## **FEAST**

# **NUTRITION**

## **ALLERGENS**



### **INGREDIENTS INFORMATION**

**Holiday Harvest Wellington** – Organic Mushrooms, Organic Carrots, Organic Quinoa, Organic Garbanzos, Organic Onion, Walnuts, Almond Butter, Organic Oats, Ketchup, Dijon Mustard, Flax Meal, Chia Seeds, Nutritional Yeast, Black Pepper, Smoked Paprika, Cinnamon, Nutmeg, Sage, Rosemary, Sea Salt, and Pastry Puff (Wheat Flour, Palm Fat And Canola Oil Blend, Water, Salt, Lemon Juice Concentrate, Deactivated Yeast).

**ALLERGENS: Wheat, Tree Nuts** 

**Pastry Wash** – JUST Egg (Water, Mung Bean Protein, Expeller–Pressed Canola Oil, Contains less than 2% of Dehydrated Onion, Gellan Gum, Natural Carrot Extractives (color), Turmeric Extractives (color), Potassium Citrate, Salt, Sugar, Tapioca Syrup Solids, Tetrasodium Pyrophosphate, Transglutaminase, Nisin (preservative).

Gluten Free Holiday Harvest Wellington - Organic Mushrooms, Organic Carrots, Organic Quinoa, Organic Garbanzos, Organic Onion, Walnuts, Almond Butter, Organic Oats, Ketchup, Dijon Mustard, Flax Meal, Chia Seeds, Nutritional Yeast, Black Pepper, Smoked Paprika, Cinnamon, Nutmeg, Sage, Rosemary, Sea Salt and Gluten Free Pastry Puff (Water, Flour - Rice, Pea, Buckwheat, Corn Starch, RSPO Certified Palm Oil, Plant Fibers - Potato, Rice, Pea, Psyllium, Rapeseed Oil, Ethyl Alcohol, Xanthan Gum, Salt, Hydroxypropyl Methylcellulose (thickener), Natural Flavor, Enzyme, Sorbic Acid (preservative), Lactic Acid, Citric Acid).

**Spiced Cranberry Sauce** - Organic Cranberries, Organic Orange Juice, Organic Lemon Juice, Organic Cane Sugar, Filtered Watered, Organic Dried Cranberries, Cinnamon, Ground Cloves, Ginger Powder.

Garlic Mashed Potatoes – Organic Yukon Gold Potatoes, Soy Milk (Filtered Water, Organic Soybeans, Contains 2% or Less of: Vitamin and Mineral Blend (Calcium Carbonate, Vitamin A Palmitate, Vitamin D2, Riboflavin [B2], Vitamin B12), Sea Salt, Gellan Gum, Ascorbic Acid (Vitamin C To Protect Freshness), Natural Flavor), Earth Balance (Expeller-pressed Natural Oil Blend (Palm Fruit, Canola, Soybean, Flax, Olive oils), Filtered Water, less than 2% Pure Salt, Natural Flavor (derived from corn, no msg, no alcohol, no gluten) Pea Protein, Sunflower Lecithin, Lactic Acid (non-dairy) and naturally extracted annatto for color), Garlic Powder, Onion Powder, Sea Salt, Black Pepper.

**ALLERGENS: Soy, Seeds, Garlic** 

Creamy Thyme Gravy - Organic Onion, Organic Mushrooms, Earth Balance (Expeller-pressed Natural Oil Blend (Palm Fruit, Canola, Soybean, Flax, Olive oils), Filtered Water, less than 2% Pure Salt, Natural Flavor (derived from corn, no msg, no alcohol, no gluten) Pea Protein, Sunflower Lecithin, Lactic Acid (non-dairy) and naturally extracted annatto for color), Organic Garlic, Chik'n Broth (Water, Sea Salt, Organic Shea Butter, Yeast Extract, Organic Maltodextrin, Organic Cane Sugar, Organic Garlic, Organic Mace Powder), Sea Salt, Black Pepper, Thyme, Tamari (Water, Soybeans, and Salt), Soy Milk (Filtered Water, Organic Soybeans, Contains 2% or Less of: Vitamin and Mineral Blend (Calcium Carbonate, Vitamin A Palmitate, Vitamin D2, Riboflavin [B2], Vitamin B12), Sea Salt, Gellan Gum, Ascorbic Acid (Vitamin C To Protect Freshness), Natural Flavor), Cornstarch.

