

Dinners																				
																				
Menu Item	Serving Size	Servings Per Container	Calories	Calories From Fat	Total Fat	Total Fat %	Saturated Fat	Sat Fat %	Trans Fat	Cholesterol	Cholesterol %	Sodium	Sodium %	Total Carbohydrates	Total Carbohydrates %	Dietary Fiber	Dietary Fiber %	Sugars	Protein	Allergens
Braised Beef Short Ribs in Demi Glace	18 oz	1	912	519	59g	88%	26g	112%	0g	169mg	56%	1110mg	44%	36g	14%	5g	20%	5g	64g	dairy
Herb Roasted Chicken Breast	18 oz	1	503	145	15g	24%	3.2g	17%	0g	136mg	45%	1215mg	37%	35g	13%	5g	20%	6g	62g	dairy
Oven Roasted Wild Keta Salmon	18 oz	1	553	219	25g	37%	11g	47%	0g	174mg	58%	641mg	26%	32g	11%	5g	20%	4g	50g	fish, dairy
Rigatoni with Meatballs	18 oz	1	1363	806	92g	119%	38g	172%	0g	179mg	59%	3216mg	139%	75g	30%	7.5g	25%	15g	55g	dairy, wheat

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