



## Catering Menu

*Thank you for considering Wolfnights® for your catering needs – we look forward to serving your party with the Ideal Bite®*

**BOLD, FRESH, EVERYDAY FOOD — IRON-BAKED WRAPS AND FRESH BOWLS CRAFTED FOR THE IDEAL BITE®.**

### **ORDERING GUIDE**

**10 WRAPS = FEEDS 8–10 PEOPLE**

**ADD 1 SIDE PER 10–12 GUESTS**

**IDEAL MIX: 70% CARNIVORE / 30% VEGAN**

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#### **Step 1: Choose your Catering Event Style:**

**Group Order Style:** Each wrap or bowl is packaged in an individually labeled bag

**Platter Style:** Cut in half, served in a box platter

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#### **Step 2: Mixed Wraps** (Each mix contains 10 wraps)

##### **Carnivore Mix 1 (Most Popular)**

Howling, Dire Wolf, The Beast, Brothers Grimm, The Pack

##### **Carnivore Mix 2**

Underworld, Carnivores Delight, Wolverine, Once in a Blue Moon, The Alpha

**Pescatarian Mix**

Pink Moon, Once Bitten, Ghost, Himalayan, Little Red Riding Hood

**Vegan Wrap Mix (*All necessary vegan substitutions made*)**

Himalayan, Once Bitten, Ghost, Little Red Riding Hood

**Simple Mix (Please select one protein per wrap type)**

All wraps include mixed greens, onions, pickles & lemon tahini

**Build your own Mix!**

Choose any 10 wraps to customize your platter — perfect for mixed dietary groups

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**Step 3: Side Platters (*Each side serves 10 - 12 people*)**

**Arugula & Apple Salad (Fan Favorite)** cilantro, cashews, edamame, w/ citrus sumac vinaigrette

**Arugula & Toasted Pumpkin Seed Salad** edamame, shallots, melon, scallions, zatar, w/ citrus sumac vinaigrette

**Beet Salad** arugula, scallions, toasted pumpkin seeds, w/ citrus sumac vinaigrette

**Quinoa Salad** feta, kohlrabi, cilantro, scallions, toasted pumpkin seeds, w/ citrus sumac vinaigrette

**Tater Tots w/ (V) (GF)** wolf ketchup®

**Feta Tots (V) (GF)**  
Zatar, w/ wolf ketchup®

**Steak Fries w/ (V) (GF)**  
Wolf ketchup®

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**Step 4: Beverages Options: *Order quantities as desired***

Coke, Diet Coke, Water, Seltzer

Spindrift - Raspberry, Grapefruit

**Crafted for groups. Built for flavor.**

Sincerely,

The Wolfnights® Team



At Wolfnights, we exist to prove that indulgence and wellness can coexist to create extraordinary moments, one Ideal Bite® at a time.



**GLOSSARY**  
✦ best seller  
v vegan  
vo vegan option  
gfo gluten-free option  
ko keto option



**FRESHLY BAKED**  
IronWolf® baked wrap  
dough come in original,  
whole wheat, gluten-free &  
keto options



**MIXED GREENS**  
All wraps include mixed  
greens, rich in antioxidants



**MAKE IT A BOWL**  
Unwrap your favorite into  
a bowl on a bed of arugula,  
quinoa, or mixed greens



**SUBSTITUTIONS**  
Substitute in your favorite  
protein or dough to fit your  
dietary needs

## IRON-BAKED CARNIVORE WRAPS

### HOWLING *gfo, ko* ✦

grilled chicken and feta  
fried pickles, melon, mint yogurt  
**Dough:** date & pumpkin seed

### THE BEAST *gfo, ko* ✦

grilled steak and blue cheese  
bbq crunch, marinated green olives, cilantro, red chili  
**Dough:** turmeric

### DIRE WOLF ✦

fried chicken and melted cheddar  
beef bacon, green papaya slaw, spicy pickled pepperoncini peppers, wolf ketchup®  
**Dough:** ginger

### BROTHERS GRIMM *gfo, ko*

grilled chicken and pickled portobello mushrooms  
raisins, pickles, plantain chips, chipotle aioli  
**Dough:** chestnut & chili