**ALLERGENS: Soy, Seeds, Garlic** 

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### **INGREDIENTS INFORMATION**

Citrus-Glazed Carrots with Toasted Walnuts - Organic Carrots, Organic Orange Juice, Organic Brown Sugar, Earth Balance (Expeller-pressed Natural Oil Blend (Palm Fruit, Canola, Soybean, Flax, Olive oils), Filtered Water, less than 2% Pure Salt, Natural Flavor (derived from corn, no msg, no alcohol, no gluten) Pea Protein, Sunflower Lecithin, Lactic Acid (non-dairy) and naturally extracted annatto for color), Thyme, Oil, Sea Salt, Black Pepper, Walnuts. ALLERGENS: Soy, Seeds, Tree Nuts

Green Bean Almondine with Herbed Butter - Organic Green Beans, Earth Balance (Expeller-pressed Natural Oil Blend (Palm Fruit, Canola, Soybean, Flax, Olive oils), Filtered Water, less than 2% Pure Salt, Natural Flavor (derived from corn, no msg, no alcohol, no gluten) Pea Protein, Sunflower Lecithin, Lactic Acid (non-dairy) and naturally extracted annatto for color), Dried Parsley, Dried Chives, Thyme, Rosemary, Sea Salt, Black Pepper.

ALLERGENS: Soy, Seeds, Tree Nuts

Baked Mac & Cheese with Parmesan Herb Crust - Organic Rotelli Pasta, Soy Milk, Chao Cheese Sauce (Filtered water, coconut oil, modified potato and corn starch, fermented tofu (soybeans, water, salt, sesame oil, calcium sulfate), sea salt, natural flavor, smoke flavor, olive extract(antioxidant used as a preservative), beta carotene(color), Parmesan Cheese (Filtered Water, Organic Palm Fruit Oil, Modified Food Starch, Canola Oil, Natural Flavors (Plant Sources [Contains Autolyzed Yeast]), Vegetable Glycerin, Less than 2% of: Lactic Acid(Vegetable Source), Calcium Lactate (Vegetable Source), Sea Salt, Sodium Phosphate, Carrageenan, Bamboo Fiber, Nutritional Yeast, Calcium Phosphate, Organic Chickpea Miso(Organic Handmade Rice Koji, Organic Whole Chickpeas, Sea Salt, Water, Koji Spores), Sunflower Lecithin, Citric Acid, Annatto), Garlic Powder, Onion Powder, Panko Breadcrumbs, Dried Parsley, Black Pepper, Earth Balance (Expeller-pressed Natural Oil Blend (Palm Fruit, Canola, Soybean, Flax, Olive oils), Filtered Water, less than 2% Pure Salt, Natural Flavor (derived from corn, no msg, no alcohol, no gluten) Pea Protein, Sunflower Lecithin, Lactic Acid (non-dairy) and naturally extracted annatto for color).

**ALLERGENS: Gluten, Soy, Seeds, Garlic, Coconut** 

Savory Sage & Onion Stuffing - Gluten Free Buns (Water, Gluten-Free Flour Blend (Modified Tapioca Starch, Corn Starch, Potato Starch, Brown RiceFlour), Sunflower Oil, Dextrose, Psyllium Husk, Cane Sugar, Yeast, Pea Fiber, Modified Cellulose, Salt,Rice Bran, Whole Millet, Whole Chia Seeds, Cultured Cane Sugar, Cellulose Gum, Vinegar), Organic Onion, Organic Celery, Organic Garlic, Sage, Thyme, Rosemary, Sea Salt, Black Pepper, Earth Balance (Expeller-pressed Natural Oil Blend (Palm Fruit, Canola, Soybean, Flax, Olive oils), Filtered Water, less than 2% Pure Salt, Natural Flavor (derived from corn, no msg, no alcohol, no gluten) Pea Protein, Sunflower Lecithin, Lactic Acid (non-dairy) and naturally extracted annatto for color), Chick'n Stock, JUST Egg (Water, Mung Bean Protein, Expeller-Pressed Canola Oil, Contains less than 2% of Dehydrated Onion, Gellan Gum, Natural Carrot Extractives (color), Turmeric Extractives (color), Potassium Citrate, Salt, Sugar, Tapioca Syrup Solids, Tetrasodium Pyrophosphate, Transglutaminase, Nisin (preservative). ALLERGENS: Soy, Seeds, Garlic

**Organic Apple Crumble** – Green Apples, Cinnamon, Organic Sugar, Sea Salt, Cornstarch, Lemon Juice, Earth Balance (Expeller-pressed Natural Oil Blend (Palm Fruit, Canola, Soybean, Flax, Olive oils), Filtered Water, less than 2% Pure Salt), Organic Oats. **ALLERGENS: Soy, Seeds**