

PLANTA

# MARCH PROTEIN FLEX

*High-protein favorites crafted to fuel your day and power your routine – all month long.*

## STEAK LETTUCE WRAPS

24g protein

26

A lean and delicious way to amp up your daily protein. Juicy and tender steak, crisp slaw, thai basil, cilantro, and crunchy noodles finished with nuoc cham.

## GF MISO GLAZED TOFU SALMON

25g protein

22

Protein-rich and nutrient-packed for steady energy. Miso glazed tofu salmon paired with blackened broccoli, pickled ginger and sesame ponzu.

## HOUSE BURGER

24g protein

22

Our high-protein burger is both filling and energizing. Layered with quality ingredients—melty cheese, mushroom bacon, fresh veggies and our secret sauce.

*served with choice of fries or side salad*

GF gluten friendly  contains nuts

**Service Charge:** An 18% service charge will be added to parties of 6 or more guests. Some dishes contain nuts, wheat, and soy. Gluten-free items are made in a shared kitchen, so cross-contact may occur. Please tell your server about allergies.