### CARNIVORES DELIGHT *gfo, ko*

grilled steak and fried egg  
sumac onions, pickles, mustard horseradish sauce  
**Dough:** date & pumpkin seed

### THE PACK *gfo, ko*

scrambled eggs and beef bacon  
cheddar, sumac onions, tater tots, Jalapeño, chipotle aioli  
**Dough:** chest nut & chili

## SIDES

### ARUGULA & TOASTED PUMPKIN SEED

**SALAD** *vo, gfo, ko*  
edamame, shallot, scallions, melon, zatar, w/ citrus sumac vinaigrette

### ARUGULA & APPLE SALAD *vo, gfo, ko*

cilantro, cashew, edamame, sumac w/ citrus sumac vinaigrette

### BEET SALAD *vo, gfo*

arugula, scallions, toasted pumpkin seed w/ citrus sumac vinaigrette

### QUINOA SALAD *gfo, ko*

feta, kohlrabi, scallions, toasted pumpkin seed w/ citrus sumac vinaigrette

### TATER TOTS *vo, gfo*

w/ wolf ketchup®

### FETA TOTS *gfo*

zatar, w/ wolf ketchup®

### UNDERWORLD *gfo, ko*

grilled steak and goat cheese  
granny smith apples, pickles, toasted cashew nuts, lemon tahini  
**Dough:** plain

### WOLVERINE *gfo, ko*

grilled chicken and blue cheese  
two fried eggs, shallot, kohlrabi, pickled jalapeño, pumpkin seeds, lemon tahini  
**Dough:** turmeric

### THE ALPHA *gfo, ko*

grilled steak and shrimp  
cheddar, fried pickles, apples, plantain chips, chipotle aioli  
**Dough:** date & pumpkin seed

### ONCE IN A BLUE MOON

fried chicken and feta  
cashew, spicy pickled pineapple, sumac onions, cilantro, kohlrabi, mint yogurt  
**Dough:** plain

### SIMPLE WOLF *gfo, ko*

pick your protein  
sumac onions, pickles, lemon tahini  
**Dough:** your choice

### WOLF ATTACK *gfo, ko*

smokin' tater totstopped with melted cheddar, onions, jalapeño, w/ wolf ketchup®

### STEAK FRIES

w/ wolf ketchup®

### FRIED CHICKEN TENDERS

w/ wolf ketchup®

### FRIED PICKLES

w/ wolf ketchup®

### 6oz PROTEIN

w/ lemon tahini

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## IRON-BAKED VEGETARIAN & SEAFOOD WRAPS

### PINK MOON *gfo, ko* ✦

grilled shrimp and green papaya slaw  
kohlrabi, pickled jalapeño, fried pickles, sage aioli  
**Dough:** beet & chia seed

### ONCE BITTEN *vo, gfo, ko*

grilled portobello and goat cheese  
green papaya slaw, fresh beets, plantain chips, red chili aioli.  
**Dough:** beet & chia seed

## IRON-BAKED VEGAN WRAPS

### HIMALAYAN *gfo, ko* ✦

grilled seitan and kohlrabi  
spicy pickled pineapple, sumac onions, cilantro, pumpkin seeds, vegan red chili aioli  
**Dough:** ginger

### GHOST *vo, gfo, ko*

quinoa and toasted pumpkin seeds  
grilled portobello, shallot, edamame, scallion, za'atar, citrus-sumac vinaigrette.  
**Dough:** whole wheat

### LITTLE RED RIDING HOOD *vo, gfo, ko*

arugula and edamame  
melon, shallot, scallion, pumpkin seeds, za'atar, citrus-sumac vinaigrette.  
**Dough:** whole wheat

## DRINKS

### COKE

### DIET COKE

### POLAND SPRING WATER

### SELTZER

### SPINDRIFT RASPBERRY

### SPINDRIFT GRAPEFRUIT

## WOLF IT UP®

testy extras with your wrap, bowl or side

### EXTRA PROTEIN CHEESE

melted cheddar, feta, blue cheese, goat cheese  
side of 3oz sauce