

brown bag seafood co. **ALLERGEN GUIDE**

At Brown Bag, our meals are produced in a kitchen that also processes wheat, dairy, eggs, shellfish, fish, soy, and sesame. Therefore, a risk of cross-contact exists. We ask that if you have any allergy at all, please advise a manager on duty prior to ordering.

Key	
○	Please ask a manager on duty about allergen accommodations or substitutions
∅	Cross-contamination with allergen known to occur in our kitchens
✗	Contains allergen

	Contains Gluten	Contains Dairy	Contains Shellfish	Contains Meat / Fish (Not Vegetarian)	Contains Animal Products	Contains Soy	Contains Egg	Contains Nuts
Proteins								
Grilled Catch			∅	✗	✗			
Salmon	✗		∅	✗	✗	✗		
Crispy Cod	✗		∅	✗	✗			
Grilled Shrimp			✗	✗	✗			
Crispy Shrimp	✗		✗	✗	✗			
Tuna	○			✗	✗	○		
Grilled Chicken			∅	✗	✗			
Tofu	∅		∅			✗		
Builds								
Powerbox	○							
Veggiebox			∅					
Greens & Grains	○		∅					
Miso Cashew	✗					✗		✗
Salad	○	○			○			
Tacos*	○	○	∅		○	○	✗	
Classics								
Blackened Fish Sandwich	✗		∅	✗	✗	✗	✗	
Grilled Salmon Caesar	✗	✗		✗	✗	✗	✗	
Fish & Chips	✗		∅	✗	✗	✗	✗	
Lobster Roll	✗	✗	✗	✗	✗	✗	✗	
Sides, Soups & Shareables								
Classic Tots	∅		∅			✗		
Truffle-Parm Tots	∅	✗	∅		✗	✗		
Buffalo Bleu Tots	∅	✗	∅		✗	✗	✗	
Classic Slaw					✗	✗	✗	
Chowdah		✗	✗	✗	✗			
Veggie Blend			∅					
Ancient Grain Blend	○							
White Rice								
Garlic Bread	✗		∅					
Fries	∅		∅			✗		
Crispy Shrimp Snack	✗	○	✗	✗	✗			
Green Garlic Shrimp			✗	✗	✗			
Hush Puppies	✗	✗	✗	✗	✗	✗	✗	
Sauces & Dressings								
Boss Sauce		✗			✗	✗	✗	
Buttermilk Ranch		✗			✗	✗	✗	
Tartar Sauce					✗	✗	✗	
Ketchup								
Hot Sauce								
Lemon Vinaigrette								
Sesame Soy	✗					✗		
Creamy Ginger					✗	✗	✗	
Sesame-Soy Sriracha	✗					✗		
Golden Ginger Lime					✗	✗	✗	
Supergreen Garlic & Herb								

*Available at some locations only!