAPS

PINK MOON gfo, ko

grilled shrimp and green papaya slaw
 kohlrabi, pickled jalapeño, fried pickles, sage aioli
 Dough: beet & chia seed

ONCE BITTEN vo, gfo, ko

grilled portobello and goat cheese
 green papaya slaw, fresh beets, plantain chips, red chili aioli.
 Dough: beet & chia seed

IRON-BAKED VEGAN WRAPS

HIMALAYAN gfo, ko

spicy pickled pineapple, sumac onions, cilantro, kohlrabi, mint yogurt
 Dough: ginger

HOST vo, gfo, ko

quinoa and toasted pumpkin seeds
 grilled portobello, shallot, edamame, scallion, za'atar, citrus-sumac vinaigrette.
 Dough: whole wheat

LITTLE RED RIDING HOOD vo, gfo, ko

arugula and edamame
 melon, shallot, scallion, pumpkin seeds, za'atar, citrus-sumac vinaigrette.
 Dough: whole wheat

DRINKS

COKE

DIET COKE

POLAND SPRING WATER

SELTZER

SPINDRIFT RASPBERRY

SPINDRIFT GRAPEFRUIT

WOLF IT UP®

testy extras with your wrap, bowl or side

EXTRA PROTEIN CHEESE

melted cheddar, feta, blue cheese, goat cheese
 side of 3oz sauce